

Karuk Tribe of California

Spring 2006

P.O. Box 1016 • 64236 Second Avenue • Happy Camp, CA 96039 • (530) 493-1600 • (800) 505-2785

Tribal Enrollment Is Currently At 3,442 Enrolled Members

June 24th

10th Annual Karuk Tribal Reunion

See page 12 for more Reunion details...



Photo courtesy Robert Goodwin

Information for
Tribal Ceremonies
can be obtained by contacting the
**Department of Natural
Resources**
via email at karukdnr@karuk.us
or by telephone at
(800) 505-2785 or (530) 627-3446

NOTICE OF ELECTION

Karuk Tribe of California

NOTICE IS HEREBY GIVEN that on Tuesday, November 7, 2006, the Karuk Tribe of California will conduct a Tribal election.

Subject Matter of Elections:

Council Positions:

Vice Chair	4 YEAR TERM	2006-2010
Treasurer	4 YEAR TERM	2006-2010

See page 2 for more information...

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NOTICE OF ELECTION

Karuk Tribe of California

NOTICE IS HEREBY GIVEN that on Tuesday, November 7, 2006, the Karuk Tribe of California will conduct a Tribal election. Polling places will be open from 7:00 AM to 7:00 PM at the following locations:

- * The People's Center next to the "Old School Gym" 64236 2nd Avenue, Happy Camp
- * Yreka Karuk Social Services Conference Room, 1519 South Oregon Street
- * Orleans Community Center, 39051 Highway 96.



TO BE ELIGIBLE TO VOTE: All members of the Tribe who are eighteen years of age and over and who have registered with the Tribe shall have the right to vote.

CANDIDATE ELIGIBILITY REQUIREMENTS AND PETITIONS: will be available on Friday, June 19, 2006 at the Housing Authority Offices in Yreka and Happy Camp, the Karuk Medical Clinic Buildings in Orleans and Yreka, and the Tribal Administration Building in Happy Camp. Nominating petitions, proof of residency, fingerprints, and \$50 filing fee must be returned to the Tribal Administration Office, Voter's Registration Office in Happy Camp no later than 5:00 PM Wednesday, August 8, 2006.

Subject Matter of Elections:

Council Positions:

Vice Chair	4 YEAR TERM	2006-2010
Treasurer	4 YEAR TERM	2006-2010

**** ABSENTEE BALLOTS**:**

Requests for absentee ballots must be signed by the voter requesting the ballot and his or her signature must be verified by one of the following three methods:

- 1) by a notary public
- 2) by two eligible voters of the Tribe
- 3) by providing a copy of a State, Federal or Tribal signed I.D. card.

Any requests for absentee ballots must be submitted in writing, with a return address, to the Voter's Registration Office. Forms can be requested from the Voter's Registration Office. (P.O. Box 815, Happy Camp, CA 96039) by 5:00 PM Wednesday, October 23, 2006.

It is highly recommended that absentee ballot requests be received by the Voter's Registration Office in a timely manner for those members who live outside the aboriginal territory, due to the amount of time it takes for mail to reach Happy Camp.



For more information we encourage you to call the Voter's Registration Office at (800) 50-Karuk or (530) 493-1600, extension 2052.

Notes from the Secretary:

Florrine Super, Tribal Council Secretary

Ayukii, the Karuks have been busy in Indian Country! We have so much going on and we're taking the lead on a lot of different issues. I'm excited to be a part of the progress in children's issues, such as co-sponsoring the 13th Annual Indian Child Welfare Conference, negotiating Title IV-E Funds, and protecting our sovereign rights to protect and have legal jurisdiction over our Karuk Children.

TRIBAL COUNCIL SECRETARY QUARTERLY REPORT

Indian Child Welfare Committee (ICW):

It is the ICW Committees intent to protect the best interests of the child and promote the stability and security of the Karuk Tribe of California and its Indian families by fully exercising the Tribe's rights and responsibilities under the Indian Child Welfare Act (ICWA) of 1978 and these Policies. We continue to review cases, intervene, and represent our Karuk children. We also participate in Title IV-E meetings, State ICW Conference, meet with other governmental bodies, and work closely with housing, tribal court, and CASA, and continue to recruit foster parents.

State ICW Conference:

The Karuk Tribe is co-sponsoring the 13th Annual State ICW Conference. It will be held June 26-28, 2006 in Eureka, California at the Red Lion Inn. Our theme for this year's conference is "*Indian Child Welfare weaving strength in our families and children, the past, the present, and the future of ICWA*" Some of our topics are: History and Hope, ICWA Basic/Advance, Tribal Courts in Indian Country, Coming to the Table: Multi-Tribal Round Table, County Perspective on ICWA, Collaborative Strategies in Address Historical Trauma and Unresolved Grief, Courtroom Advocacy for Tribal representatives, and Working together to Achieve the Objectives of the Indian Child Welfare Act.

Karuk Tribe Foster Home:

Part of the ICW Committee's responsibility is to start and oversee our own Karuk Tribe Foster Home. **We have certified two volunteers through Remi Vista! CONGRATULATIONS**


Notes From the Secretary: Continued next page



*Florrine Super,
Council Secretary*



Someday, he will want to fish for his family...



Someday, she will want to gather basketmaking materials...

It's up to you to VOTE for those who will support our causes!

Protect Our Children!

Preserve Our Culture!

Your VOTE Counts!

Remember to VOTE in all Federal, State, County and Tribal Elections!



Someday, they will need to further their education...

Notes From the Secretary: *Continued from previous page*

to those who completed the necessary requirements it takes to become a certified foster parent! This is an important role for our ICW committee. This will help with some of the compliance issues for our Title IV-E negotiations. This also shows that the Karuk people care about their children's rights to grow up among their own people. We will continue to recruit foster parents. If you would like to offer your home and family and become a foster family, please contact our Karuk Social Services Department. To apply, you need to complete and submit a foster family application. When approved by ICW committee, fingerprints for background check will need to be taken of all people living in your household over the age of 18. A home evaluation will be completed by our social service department.

YOOTVA--Just wanted to thank Stephanie Dolan for all her hard work and dedication to the Karuk Tribe and Karuk Families!

WELCOME—The ICW Committee is excited to have Robert Super aboard as a Caseworker Assistant. We will miss Tanya Busby! Congratulations Tanya on your new position as Substance Abuse Counselor. Look at our new webpage regarding Indian Child Welfare-www.karuk.us

Friends of CASA (FOC) WELCOME- We have a new CASA Program Coordinator. Welcome aboard Barbara Houle. FOC has been established to support our Karuk CASA Volunteers and CASA's basic operational expenses. As the Vice-Chair of FOC, I would like to explain the FOC Committee's goals and duties. Our members share the same mission as our CASA program; therefore we contribute to CASA by organizing fund raisers through out the year. The Karuk CASA program relies entirely on grants and monetary support from our communities. Such contributions enable us to recruit, screen, and train tribal advocates to speak for abused and neglected children in Juvenile Court. It also helps with gas for volunteers to visit and/or transport children to necessary appointments. Fifty-five dollars (\$55) per person for fingerprinting and background checks is a big cost for our CASA program.

As you can tell the need is a worthy cause. **YOUR KARUK CASA IS THE FIRST TRIBAL CASA IN CALIFORNIA.** So when you see our FOC Committee selling tickets, selling T-shirts, or looking for volunteers, please support your Karuk CASA Program. Your contribution will help further our children advocacy efforts and help us provide service to our tribal children. Volunteers are needed! We can use your time, your contacts, or your monetary support.

Youth Leadership:

Our Youth Leadership objective has changed. To serve more youth and stretch the money amongst the youth we have changed our objectives. Our goal is to continue to have our Annual Youth Leadership Conference. We will focus on teaching our youth to become strong leaders and teach them to become healthy adults. We want our youth to learn how to stay drug and alcohol free, how to eat and exercise to stay healthy, how to be a leader by speaking up on issues that affect the tribe, how to work with others to reach a common goal, and learn about Karuk's traditions and culture.

Please contact me if you'd like to volunteer your time to our Karuk youth. October has been selected for the 2nd Annual Youth Leadership Conference.

Story... I attend the National Indian Child Welfare Conference in April. They had a type of group home for boys. Four boys lived in a home where they were being mentored by native men. As the boys

talked about how important it was to have men who "volunteered" their time to talk and listen to them. It made them feel wanted and complete. I would like to see our community make a commitment to our youth and help them through this life. Life is fast pace theses days. Lets slow the kids down and show them Karuk ways so they become strong healthy adults. This is going to take your commitment by sharing your stories, experiences, and time with our youth. Let's take a lead and show other tribes and communities what we have to offer our youth.

Foster Parents

IMPORTANT NOTICE:

Seeking Tribal members who are already certified to be foster parents or are interested in becoming certified foster parents.

Contact Mike Edwards at the Karuk Tribal Health Social Services. (530)842-9200 ext. 102 or stop by 1519 South Oregon Street, Yreka CA.

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Elections:

Our election committee is working very hard toward a smooth 2006 Election. We have our Vice-Chair and Treasurer position coming up for 2006. We are also working ballots for the proposed Constitutional changes with this coming election. More information will become available as it comes in.

Remember to stay active in your tribal, local, state, and federal issues. It's important for you, your family, and your tribe!

Reminder from last newsletter: Are you wondering, what it means to be registered with the Tribe to vote? Our constitution states in ARTICLE VII - ELECTIONS AND NOMINATIONS, Section 1. All members of the Tribe who are eighteen years of age and over and who meet the eligibility criteria and have registered with the Tribe pursuant to the provisions set forth in the Tribe's Election Ordinance, shall have the right to vote.

The Election committee has created a form so tribal members can "register" with the tribe to vote. You may register at the polling booths or beforehand by requesting a form from the election committee or downloading a form from the Karuk website. Our intent is to make this as easy as possible and not to interfere with your voting rights.

Register to vote today! Go to www.karuk.us for a registration form. Or contact your Karuk Election Committee: PO Box 815, Happy Camp, CA 96039.

CASA T-shirts for Sale**CASA-Court Appointed Special Advocate****HELP SUPPORT CASA PROGRAM**

by purchasing CASA T-shirts.

Price: M-L-XL--\$15 XXL--\$17

To Purchase T-shirts contact:

CASA Program
530-842-4924
212 Lane Street
Yreka CA

**Friends of CASA (FOC)**

We have a new CASA Program Coordinator. Please stop by your CASA office in Yreka to meet Barbara Houle. She is recruiting new CASA volunteers and people to sit or volunteer for the Friends of CASA committee. She's very active in organizing fundraisers. See her report to learn about all the upcoming fundraisers and see which ones you may be interested in!

Low Income Assistance Program (LIAP):

LIAP Committee was established to provide necessary emergency assistance or services that are not being provided by federal, state, county, Tribal or other agencies for our members.

Our goal was to assist our LIAP Coordinator with processing applications efficiently and in a timely manner. Our monthly meetings help us process difficult applications, make necessary program collaborations, and help interpret and follow LIAP guidelines and objectives.

Another goal was to help those who didn't qualify for LIAP but were very much in need. So the council has obligated some funding to help those who need assistance. This has helped a lot of elders and families with children. As Secretary of the LIAP Committee, I will be working on policies or point systems to help us make a fair and consistent decision.

Tribal Reunion:

A date has been set for **June 24, 2006 in Happy Camp, California!**

My goal for our reunion is to have various activities for tribal and community members to participate in. We will have a volleyball net set up for people to play volleyball, horseshoe tournaments, table to play cards, dominos, or dice, Indian card games, and vendors for people to buy local crafts. Please let me know if you have ideas to attract tribal members to attend the tribal reunion. If you have never attended, I encourage you to attend as we have many activities available for all ages!

Website: Revisions

Our goal is to have a very informative and user friendly website. We continually work on updating our webpage. Please look for the new Indian Child Welfare Committee page. Coming soon: Tribal Court, Elections, Education, and Booster Club pages!

If you have any digital pictures of Tribal events, buildings, local nature, etc. that you do not mind sharing, please forward copies to Gerry Canning (**on CD or disc please – otherwise it will bog down the email server**) so that he can use them on the website as he updates the content. It would be greatly appreciated!

I have not heard if people feel our website gives the information they need as tribal members. Please let me know what you as a Karuk Tribal member would like to have available on the Karuk website.

Notes From the Secretary: *Continued next page*



JC Boyle Dam, One of Four Dams Targeted for Removal on Klamath River

Dam Removal Effort Gets Boost From Feds

By S. Craig Tucker, Ph.D.

The Department of the Interior made a bold statement favoring salmon restoration recently by issuing mandatory conditions that must be fulfilled on order for PacifiCorp to relicense the Klamath Dams.

For the past several years, the Karuk, along with neighboring Tribes, conservation groups, and fishermen, have been demanding the removal of the lower four Klamath dams. The dams deny salmon access to over 350 miles of spawning habitat upstream and degrade water quality.

“Interior’s recent filing requires PacifiCorp to install ladders on all the dams. The estimated cost for such measures

would cost nearly \$200 million,” according to Natural Resources Director Sandi Tripp. Tripp goes on to point out that “removal of the lower four dams would cost half that much.”

Although PacifiCorp will likely challenge the ruling in court, the Karuk Tribe and our allies have built a strong case that fish belong in the Upper Basin. According to Tripp, “there’s a lot of pressure on Washington to solve the ‘Klamath problem.’ We are putting forward dam removal as a big part of that solution.”

Tribal leaders are trying to craft a bi-partisan approach to win dam removal. Recently the Karuk Tribe, Yurok Tribe, and the Klamath Water Users Association co-authored an editorial that ran in several Oregon and California papers. The message in the editorial was clear. “We need the dams out, they need help with their power rates. We are listening to one another and looking for a win-win solution,” according to Karuk vice chairman Leaf Hillman, co-author of the editorial. Hillman adds, “we envision a Klamath Basin where farmers can farm and Indians can fish, but we do need to make major changes in how the resources are managed. A key step for getting there is removing those dams, another is increasing river flows at critical times of year.”

The fate of the dams is yet to be determined, although Tripp believes that we have until March, 2007 to craft a settlement agreement with the company or have the Federal Energy Regulatory Commission order them removed.

Notes From the Secretary:

Continued from previous page

Head Start: Children Are Our Future

As a liaison for Head Start and the council, I attend all Policy meetings, Center meetings in Yreka, and regularly meet with staff. The Policy Council reviews all policies before submitting them to the council and they address any classroom concerns.

New Karuk Booster Club:

We are looking for membership! The council has formed a new committee. We have youth who request money throughout the year for sporting events. The council has allotted money with the intent of the Booster Club replenishing this account as they donation funding request. Also, this committee will be responsible to honor those tribal members who have accomplished goals in college and pro sports.

Some Booster Club goals:

- Help in the recruitment of individuals who share our vision.
- Recognize each individual and value his or her role as a Karuk athlete.
- Empower young tribal members to be champions in life through excellence in sports.
- Organize fund raisers to help pay for tournament entrance fees and sport camps.

Sports builds character, instills discipline, provides leadership, enhances self esteem, promotes physical fitness and teaches teamwork, all of which can be used throughout life.

If you would like additional information and/or have any questions, contact me at any time. If you would like to be put on my email list, send me your email address to fsuper@karuk.us with a note saying you would like to receive tribal information.

Florraine Super

Contract Compliance Update

*Erin Hillman,
Director of Administrative Programs & Compliance*

In the last edition of our newsletter I described collaborative efforts between Tribal Departments and the process involved in the successful completion of a grant funded project. The project I referred to is the construction of the Karuk Housing Authority/ Community Facility in Yreka. The project is on schedule and to date we have been able to review preliminary floor plans and elevations of the building. The Housing Authority Committee also reviewed the plans and recommended some changes which are currently being incorporated into a final draft prior to being developed into construction documents which the Tribe will then use to go out for bid.

On April 13, 2006 the Karuk Tribe approved a partnership with Indian Health Services (IHS) and the Happy Camp Community Services District (HCCSD), through a Memorandum of Agreement, \$149,000 will be provided to the District for water system improvements. An additional \$96,500 in engineering services is dedicated in the form of technical assistance to the project. The Indian Health Services funding provided is calculated based on the number of Tribal and other Native American residents who use this water system.



Water storage tanks above Karuk Tribal Housing in Happy Camp

The Tribe, IHS and HCCSD have been working together on the water system improvement projects for several years. In total, \$1,607,095.00 has been contributed on behalf of the Tribal population through funders like USDA Rural Development, FEMA and Indian Health Services. The Karuk Tribe Housing Authority made significant contributions on behalf of the housing community and HCCSD has been very successful in securing grant funding for the other \$1,717,000.00 from USDA, California Department of Health Services and Community Services and Development Block Grant.

The construction of the water system upgrades started in 1999 with the installation of two new water tanks, booster station and water intake modifications. It continued on to include meter installation and waterline replacements. The project funded through this agreement will replace 3,900 linear feet of water main that are leaking and undersized for current usage.

The Tribal Council adopted a new policy for Memorandums of Agreement and Memorandums of Understanding. The policy was developed to provide guidance for staff to obtain Council approval for these types of documents. It outlines the process for preliminary review by management staff in order to prevent conflicts of interest between programs and ensures centralization of recordkeeping.

On March 14 the Tribe awarded a contract to Northern California Paving to complete the Yreka Roads Project. After a competitive bid process, Northern California Paving was the lowest, most responsive, responsible bidder. Tribal Staff, Contractor, Council and the Bureau of Indian Affairs met with Northern California Paving for a preconstruction meeting. Topics discussed were payment schedules, start dates, length of project, materials, change orders and TERO compliance. The project start date is contingent upon weather conditions in the Yreka area and will most likely be completed in six (6) weeks or less.

In March, Tribal Staff had the privilege of working with Tribal Member Sue Burcell in her development of a proposal to Administration for Native Americans (ANA) for Social and Economic Development Strategies (SEDS) for the Tribe. The proposal is for a three year, 1.5 million dollar project called "Karuk Paths to Prosperity". Objectives for the grant include increasing employment and self employment opportunities for Tribal Members living in the aboriginal territory, to increase postsecondary educational opportunities for Tribal Members in the aboriginal territory, and to build the Tribes capacity to facilitate the lifelong career development of its members and employees.

For the quarter ending March 31, 2006, seventeen (17) applications for grant funding were prepared for a total of \$1,370,263, fourteen (14) independent contractor agreements were approved, seven (7) awards/amendments were received by tribal departments, and four (4) expired grants were closed.

Housing News

Sami Difuntorum, KTHA Director

It is construction season at the Karuk Tribe Housing Authority. We are in the final design phase of a new office and community center in Yreka. We anticipate construction beginning in late May or early June. It will be located near our Yreka Elder housing. The new building will have a room for Elder's, a computer center, and a cultural room. We plan to have cultural activities including language and basket weaving classes in this facility.

The Elder's memorial in Happy Camp is finished. The dedication will take place on Friday, June 23, 2006 at 2:00. The garden was originally dedicated to Grace and Madeline Davis on June 24, 1995.



Pictured: Employees with 5+ years of service in Indian housing. From left to right: Phil Albers, Sr., Steve Mitchell, Suzie Cost, Deanna Miller, Elsa Goodwin, Daniel Thom, Sr, Richard Black, & seated, Ann Escobar. Not pictured, but also recognized is Donna Nance and Preston Willson

employees were recognized for 5 – 9 years of service with Indian housing: Donna Nance, Elsa Goodwin, Richard Black, Daniel Thom, Deanna Miller, Preston Willson, Phil Albers, Sr., Steve Mitchell, and Suzie Cost. Two employees were recognized for 10 + years of service: Cyd Ann Escobar and Sami Difuntorum. Housing Board members recognized with a minimum of two years service are: Sheila Barger, Leaf Hillman, Verna Reece, Alvis Johnson, Paula McCarthy, and Charlene Naef. Congratulations to all and thank you for your dedication to Tribal Housing.

The Karuk Tribe Housing Authority was also recognized at the annual Nevada / California Annual meeting by the Southwest Office of Native American Programs for Superior Accomplishment. KTHA was one of four Tribal Housing Departments in all of California and Nevada to receive recognition from HUD for performance.

KTHA is seeking proposals from qualified architects for the future development of the Orleans property known as Shivshaneen. This will be a KTHA homebuyer community. If you are interested in becoming a homebuyer and living in the Orleans area, please contact Eddie Davenport at edavenport@karuk.us to inquire about our loan program.

We are very pleased to have completed construction of ten Elder units in Orleans and fifteen Elder units in Yreka. We have a total of forty Elder units in our three KTHA communities.

At the annual Southwest Indian Housing Association meeting nine Karuk Tribe Housing Authority



Ann Escobar receiving award from KTHA Executive Director Sami Difuntorum for 10+ years of service in Indian housing

Grant Family Thank You

Roxanne & Grant Super

Robert Grant was diagnosed with Pancreas Cancer in March 2005. Shortly after he was diagnosed, he was scheduled for surgery at UC Davis.

Robert & Judy Grant and their family would like to THANK the following people and organizations for their help with the costs incurred in traveling to UC Davis. His family and friends held fundraisers including; an Indian Taco Feed, a car wash, and a raffle.

We would like to take this time to thank; all the volunteers, the Yreka Karuk Tribe Housing Authority, the Yreka Karuk Tribal Health Clinic, NCIDC, and most of all the people who kept the Grant's in their thoughts and all their prayers!

We thank everyone who donated the items for the raffle, the food for the taco feed and everyone who donated their time and money. We cannot begin to thank you enough for your help during this difficult time, as your gestures are very much appreciated!



Council Member Robert Grant, Sr.

Karuk Language Program

*Phil Albers, Jr.,
Karuk Language Program*

ayukîi áraaras. hûut kich iimkun? iimkun araráhîh kuchúuphîti hum?

Hello people. How are you all? Are you all talking in the people's language?

I am Phil Albers, Jr. I grew up in Yreka, and have traveled along the river my whole childhood. I live in Orleans with my wife, Elaina Supahan, and our two sons, Machnátach and Íhaan. I am the Language Research Assistant, and I am filling in for Susan Gehr, Language Program Director, while she is away on maternity leave. The Gehr family is expecting a baby boy. We are all very excited for their family. While Susan is on leave, you can direct phone calls, emails, and correspondence to:

Phil Albers Jr. - 800 505-2785 ext. 2203 - palbers@karuk.us

My basic job duties are to assist the Karuk Language Restoration Committee (KLRC), and the

Language Program in researching best practices for Distance Learning Native Languages. I have written a literature review on this topic, and I am developing a survey for identifying what other Tribal language programs are doing in the area of distance education. This survey inquires about the effectiveness of their program, what their process is for teacher certification, and their guidelines/policies for determining levels of fluency. I will compile the results, and present the analysis report to the KLRC.

páy uum vaa payêem pánukupiti

The Advocates for Indigenous California Language Survival (AICLS) hosted the 7th Biennial Language is Life Conference in Sausalito, California. The conference is for California Languages, and offers multiple workshops, presentations, and panels on different areas of Indigenous California Languages. The Karuk Language was well represented with the following speakers attending the conference: Vina Smith; Elaina Supahan; Susan Gehr; Florraine Super; Terry Supahan; Arch Super; Andre Cramblit; Homer Bennett, III; myself, Phil Albers, Jr.; and my two sons, Machnátach and Íhaan Albers.

Susan Gehr, Andre Cramblit, and I presented the Karuk Language Program and our Distance Education Project. We introduced ourselves and the Language Program and partners. Then we briefly described our project, and the current status of progress. The primary grant objectives are:

1. Establish a Tribal language teacher certification policy; a Karuk language fluency level assessment policy; and select/establish a distance education delivery model.

2. Field-test the distance education Karuk language course in six sites within and near the Karuk Ancestral Territory.

3. The Karuk Language Program will have a six-month 20-lesson tribally certified distance education language class of 75 students with a 75% completion rate.

We had a fairly large turnout, and inspired other California Language Programs to consider similar options.



Tribal Member David Wright shows his Native Pride

Staffing Update

Sara Spence, Human Resources Manager

Here is the quarterly update; we currently have 150 employees on staff.

Marsha Jackson was hired on 2/1 into the newly reclassified Enrollment/Census Specialist position. She will be assisting Dolores Voyles, Enrollment Officer.

Phil Albers, Jr. was hired on 2/13 as the Language Program Research Assistant. He will be working with Susan Gehr, Language Program Director, and also filling in for her while she is away from the office.

Rel Bailey was hired on 2/13 to work as a Student Clerk at the Happy Camp Health Services Clinic. This is an after school training position being funded by the Tribal Employment Rights Office to increase interest in employment in the medical field for the Tribe's youth.

Eric Counts was hired on 2/24 to be the On Call Happy Camp Custodian; he will fill in as needed in Happy Camp. He also currently volunteers with the Maintenance/Automotive Department.

Robert Super was hired on 3/1 as the Indian Child Welfare (ICW) Case Worker in the Yreka Social Services Office. He is filling the vacancy created when Tanya Busby was promoted to the position of Substance Abuse Counselor in Happy Camp. This was a new position created with the second year of funding from the Health Resources and Services Administration (HRSA) Grant received.

Daniel Goodwin was hired on 3/1 to return to his seasonal position as a Biological Technician with the Fisheries Department.

This round of funding also includes a third Substance Abuse Counselor in Orleans, Anthony Ballard, who will start on 5/8 and previous Tribal Employee, Charles Lent, will be returning as the Behavioral Health Clinician (LCSW) who will be serving both Happy Camp and Orleans starting in early June.

Donna Zook was hired on 4/3 as the Senior Center Cook at the Happy Camp Senior Nutrition Site. She will be working with Bonnie Alvarez in that Center.

Arron "Troy" Hockaday was hired on 4/3 as a Cultural Monitor to observe work being done on his family's allotment downriver. He joins a group of Cultural Monitors already in place including: Dennis Donahue, Robert Garrison, and Grant "Ike" Hillman. There are plans to expand this group so that Certified Monitors can be accessed quickly and easily in locations throughout the Tribal communities as needed. For



more information on how to become a Certified Cultural Monitor, contact either Sandi Tripp at DNR or Dion Wood in the TERO Office.

Colleen Goodwin was hired on 4/3 as the Low Income Assistance Program Clerk. She will be working with Lisa Aubrey in that department.

Laura Claiborne was hired on 4/12 as the On Call Social Services Receptionist for the Yreka Social Services Office. She will fill in as needed for Mary Matchett when she is unavailable to ensure that Social Services needs continue to be handled for the Tribal Membership.

Sarah Abono resigned her position as Part Time Data Entry Clerk in the Yreka Clinic on 2/3 at which time a decision was made to convert that position from two part time positions back to one full time position. George Wilson, the other Part Time Data Entry Clerk in that Clinic left his position on 3/31 and Leslie Alford was hired into that full time position on 4/3.

Michelle Charlesworth will be transferring into the position that Leslie Alford vacated as Medical Records Clerk in the Yreka Clinic.

Lana Givant resigned her position as Registered Nurse in the Yreka Clinic on 3/24 and Nita Still resigned her position as Licensed Vocational Nurse in that Clinic on 4/11. The Council is continuing to evaluate the staffing in that Clinic to decide how to proceed with recruitment.

We continue to recruit for an Executive Director of Health and Human Services as well as a Clinic Dentist for the Happy Camp Dental Clinic.

We are also gearing up for recruitment of the Year 3 HRSA Positions to expand the Happy Camp Health Services Clinic to provide after hour care and emergency services at that clinic.

We will be seeking a physician, nurse, medical records clerk, and receptionist to staff this expansion. Keep your eye on our website for these new employment opportunities in the Happy Camp community to join the Karuk Tribal Health Program!

For more information on employment with the Tribe, benefits, how to apply, etc., visit our website at www.karuk.us/jobs/

Karuk Community Development Corporation News

Yootva, Paula McCarthy!



Paula McCarthy at the K.C.D.C.

The Board of Directors and staff of the Karuk Community Development Corporation are grateful for the dedicated service of tribal member and employee, Paula McCarthy.

Paula worked in several local businesses in our community before taking a position with Scott Valley Bank. After her employment with the bank, she accepted a bookkeeping position with the U.S. Forest Service. She retired from her job with the Forest Service and then served the Karuk Tribe as Council Treasurer from 1995 to 2003. More recently, she has played a vital role in getting the Karuk Community Development Corporation back on track by providing her much needed bookkeeping experience to K.C.D.C. She is also currently serving the Tribe as Treasurer of the Karuk

Tribe Housing Authority. Paula also served on the Tribal Election Committee this past year.

Paula is an honored Elder of our community. She is an experienced Basketweaver and Gatherer and a respected Cultural Resources person for the Tribe. Paula is an active volunteer with the Peoples Center and is the Fundraising Coordinator for the Follow the Smoke Gathering event. Paula is an avid sports fan and can be found at many of our local athletic events.

The Karuk Tribe of California is truly fortunate to have dedicated members like Paula who keep things going! We thank you for all you do!

Cristina Townsend Joins K.C.D.C. Staff

Cristina Townsend is the newest addition to staff at the Karuk Community Development Corporation. Cristina is the new Finance Assistant at K.C.D.C., and she brings over three years of tribal work experience to our department. She holds an Associate of Arts degree from College of the Siskiyous and is currently working on her Bachelor of Science degree in Business Administration.

We are happy Cristina will be helping our various programs and projects that are being administered through the Karuk Community Development Corporation! Welcome Cristina!



Join us, for the **10th Annual**
Karuk Tribal Reunion
June 24, 2006 in Happy Camp, California

This is a drug and alcohol free event.

CONTACT INFORMATION:

1-800-50-KARUK or (530) 493-1600

Tribal Reunion Coordinator: Florraine Super

Co-Coordinator: Carrie Davis

Vendor/Booths: Sara Spence

Poker / Cribbage / Pinochle

Ellen Johnson 530-493-1600 (ejohnson@karuk.us)

Open Volleyball Tournament (Outdoor)

Arch Super 530-493-1600 ext. 2019 (asuper@karuk.us)

Open Horseshoe Tournament

Florraine Super 530-842-7094 (fsuper@karuk.us)

64236 Second Avenue

P. O. Box 1016

Happy Camp California 96039

Event Schedule on website (coming soon)

- Games for Kids & Adults
- Demonstration Dances
- Card Games
- Health Fair
- 5K Fun Run / 3K Fun Walk
- Open Horseshoe Tournament
- Open Outdoor Volleyball Games
- Vendors
- Staff Information Booths
- Honor our full-blooded Karuk Tribal Members & Elders

MOTEL AND CAMPGROUND INFORMATION

Next to Karuk Tribe of California Administration Building

- **Klamath Inn Motel:** 110 Nugget, Happy Camp CA 530-493-2860
- **Klamath River RV Park / Campsite:** 110 Nugget, Happy Camp CA 530-493-5377

In Happy Camp

- **Klamath River Resort Inn:** 61700 Hwy, Happy Camp CA 530-493-2735 (www.klamathriverresortinn.com)
- **Forest Lodge Motel:** 63712 Hwy 96 -530-493-5296 (www.forestlodgemotel.com)
- **Elk Creek Camp Ground & RV Park:** 921 Elk Creek Rd, Happy Camp CA 530-493-2208 (www.elkcreekcampground.com)



For more information, call 1-800-50-KARUK or go to www.karuk.us

Dinner will be provided

Traditional Fish & Acorn Soup will be served!

Dance at the Happy Camp River Park

Live music at the Pavilion!

Dance begins at 8 PM with the Merv George Band!

Karuk Tribal Head Start Happenings

Toni McLane, Director

Greetings from the Happy Camp Karuk Tribal Head Start! We cannot believe our year is almost over! We have had a fast moving, fun, learning time here. Some of our themes have been “Personal Space”, “Personal Hygiene”, “Butterflies”, “Frogs”, “911”, and one of my personal favorites “I Am Special!” And our dear pre-schoolers are special indeed, each with their own unique love for life and love of school! We have ten children moving on to Happy Camp Elementary School Kindergarten and two going on to Seiad Elementary School Kindergarten. And so that leaves us with around six who will hopefully continue on with us for the next year.

This year has been an enlightening year for many of us since this was the first year for many



of the staff working at Head Start. This year was filled with a lot of learning and personal development. My hat is off to the efforts and ideas that helped make our year a successful one. As a team, we strive to make the preschool years beautiful years, watching our children develop social skills and grow into eager learners.

Just a reminder that you, our community, are always welcome to come into our class to share a story, read a book, or just spend some quality time with our children. Volunteers are always welcome!

Yootva from the Happy camp Karuk Head Start Staff; *Nena Creasy, Javier Lopez, Nell Sakota and Linda Thompson*



Fatherhood Activity

Our thanks go to Damon McCartney and Alonzo Jackson for building picnic tables and benches for the Happy Camp Head Start Center. They put in thirty volunteer hours each to make the picnic tables. Allen Stanshaw and Nehemiah Jerry completed the sanding jobs.

Dangerous Tree Removal

The Head Start Program would like to thank the Karuk Fire Crew for supporting our program in its efforts to remove trees from around the Happy Camp Head Start Center. The trees were leaning toward the building and were unsafe for children and adults who occupy the building. Many of the trees were dying and widow makers were hanging over, posing safety issues. We would like to thank Harold Tripp for his expertise in “safely” falling the huge trees, and his crew members, Philip Courts, Leland Donahue, Wayne Courts, and Gene Shinar for cutting and clean up. Thanks to Allen Stanshaw and Jeff Peters for helping with clean up.

THANK YOU ALL FROM THE HEAD START CHILDREN AND STAFF!



Yupsítanach (Baby) Page



Ginger Noell Bliss

Born 10/28/05 at 3:50 PM in Lebanon, OR

10.5 lbs., 21.5 inches

Mother: Chandra Leigh Loveland

Father: Matthew Oscar Bliss

Maternal Grandparents: Loren E. Loveland and Carol J. and Joel Thornton

Paternal Grandparents: Fredrick Bliss and Beverly Reid



Íhaan Cayden Albers

mutáat - Elaina Supahan

mu'ákah - Phil Albers Jr.

aax - karuk

súpaah - January 30, 2006

tu'uum - 11:56 pm

hôoy - Ashland Birth Center

ifyaa u'máatheen - 9 lbs. 8 oz.

ifyaa vâaram - 22 in.

**Íhaan and Cháas
are two healthy
beautiful boys.
They are both
learning the
Karuk language.**

Cháas Supáhan T. Linwood

mutáat - Nisha Supahan-Linwood

m'ákah - R. Toby Linwood

aax - okanogan/karuk

súpaah - August 15, 2005

tu'uum - 9:20 pm

hôoy - Ashland Birth Center

ifyaa u'máatheen - 8 lbs. 12 oz.

ifyaa vâaram - 21 3/4 in.



Jerry Edward Steven Brink

D.O.B. – 10/21/05

Wt. – 6 lbs. 4.9 oz.

Length – 19 1/2”

Proud Parents: Rabbit Brink and Brittany Souza

Proud Grandma: Blanche Moore



**A Message To The New Parents,
With Love**

As I look at the new additions to my family,
my heart swells with pride.

It was just like yesterday,
when you were that size.

Parenthood will be the toughest job ever
that you’ll love,

but if ever you need help
call on me or the creator up above.



With Love Always,
Mom/Grandma

Athena Marie Pollard

D.O.B. – 11/27/05

Wt. – 9 lbs. 8 oz.

Length – 22”

Proud Parents: Anita Moore and Jason Pollard

Proud Grandparents: Alan & Missy Smith

Proud Great-Grandma: Blanche Moore



Bryson Daniel DeMain

D.O.B. – 1/8/06

Wt. – 7 lbs. 12 oz.

Length – 20 1/4”

Proud Parents: Bryan and Darla
DeMain

Proud Grandma: Blanche Moore



Taydin Pay Saruk Brink

D.O.B. – 12/29/05

Wt. – 6 lbs. 11 oz.

Length – 19 _ “

Proud Parents: Binks and Jennifer Brink

Proud Sister: Kara Dawn Brink

Proud Grandma: Blanche Moore

Sweep Success

Bessie Munson, Tribal Member, Happy Camp, CA

So give us some background of who you are?

My name is Bessie Munson. I am proud to be a Karuk Tribal Member. I have four children, Sonja, Tessa, Nakima & Talonna. All are Karuk Tribal Members.

How long have you lived in the area? All my life.

How did you hear of the SWEEP Program? While looking for work at the Tribe.

What year did you sign up for the Program? In February 2003.

What were your circumstances at the time? Desperate to find a job.

What duties did you do while on the program? I worked with Elders, Housing, Head Start, Happy Camp Dental Clinic, KCDC and Happy Camp Medical Clinic.

How did this lead to your employment? I started at HC Medical Clinic doing charts, there was a job opening and I was hired.

In your own words, how has the SWEEP program changed your quality of life? I am now a functional member of the community.

What do you think can improve the SWEEP Program? Have the SWEEP director place the people in jobs, instead of participants finding their own jobs.

Would you refer Tribal members to the program? Yes! I would refer other Tribal Members, and I believe in the program. SWEEP helps you build good experience and commitment to work.



Sweep Success

Tanya Busby, Tribal Member, Happy Camp, CA

So give us some background of who you are?

My name is Tanya Harrison Busby. I have two grown kids, my son Kenneth Busby 21yrs. who is in the Army and my daughter Dessie Busby 20 yrs. I recently resigned my position as the ICW Case Worker in Yreka and I am now the Substance Abuse Counselor for the Karuk Tribe located in Happy Camp.

How long have you lived in the area? I have lived here all of my life and I'm a proud member of the Karuk Tribe of California

How did you hear of the SWEEP Program? Lisa Aubrey called me.

What year did you sign up for the Program? 1999

What were your circumstances at the time? I had no job skills and was excited to hear of a program that would offer me the chance to learn skills.

What duties did you do while on the program? The first time I was placed at the Happy Camp Dental Office as the receptionist and was eventually hired the second time I was placed as the Social Workers Assistant in Yreka and was hired there also as a result of the SWEEP Program.

How did this lead to your employment? Gave me the skills and experience needed to apply for the jobs I was hired for.

In your own words, how has the SWEEP program changed your quality of life? Gave me the opportunity to be employed by the Karuk Tribe and be a service to my people.

What do you think can improve the SWEEP Program? Support from the Karuk Tribe of California to be ready to employ more of the participants coming from the SWEEP Program.

Would you refer Tribal members to the program? In my program I refer clients to the SWEEP Program all of the time.



3rd Annual Spring Karuk Basketweavers Gathering

Leo Carpenter, People's Center Director



Tribal Member Sue Sander

The People's Center once again hosted the 3rd Annual Spring Karuk Basketweavers Gathering at the Karuk Tribal Offices Complex in Happy Camp April 7-9, 2006. Over two hundred people from far away south as Sacramento, California and Coos Bay, Oregon to the

north braved the rainy weather to visit and weave. A weaving group, the South Coast Basketweavers (SCB) from Powers, Oregon brought a large, stuffed golden eagle (Vakaar, in Karuk) with them to gift to the Karuk Basketweavers. SBC director and weaver Nan Dupaquier-Macdonald explained that the eagle was donated from the California area and the weavers wanted the eagle



G. Canning © 2006

back where it came from and to show their respect for the Karuk Basketweavers. On Friday we started off with a welcome and wonderful dinner by our head cooks Blanche Keller and Anita Moore. After dinner we played bingo for items donated by the People's Center gift shop and

many local vendors. After breakfast the weavers noticed a break in the weather so they car pooled to ferry point and gathered some willow. Many weavers came back for lunch and returned to gather more willow sticks. Debra McConnell and Renee Stauffer from the California Indian Basketweavers Association gave a talk on issues facing weavers across the State. We were also blessed with a visit from an elder from New Mexico. Mr. Elton Thompson a Dine man traveled to our gathering with the Shasta College Indian Club. Elton sang several songs and asked the Indian Club members to perform a Dine basket dance. After dinner on Saturday we were entertained with a traditional card game. Again, we played bingo into the evening. According to the many evaluations we received



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Dori Marshall & her grandmother, teacher and Tribal Member, Laverne Glaze



G. Canning © 2006

Karuk descendent Laura Sander holding her basket



G. Canning © 2006

everyone had a good time and everyone is making plans to attend our 3rd Annual Fall Basketweavers Gathering to be held October 6, 7, 8, 2006. On Sunday we ate breakfast and many stayed to weave and many started for home. This successful event was made possible by funding from The Institute for Museum and Library Services and the Karuk Tribe. Also the many volunteers Verna Reece, David Arwood, Lisa Schamehorn, Aaron Schamehorn, Teresa Kienlen, Rabbit Brink, Harley Moore, Jennifer Goodwin, Shirley Lincoln, Brian Colegrove, Kathy McCovey, Virgil and Trudy, Michael Masten, Nan Mac Donald, Vernita Robinson, Fred Burcell and his maintenance crew; Sam, Joe, and Don.



G. Canning © 2006



G. Canning © 2006

Lisa R. Haas, Police Officer/Security Consultant

Lisa R. Haas is currently enrolled at College of the Redwoods, CA., attending police academy training. Following Lisa's graduation on June 2, 2006 she will be employed by the Karuk Tribe Housing Authority as the first Karuk Tribal Police Officer. She will be based at the Yreka Housing Authority.

As a parent, I am very proud of Lisa's accomplishments. She and my grandson, Devin have been committed to this training. They both moved to the area near her college and will remain there until she returns to Yreka. This was a new experience for both Lisa and Devin, and I am very proud of both of them.

Congratulations Lisa, you make me proud!

Ellen Johnson, Mom, Grandma, and Karuk Tribal Member!



Lisa & Devin

TERO Department News ~ Spring 2006

Dion Wood, TERO Director

The TERO Department is continually updating the Tribal Skills Bank to register our skills as a membership for upcoming work or jobs within our ancestral territory. If you would like to update your skills information or have any questions, please call us!

WHAT IF?

It seems almost a year ago when the TERO Department requested information from the tribal membership through the "What If?" survey asking who among the membership might be interested in working in our Tribal Casino if the state ever allowed us to have one. It seems that this economic venture may still be a possibility for our tribe and if this is the case, would YOU like to work in our Tribal Casino if we built one? Now you have one more chance to make it known if you are interested. Showing your interest will not guarantee you a job, but it will give us an idea how to plan for opportunities for our membership. Please keep in mind that if we do build a gaming facility, it will need all sorts of support services including landscaping, laundry, vendors for supplies and so on and so forth. This may be an opportunity for you and your expertise! Please contact the TERO Department to let us know if you are interested in any way in being a part of this economic opportunity for our tribe! If you responded to the "What If?" survey previously you can respond again if you like.

Karuk Tribe of California Veteran's Project

Request For Veterans Information

Ayukii! The Karuk Tribal Council and the Tribal Employment Rights (TERO) Commission are determined to establish a Tribal Veterans Monument. Taking into consideration that this monument will be an everlasting symbol demonstrating our honor to those who have served our land and America, the Tribal Council and TERO Commission wants to be sure to consider every idea and concept regarding what we should construct. It is not something that they want to rush into without exhausting every opportunity to gain ideas about the best possible thing we could do for our veteran Tribal Members. We are compiling names so that we can look at the possibility of a veterans program and for future reference so that we might honor those members who have served our country.

We would like to announce that we will hold a "Listening Session" at the Tribal Reunion on June 24th to hear your ideas and thoughts about what kind of monument we can build as a tribe to celebrate those that have served to protect our way of life. Please take some time to think about this. The TERO Department will be available to take your ideas and thoughts about this at our upcoming reunion, so please be ready to contribute your vision!

If you are a veteran, or have a veteran in your family or if you know of a tribal member veteran, even those who have passed on, we would like to know who you and they are! Please ensure that you provide their name and service information to the TERO Department as we are collecting information on our Tribal veterans. Please submit your Veteran's information to TERO Director, Dion Wood via email at: dwood@karuk.us or by calling 1 800 505-2785 extension 2030. Thank you so much for being a part of doing something good to recognize our past and present tribal service members! Yootva!

P.S. The TERO Commission will be sponsoring an awesome raffle once again at this years' Tribal Reunion on June 24, 2006, we look forward to your support and seeing you there!

Karuk Tribe Military News

Erin Hillman



Anthony Nicholas Dinatale- USMC

Marine Corps Pvt. Anthony Nicholas Dinatale graduated from basic combat military training in San Diego on February 3, 2006. He graduated with exemplary marks as an expert with the M16-A2 service rifle and reported to Camp Pendleton on February 14. He will report to Pensacola Florida where he will begin his training as a basic avionics Marine with a Military Occupation Specialty (MOS) as an aviation electronics technician. Dinatale is the son of Dora (Davis) Bernal and grandchild of the late Darvin E. Davis, Sr. (known as Mr. D).



David Aaron "Chief" Burcell- US Army

Son of Tribal Members David and Jeannie Burcell, born in Yreka and raised in Happy Camp California, was drafted by the US Army in 1969 and served in Vietnam at Qui Nhon. Chief returned to the States after one year and served out his remainder at Homestead Air Force Base where he maintained missile sites.

Harland L. Murphy III-US Army

Son of Harland and Tribal Member Lillie Fry Murphy, Harland L. Murphy III served with the 13th Artillery as a Cannoneer. Shown here in a picture taken in 1970 near Ho Chi Min, SPC Murphy served 18 months in Vietnam. His mother Lillie recalls those months as very scary, only hearing from Harland a few times by short wave radio. During his service in Vietnam, Harland was promoted to Army Specialist Four.



Robert Murphy- US Navy

Brother of Harland L. Murphy, III, Tribal Member Robert Murphy served in Vietnam in the United States Navy. According to his mother, Lillie Fry Murphy, while stationed in Da Nang, Roberts efforts to rescue fellow servicemen trapped under a boat that had capsized in the delta earned him the second highest South Vietnamese military award, the Hellelgoland Medal.

Flagger Training, March 24, 2006

Happy Camp

Lisa Aubrey, LIAP Administrator



The Flagger training was a success!!!!

I would like to congratulate all 38 participants for passing their Flagger test with flying colors!

It was a positive learning experience and we would like to thank our instructor Joan Kinney for her time and effort and answering all participants questions.

Thanks also to Lisa Aubrey, Carrie Davis, Donna Zook and Colleen Goodwin for all the “behind the scenes” work that helped make the training a success for everyone.

Understanding Your Credit Report

Eddie Davenport, KTHA Loan Officer

It seems that many people do not understand what is on their credit report or why they should care. Credit reports follow you all your life and more and more agencies are looking at them to make decisions on whether to give you credit, or to rate you as to what you will pay for insurance and other items. Want to rent or purchase furniture on credit? Need to buy a car on credit? How about auto or home insurance – do you have it or need it? Your credit profile will effect what you pay for many things.

OK. Maybe now I have your attention. If your credit profile is not very good, it may take months to change it, but it won't change unless you take the steps to make your credit profile better. What does it take? That depends on what's on your credit report. Here are some ideas you might be able to use.

You can get a copy of your credit report for free from the internet. The free report won't have all of your "Credit Scores" also known as "FICO Scores" but it will show you who your creditors are and if you have collections or other derogatory credit on your report. The only one approved by the Federal Trade Commission is www.annualcreditreport.com. This site explains how to get a free credit report once per year as allowed by law. You can also go to www.ftc.gov/credit and link from there. If you haven't seen one in the past year or two, it's a good place to start. You can also get a free report from each of the credit bureaus once per year. The three bureaus are Experian, TransUnion and Equifax. If you would like more information about this, give me a call.

If you have a copy of your report and you don't understand what's on it, give me a call. I'll walk you through it item by item and help you understand each item and what can be done about it.

Here are some “Cautions” and “Don't Do” comments:

If you have a credit card that is in good standing but you don't use it and it has no balance, Do Not Cancel It! One of the factors that make up your score is the amount of credit you use versus how much credit you have available. Less credit available means you'll lower your credit score! For instance, if you have 3 credit cards with \$1,000 limits but you only use one and it has a \$300 balance, you are “10% utilized” on the total credit you have available. If you decided to close the two cards you don't use, you would then have \$300 balance with only \$1,000 total credit available, which is 30% used. Your credit score would plummet.



The auto industry uses a different type of scoring, so before you go shopping for a car you need to know what score they use, and you need to know your own scores. Different car dealers use different scores from the “big three” mentioned above and those three scores will be very different for you. To know which score the car dealer uses and to know what your own scores are is solid gold information when it comes to negotiating for a car deal.

If you only have collections and bad stuff on your credit report, do not despair. There may be ways to get some of them to “go away” and there are still ways to build your own credit so that someday in the “not too distant” future you can get the “good deals” that are available to those with good credit.

If I can help you with your own situation, or if you would like more information about this topic, email me with your questions or thoughts at edavenport@karuk.us. I'll email back or we can arrange for a phone conversation or a time to meet person to person.

The Nurses Corner Celebrates Mabel Leslie's 101 Years!

David Eisenberg, PHN



Mabel Leslie was born in Hamburg, CA on February 25, 1905 in a small house that still exists. Mabel is the first child of Sarah and Jake Offield. Mabel had a half brother and three sisters. Mabel was raised on the Klamath River and several other places in the Western U.S. including Spokane, WA.

In 1943 while working in Petaluma, CA, Mabel met Richard Leslie, a native of Long Beach, CA. Richard was in the Army at Two Rock Station during WW II. On April 9, 1944, Richard and Mabel were married in Petaluma. In 1945 Richard became a commissioned officer in the Army after the end of WW II. As an officer, Richard was assigned to many postings including Okinawa, Alaska, Massachusetts, Virginia and Panama. Mabel was able to accompany Richard on most of these postings and was a very loyal officers wife.

In 1962, Richard retired from the Army as a Major. At that time he and Mabel bought a property with 2 houses in Seiad Valley. They spent many happy years there together until Richard's death in 2001. Currently Mabel is 101 years old and she is a resident of Mountain View Manor in Yreka. Mabel is certainly one of the oldest Siskiyou County residents and the oldest living Karuk Tribal Member.

High Blood Pressure



“The Silent Killer”

Steve Burns MD, Medical Director

According to recent estimates, nearly one in three U.S. adults has high blood pressure, but because there are no symptoms, nearly one-third of these people don't know they have it. In fact, many people have high blood pressure for years without knowing it. Uncontrolled high blood pressure can lead to stroke, heart attack, heart failure or kidney failure. This is why high blood pressure is often called the “silent killer.” The only way to tell if you have high blood pressure is to have your blood pressure checked.

Get the facts on high blood pressure and how to live a heart-healthier life.

Find out how you can reduce your risks for heart attack and stroke with proper monitoring by a healthcare provider and simple lifestyle changes, even if you have high blood pressure. The Karuk Tribal Health Program wants to help you lead a longer, healthier, happier life. Come see us.

Importance of Fluoride in Prevention of Tooth Decay

Michelle Stark, DDS, Yreka Clinic



Many parents bring their children in for dental check ups and ask, “Should my child be taking fluoride supplements?” The answer is absolutely, YES, depending upon the age of the child. Fluoride supplements will not be as beneficial in children over the age of 10, because the bulk of their teeth have already been manufactured by the body. If fluoride supplements are taken early in development, when the teeth are being formed by the body, the fluoride is actually incorporated into the structure of the tooth. This makes the tooth much harder and more resistant to decay.

There is a very distinct difference in the number of cavities between children who have had fluoride, and those who have not. Children who have had the benefit of early fluoride supplements have little or no decay throughout their lives.

When should children begin taking fluoride supplements? Generally, we start children on fluoride drops at 6 months of age, and continue these supplements until age 16. Ask your Dentist or Physician at your next visit if he/she thinks fluoride supplements are appropriate for your child.

Follow The Smoke Indigenous Basketweavers Gathering

Raffle Fundraiser

A fundraising raffle will be held on July 13, 2006 at the Basketweavers Gathering in Orleans. Tickets are \$1.00 each. Winners need not be present to win. Tickets can be purchased by contacting Florraine Super, 842-7094 in Yreka; Paula McCarthy, 493-5157 in Happy Camp; or LaVerne Glaze, 627-3112 in Orleans.

PRIZES TO BE GIVEN AWAY...

- 1) Basket Necklace, Made and Donated by Lena Hurd
- 2) Deer Hide Drum, Made and Donated by Leeon Hillman
- 3) Elk Hide Drum, Made and Donated by Earl "Sam" Super
- 4) Baby Basket Earrings, Made and Donated by Synthia Figueroa
- 5) Medicine Basket Necklace, Made and Donated by Jennifer Goodwin
- 6) Porcelain Doll, Made and Donated by Glenda Hockaday
- 7) Sipnuk Basket, Made and Donated by Verna Reece
- 8) Tobacco Basket, Made and Donated by Paula McCarthy
- 9) Basket Covered Salt/Pepper Shakers, Made and Donated by LaVerne Glaze
- 10) Hair Pieces, Made and Donated by Ashley and Alexis Allgier
- 11) Basket Necklace, Made and Donated by Laura Sanders
- 12) Fish Trap, Made and Donated by Josh Saxon-Whitecrane
- 13) Sipnuk Basket, Made and Donated by Deanna Marshall
- 14) One Night Stay/Sunday Brunch, Donated by Seven Feathers Hotel and Casino Resort
- 15) Music CD, Created and Donated by Basketball Bob Attebery
- 16) Herb Basket, Made and Donated by Dora "Dolly" Elston
- 17) Doll Basket, Made and Donated by Debbie McConnell



Tobacco Basket #8



Medicine Basket Necklace #5



Above: Basket Necklace #11
Below: Elk Hide Drum #3



Fish Trap #12



Salt & Pepper #9



Basket Necklace #1



Baby Basket Earrings #4
Porcelain Doll #6



Above: Sipnuk Basket #13

Below: Deer Hide Drum #2



Hair Pieces #10



Doll Basket #17



FULL MOON HOWL Spring Musicale!

Benefit for the Happy Camp Library

Featuring Live performances by:

Jesse & Susan
Sienna (Gerry & Malaya)
Jim Wainwright
Mark, Blythe & Rex

Saturday, May 13th, 7-10pm
Happy Camp Grange

Tickets \$5, for more info call the library at 493-2612
(available at the library or from any library board member)

There will be a delicious variety of sweets and savories
available for purchase

G.Canning © 2006

Hot Shots Youth Basketball Tournament Players

Boys Division

Happy Camp Ballaz
Sequoi Myers-*All Star*
Kevin Harrison-*All Star*
Craig Reece-*All Star*
Charlie Eastlick
Phillip Bryant *All Star*
Cody Britton
Pihneftuuf Elston
Alan Gibson
Regis Jerry

Street Ballers

Tavin Minium
Brian Bledsoe
Corey Barnett
Josh Jordan-*Sportsmanship*
Justin Wright-*All Star/Mr. Hustle*
Clayton Tuttle
Ben Harrison
Kanuk Jones
Ethan Cook
Eli Doty

Dawg Pound

Arron Hockaday-*Mr. High Point/All Star*
Tyler Hockaday
Serome Eng-*All Star*
Myron Aubrey-*All Star*
Derek Tatum
Darren Tatum
Matthew Super
Jesse Hogg
Joey

Down River Boys

Ron Reed
Charlie Reed-*All Star*
Brent Boykin-*All Star*
Sterling Conrad
Keith Reading
DeLyle Hackett
Talon Davis
Junior Davis
Thomas Wilson-*MVP/Mr. High Point*
Lee Ammon-*All Star*

Girls Division

River Runners

Erica Ammon
Ashley Myers-*All Star*
Sami Jo Goodwin-*Ms. High Point/All Star*
Summer Goodwin
Ladeyle McCovey
Mariah Coleman
Rosie Conrad
Mardi Attebery-*All Star*

Putawans

Shauniece
Polmateer-*All Star/ Ms. Hustle*
Kassandra Polmateer
Carly Hammon-*All Star*
Cayla Hammon
Daniela Sanchez-*All Star*
Amy Wyckoff-*MVP*
Leah Evans
Florence Peters
Shaelynn Hauzer
Jessica Conrad

Pretty Woman

Laura Croy
Shell Croy
Kaligina Albers
Salina Grant
Jolenn Super
Sabrina Spence-*All Star*
Alyssa Titus
Cassie Spence
Misti Shrank-*Sportsmanship*
Kayla Wilson
Alyssa Reidiger

1st Annual Happy Camp Hot Shots Youth Basketball Tournament

Tamara Barnett

On March 17th the first annual Happy Camp Hot Shots Youth Basketball Tournament was under way. There were 4 boy's teams and 3 girl's teams. It was a great turnout and fun was had by all who participated. In the girls division, 1st place went to Happy Camp Putawans. The River Runners took 2nd and Pretty Girls took 3rd. Ms. Hustle went to Shauniece Polmateer, Ms. High Point was Sami Jo Goodwin with 14 points. The girls All Stars were Carly Hammon, Shauniece Polmateer, Daniella Sanchez, Sabrina Spence, Sammy Jo Goodwin, Mardi Attebery and Ashley Myers. Amy Wyckoff was voted MVP and Misty Shrank received Sportsmanship. In the boys division 1st place went to the Down River Boys. Happy Camp Ballaz took 2nd and 3rd went to The Dawg Pound, Mr. Hustle went to Justin Wright who had a game high score of 20 points. Mr. High Point was a tie between Arron Hockaday, Jr., and Thomas Wilson with a high score of 24 points. The boys All Stars were Charlie Reed, Brent Boykin, Lee Ammon, Craig Reece, Sequoi Myers, Kevin Harrison, Phillip Bryant, Arron Hockaday, Myron Aubrey, Serome Eng and Justin Wright. Thomas Wilson was voted MVP. Sportsmanship went to Josh Jordan. We should all be very proud of these young athletes. They played hard and showed great sportsmanship.

Need Transportation?

Hi, My name is Clarence Barger and I am the transporter for the Karuk Tribal Health Clinic in Yreka, California.

If you need transportation to and from medical, dental, or social services and have a referral to the clinic or to any of your other medical appointments, feel free to contact me at 842-9200 and talk to the front desk regarding your transportation needs.

Transporter services are provided to all tribal members and their families.

Thank you! **Clarence Barger, Transporter (530) 842-9200**

Use Energy Wisely on the Road

Tips You Can Use to Save Gas

- Have your car tuned regularly. An engine tune-up can improve car fuel economy by an average of 1 mile per gallon.
- Keep your tires properly inflated. Underinflated tires can decrease fuel economy by up to 1 mile per gallon.
- Slow down. The faster you drive, the more gasoline your car uses. Avoid exceeding posted speed limits for safety and to get the best fuel economy possible.
- Avoid jackrabbit starts. Abrupt starts require about twice as much gasoline as gradual starts.
- Pace your driving. Unnecessary speedups, slowdowns and stops can decrease fuel economy by up to 2 miles per gallon. Stay alert and drive steadily, not erratically. Keep a reasonable, safe distance from the car ahead of you and anticipate traffic conditions.
- Use your air conditioner sparingly. The use of air conditioning can reduce fuel economy by as much as 2 miles per gallon under certain speeds and operating conditions.
- Avoid lengthy engine idling. Turn your engine off when you are delayed for more than a couple of minutes.
- Plan your trips carefully. Combine short trips into one to do all your errands. Avoid traveling during rush hours if possible, to reduce fuel-consumption patterns such as starting and stopping and numerous idling periods. Consider joining a car pool.



Summer Money Saving Tips

Lisa Aubrey, LIAP Administrator



Listed below are some tips and suggestions you can use to save money on your utility bills, heating and air conditioning equipment, and service.

Set the thermostat The most economical operation of your system comes from setting the thermostat properly. Set the thermostat at the highest summer setting or the lowest winter setting at which you are comfortable. Typical settings are 78 degrees for summer cooling and 70 degrees for winter heating. When cooling, your operating costs increase from 3% to 8% for each degree your thermostat is lowered. When heating, your operating costs increase for each degree your thermostat is raised.

Keep the air filter clean The easiest way to ensure your system operates efficiently and economically is by keeping the air filter clean. There are several types of air filters and several possible locations for the air filter.

Keep doors and windows closed Close all doors and windows to the outside. This will reduce the heating load in winter and the cooling load in summer. Your system will operate more economically as a result.

Keep vents and grilles unobstructed Arrange your furniture and drapes so that all output vents and intake grilles are free from obstruction. This will reduce the cooling and heating load on your system, providing more economical operation.

Avoid excessive use of exhaust fans Excessive use of kitchen or bathroom exhaust fans will make your system work harder. This will increase energy consumption and costs. Keep costs in check by making wise use of exhaust fans.

Education Department News

Submitted by: Jennifer Goodwin, Education Coordinator

The Education Department is proud to announce the High School Graduate Scholarship

Eligibility Requirements

- Student must be a High School Graduate.
- Student must be an enrolled Karuk Tribal member.
- Student must have at least a 2.5 accumulated grade point average.
- Students must submit their application by August 1st, 2006.
- Only completed applications submitted by the deadline will be considered.
- Students must supply a copy of their High School Diploma, GED Certificate or Equivalency/High School exit exam.
- Students must supply a copy of their high school transcripts along with the application.
- Students must submit a copy of their acceptance letter or proof of enrollment into the college, university or technical institute they plan to attend.
- Students must submit a one-page essay on what their educational goal is and how this scholarship will assist them in reaching this goal. And how will this benefit the Tribe, if awarded.
- This is a one time only scholarship opportunity for current high school graduates. You must be between the ages of 16-19.
- The Education Department encourages students to return to the Tribe on mentorship programs while attending school.
- All applications will be reviewed on a competitive ranking system.

The Higher Education Grant Award is also available to all Tribal members who will be attending College or a University for the 2006-2007 school year.

Deadline: August 1st 2006.

To request an application or for more information contact:

Jennifer Goodwin, Education Coordinator at,
1-800-50-KARUK or (530) 493-1600 extension 2034.

If you need help with College forms, Financial Aid, or other education questions or assistance please feel free to call anytime!

Education Department Activities

Our Department has been informed that funding for Education programs may be cut by the federal government. Members of the Education Committee, the Education Coordinator and Self Governance are working on a presentation to Congress to express the need for this funding. One of the best ways to influence this decision is through personal experiences or stories. If you would like to share your experience on how funding through the Karuk Tribe Education Program has helped you with your educational endeavors, please contact the Jennifer Goodwin at the number listed below. Yootva!!!

We are now accepting letters of intent for two vacant seats on the Education Committee. Check <http://www.karuk.us> for more information or call Jennifer Goodwin at 530.493.1600 or 1.800.50.KARUK extension 2034.

Low Income Assistance Programs (LIAP)

Lisa Aubrey at 1.800.505.2785 or 530.493.1600 Ext. 2025

Ayukii, I'm Lisa Aubrey and I administer the Low Income Assistance Programs. I'd like to introduce you to Colleen Goodwin the LIAP Clerk. She will be assisting me with the SWEEP Program, GA, LIHEAP, CSD, etc. You may reach her at 1-800-505-2785 ext 2045.



Colleen Goodwin,
new LIAP Clerk

Low Income Heating Energy Assistance Program (LIHEAP):



This program provides energy assistance to eligible tribal members. This program provides eligible households with electricity, propane, wood and minimal weatherization.

The applicant must reside in the service area. For those of you who live outside the service area, try energyassistance@ncat.org or the LIHEAP programs administered by tribes at: www.acf.hhs.gov/programs/liheap/tribal.htm or administered by States at: www.acf.hhs.gov/programs/liheap/states.htm

BIA Financial Assistance!

Bureau of Indian Affairs Programs (BIA)

Each applicant will have to apply concurrently for financial assistance from other federal, state, county, tribal or local agencies in the service area. An applicant must not receive any comparable public assistance.

Utility Bill Discounts!

ATTENTION!!!! Apply for the CARE program offered by PP&L and PG&E. This program gives a discount on your utility bill. If you need an application please call and request the CARE application be sent to you. Let's save on energy and our budgets.

Conduct an "energy audit" of your home to evaluate your heating system's efficiency and determine where heat loss may be occurring. Many fuel dealers and utility providers offer these audits as a free service. You can also perform your own home energy audit on the Internet by going to the Department of Energy's Web site at <http://www.homeenergysaver.lbl.gov> and following the instructions found there.

Live outside the Tribal Service area?

Call The National Energy Assistance Referral (NEAR)

1-866-674-6327

Monday through Friday, - 6 a.m. to 6 p.m.

The LIHEAP programs administered by tribes are at www.acf.hhs.gov/programs/liheap/tribal.htm. Those administered by States are located at www.acf.hhs.gov/programs/liheap/states.htm. For Oregon residents you can contact www.oregonheat.org for social service agencies and utilities working to keep the homes of low income Oregonians warm and safe.

Low Income Food, Shelter, Health & Safety Assistance!

Community Services and Development (CSD): This program provides assistance for low income families with food, shelter, transportation, health and safety issues. The applicant must reside in the service area, be very low income and be a tribal member. For those of you who live outside of the service area try

www.acf.dhhs.gov/programs/ocs/csbg/index.htm

THE SWEEP PROGRAM NEEDS YOUR HELP!!!!

We are accepting equipment donations for the SWEEP program. Some of the SWEEP Participants work in yard maintenance for elderly, disabled or for people who cannot supply these items to clean their yards. Due to budget restraints were unable to provide these items to the participants. Any donations are appreciated. You can bring the items to the Karuk Tribal Administration Office or call 1-800-505-2785 ext 2030 (Dion) or 2025 (Lisa) or 2045 (Colleen) Here are some examples of what is needed:

Weed Eaters	Shovels	Lawn Mowers	Pruning Shears
Pruning saw	Hand Clippers	Ladder	Rakes

Senior Center Program

Babbie Peterson, Senior Center Director



We have had four outreach meetings for seniors. Two were in Happy Camp, and one each was held in Yreka and Orleans for the new Medicare Part-D program. We received a mini-grant from the National Association of Nutrition and Aging Services (NANASP) to do outreach education, counseling, and sign-ups for our seniors in coordination with other programs and agencies working in our service area.

We've reached out to approximately 1,500 seniors to date via US Mail, individual sessions, group meetings and phone calls. Many had previously signed up for the new program that Medicare has for prescription drug cards, and many more came to listen to the Social Security representatives who came and held a power point presentation in Happy Camp and Yreka.

Maria Miranda, Patient Eligibility Worker for the Karuk Tribe also assisted a large number of clients with their enrollment process. We welcomed Sharon Denz and Maria to Orleans as they worked with seniors at Panamnik Center. You can reach Maria at 800-371-8080 or at mmiranda@karuk.us.

The Happy Camp Family Resource Center and John Goodwin from the senior information and assistance program located in the old log high school has helped seniors sign up for plans. You can also get assistance from the Fort Jones Family Resource Center, or stop by the Social Security office if you need more information. The Social Security office cannot sign you up – but they can answer questions you may have about the program. In other areas, you can contact the Area Agency on Aging, your local senior resource centers, or your local tribal or Indian Health Service offices for assistance.

If you haven't signed up for a plan, the deadline is May 15, 2006. After May 15th there will be a 1% penalty per month for every month past the deadline if you are not covered by insurance that offers coverage that is good or better than one of the 48 plans Medicare is offering. If you need help or more information please feel free to contact us.

LIAP Programs, *continued...*

- ✦ **General Assistance:** This program provides low income families with food and/or clothing, shelter, burial and emergency assistance (burn out, flood, destruction of home).
- ✦ **Skills, Work, Education Enhancement Program (SWEEP):** This program is to enhance eligible Indians with skills/work and/or education. The goal of the applicant is to become more employable while obtaining and incentive payment. An applicant can be on the program for two years or 48 payments.
- ✦ **Adult Services:** Adult care assistance provides non-medical care for eligible adult Indians. The providers must be certified or licensed. Background checks are required.



Housing Improvement Program (H.I.P.):

This program provides grant assistance funding to repair or the replacement of your home. This program is only funded once a year. The deadline for HIP applications is August of every year. To qualify you need to:

1. Be a member of a federal recognized American Indian Tribe or Alaska Native village
2. Be income eligible
3. Reside in the service area
4. Send a disability/handicapped statement
5. Have proof of home ownership or lease
6. No prior HIP assistance



Mission Statement

The mission of the Karuk Tribal Council is to promote the general welfare of all Karuk People, to establish equality and justice for our Tribe, to restore and preserve Tribal traditions, customs, language and ancestral rights, and to secure to ourselves and our descendants the power to exercise the inherent rights of self-governance.

Karuk Tribal Council

Spring, 2006

-
- Arch Super,**
Chairman
- Leaf Hillman,**
Vice-Chairman
- Florrine Super,**
Secretary
- Leon Hillman,**
Treasurer
- Roy Arwood,**
Member at Large
- Florence Conrad,**
Member at Large
- Robert Goodwin,**
Member at Large
- Robert Grant, Sr.,**
Member at Large
- Alvis Johnson,**
Member at Large

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Descendents, Families,
& KTOC Staff*

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Change of Address

If you are not sure whether your correct address and phone number are on file with the Tribe, please write us or call (800) 505-2785 Ext. 2028 and let us know your current address and phone number for future reference.

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