

# Karuk Tribe of California



# Summer 2005

P.O. Box 1016 • 64236 Second Avenue • Happy Camp, CA 96039 • (530) 493-1600 • (800) 505-2785

## 9<sup>th</sup> Annual Karuk Tribal Reunion



**June 25, 2005**



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# Arch Super, pa tapas yaas araara, mu pika

(the Chairman, his story)



*Arch Super, Tribal Chairman*

Ayukii, nanithvuy uum Ayuaach Axruuh Supahan, Naa tapas yaas araara pa Karuk araaras. Tanixxuti, koovura pa araaras pananu chuupitiheesh pa araarahih. Kukkuum tani piip pa araarahih uum pananu aaniv. Xay pipshiinvarih pananu araarahih. “Hello, my name is Arch Super (right on Squirrel Super). I’m the Chairman (top/real/best leader) of the Karuk Tribe. I think all the Karuks, we be talking our Indian language. Again I say, the language is our medicine. Don’t forget our language.”

**April** In the middle of April, Judge FliesAway, April Attebury, and I attended a Tribal Drug Court Training in Albuquerque, NM. This was one of the first of a series of trainings put on by the Bureau of Justice Administration (BJA). It was basically the introduction to developing a court system, which we have been working on for the past couple of years. The Northern California Tribal Courts Coalition (NCTCC) met in Redding, CA. The Coalition was put together to empower the Tribal Courts around us, with other tribal judges, attorneys, administrators and tribal councils. The group meets every other month. The next meeting is scheduled for June in Burney, CA.

We inspected the Oak Knoll facility (old Forest Service building) for the proposed Men’s Recovery Home (or whatever other projects we might decide to put there). A lot of planning is required for this location.

**May** In May, Hector Garcia, Councilmen Roy Arwood and I went to a Self Governance Conference in San Diego, CA. The conference was our bi-annual meeting. The conference was a meeting with Self Governance tribes to go over budgetary issues. We had a meeting with our attorney, Stephanie Dolan, on the Update and Revision of the Tribal Constitution. There have been a few new ideas to help our constitution become more adequate and updated for the tribe. These changes will be brought forth to tribal members for input. I encourage our tribal membership to contact your tribal council for information.

We have been also working with our Gaming attorney, Dennis Whittelsey, on our Gaming Venture. He and Hector Garcia have been working with the Board of Supervisors, the Yreka City Council, the State, and the tribal Casino work group. We have a very big task this year. Each year, the demands of the state become more stringent. We have many tasks and duties to perform to get us in the door for gaming and we are hoping to be there by August 31, 2005. We will keep the membership informed. It appears that we still have the support of the city and County. They are requiring a more detailed proposal of the building and size of the casino. There have been several meetings with them in the past few months. We met with the Shasta tribe (one of the factions). The meeting was held with four of their representatives and four of ours, along with attorney Whittelsey and anthropologist Dr. Stephen Beckham. The meeting was good. They appeared to want to work with us in cooperative agreements. The city and county would like to see our tribes working together.

**June** Councilmen Roy Arwood, Hector Garcia and I attended our Annual Funding Agreement meeting in Arcata, CA with the Regional BIA, our area Rep from Seattle, Washington, and the tribes of our consortium, to go over this year’s budget. Our budget is usually the same every year, but we have to make sure they don’t leave any monies out.

Our second session of the Drug Court Training was held in Tucson, AZ. April Attebury, Judge FliesAway, Joe Snapp and I attended. The training was geared at getting us prepared to apply for the different funding grants and resources that could sustain our tribal courts.

The 2005 Karuk Tribal Reunion was grand. There were a lot of our tribal members and descendants that attended. We got a lot of compliments on the festivities. We are always open for suggestions, comments, and ideas for this year and the next year’s annual event.

**July** We have been working toward and looking at the possibility of applying for and operating the Title IV E Foster Care Program. There is a lot of work to be done and we have staff and our attorneys working on the ups and downs, ins and outs of the program. We are concerned whether the program would be cost effective for our tribe.

The Cultural Monitor Training was held this month in Happy Camp, CA. It sounds like the training was a success. We are hoping to train our tribal members to be employable for required monitor work.

Overall, the past couple of months have been the usual busy. The Casino is one of our major projects for the months of July and August. The tribe needs to get our foot in the door for gaming and we are striving to get there. With the input and support of the Council and staff, we should be able to do ok. Vice Chairman, Leaf Hillman, has been working on our venture to save and preserve the Natural Resources (the river) downriver. We have a couple of new projects and programs that we continue to monitor and evaluate for solvency, (ie., Tribal Court, Tribal Pharmacy, Tribal Foster Care and Home,

Tribal Garden Project and others). New projects and programs are between one, two and three years in the making.

The Tribal Council and tribal committees have been working on updating the Tribal Constitution, election and enrollment ordinances. We are looking to strengthen our ordinances and policies to help Tribal operations and Tribal law run smoothly. As always, we encourage our Tribal Membership to communicate and correspond with your Tribal Council. Our job is to serve our Tribe and we welcome your letters, email and phone calls.



*Arch Super and his parents, Nancy & Peter Super at the Karuk Tribal Reunion*

## Administrative Programs Update

*Erin Hillman*

*Director of Administrative Programs & Compliance*

In April a request was made to our communities to complete a Needs Assessment Survey that was prepared in order to satisfy a requirement for the State of California Community Services and Development. We received an overwhelming response to our survey – over one hundred people completed the survey and were entered into a drawing to win one of four prizes, the winners of the drawing are as follows:

- 🌀 DVD/ VHS player and movies- Jodie Frank of Yreka
- 🌀 \$50 Gift Certificate People's Center- Sami Jo Difuntorum-Happy Camp
- 🌀 Two lift tickets Ashland for Ski Park- Dorothy Beck-Happy Camp
- 🌀 Thermos- Alberta Alford- Yreka

The results of our Needs Assessment Survey were incorporated into a Community Action Plan that was available for public comment at the Tribal Reunion and Tribal offices. We received several positive and constructive comments regarding our Low Income Assistance Program. These comments were included in our report to the State and will be used in determining the use of 2006-2007 CSBG funding. We hope to have demonstrated how important this funding is to the Tribe and along with other recipients hope to convince the State not to cut the program from its budget.

On June 6, we welcomed our new grant writing team, Julie Burcell and Rick Hill. Julie and Rick will assist staff members to identify sources of funding for their programs, provide technical assistance in the writing of those grants, in addition to planning and research for funding to create new programs. Two major areas they will be focusing on are the creation of a Strategic Plan for the organization and



*Administration Building, Happy Camp*

the construction of a new health care facility in Happy Camp.

In June, I traveled to Washington DC to attend a grantee conference for HRSA. (Heath Resources and Services Administration). Our HRSA grant is funded to us from the Department of Health and Human Services. Included in the activities of this three year grant are the expansion of dental services in Yreka- year one, behavioral health in year two and after hour care in Happy Camp in year three. The conference was attended by more than 1800 representatives from HRSA health care clinics. I attended technical assistance sessions on the Federal Tort Claims Act, Accreditation, Opportunities and Strategies for Getting Grants, Performance Review Expectations and Experiences, Leveraging of Resources and, Creating and Maintaining a Healthy Work Environment. I found these trainings to be very informative and I learned a great deal about the complex issues that face our health care program.

In July, Fred Burcell, Scott Quinn and I met with the Bureau of Indian Affairs Roads Department to finalize the bid package for the Yreka roads project. This process has consumed a lot of time as we have had to wait for as built construction documents to be completed in order to prepare the bid package. The scope of work is to include the correction of minor structural deficiencies and to complete work that was delayed due to weather conditions. The Tribe realized a cost savings in the prior contract and will use that funding for this project. The mandatory pre bid meeting has been set in Yreka on August 11th and on the 26th we will open bids in Happy Camp at two pm.

For the third quarter of Fiscal Year 2005, April 1, 2005 through June 30, 2005, I reviewed a total of eleven (11) grant applications totaling \$1,308,938. Twenty five (25) Independent Contractor Agreements were passed through for Tribal Council approval. The Tribe received notification of twelve (12) grant awards totaling \$968,704. The Head Start Program, Elders programs, and CASA received their notices of continuation funding. The Department of Natural Resources Program was successful in their applications for funding from The Bureau of Indian Affairs for Wildland Urban Interface projects, Integrated Resource Management Plan and 2005 Water Resources Funding. Close out documents were filed for the 2004-2005 Elders funding, Seventh Generation funding (basket weavers) and National Endowment for the Arts (basket weavers).



*Florrine Super*

## Notes from the Secretary

*Florrine Super, Council Secretary*

### Ayukii!

It has been very busy in Karuk Country. As your Secretary, I have been working with the community, staff, and Tribal Council to accomplish several goals. These goals include: strategic planning for our tribal programs and committees, promoting and recruiting CASA volunteers, recruiting tribal foster families, planning fund raising projects in support of the Tribal CASA program, implementing youth programs and activities, overseeing our tribal foster home for Karuk children, and coordinating our annual Tribal Reunion. Any volunteers out there to help these goals succeed?

### TRIBAL COUNCIL SECRETARY QUARTERLY REPORT

**Workshop:** I recently attended a three day workshop entitled Building a Bridge for Change. This workshop was attended by staff and tribal members, young and old. Topics included; getting children to open up to adults, encouraging expression of true feelings, and developing communication and understanding of each other. The sharing of our fears, hurts, hopes and joys brings us closer as a family and together as a community.

I really enjoyed the training because it helped the participants start talking to one another and develop new skills and awareness through challenging and fun activities. Some of the activities included role play, experiential and group processes, education videos, personal interaction, and fun activities. It was great to see my parents Peter and Nancy Super participating in the workshop. They are great role models for our community.

**Tribal Youth:** Our youth made of list of activities they would like to see happen in their communities. I will continue to express their ideas to the Council and look into any new or existing tribal programs available to our youth. I would like to call on any tribal members who would like to help to make this youth group succeed. This generation of upcoming Karuks need to be encouraged and guided to reach their full potential. We want them to be trained to handle the needs of the Tribe in the future.

Our Tribe received two youth applications for the \$500 education award! The two applications were submitted by Jaclyn Goodwin and Alma Navarro. Both tribal members have shown great success in school and in their community. I'm happy to have them aboard. Though this project had not reached its intended goal of selecting six representatives, I feel we made a gracious effort to announce our new idea and encourage participation. This opportunity was posted in the Tribal newsletter. Applications were made available via mail, on the website and at the tribal offices.



*Youth Mentor Program - 2004*

Our vision is to develop a Youth Leadership Council which will represent and support our teens. The award is aimed at those students who are participating in making their community a better place.

I am requesting that our members help assist this program which provides activities for our youth. We need continual support from our local communities.

We are recruiting adult volunteers to help our two new board members carry out

**Elections:** Reaching out to members: As a committee, we have set goals to encourage our membership exercise their vote in all Federal, State, local and Tribal elections. This may be difficult, but it will be a rewarding effort for me. The reason I make this statement is that at one time I only voted in Tribal elections. I did not feel like other governments affected me as a tribal member. But, I was wrong. As a Tribe, we work government to government on a daily basis. Therefore, we have elected officials who make decisions on continuing or cutting budgets or who advocate or oppose tribal issues. We have many programs. I'm sure that at least one of them affects you or a family member (casinos, dam removals, Indian Child Welfare Act compliance, health care, education and low income assistance programs). I encourage you to let your voice be heard and vote. Remember to encourage others to vote for the people who most care about the Karuk People.



*Building A Bridge for Change Workshop*

## Karuk Elections: Key Dates to Remember

- **August 10, 2005** - Deadline for petitions, fingerprints, and \$50 candidate's fee
- **October 11, 2005** - Posting of eligible candidates and absentee ballot reminders
- **October 20, 2005** - Last day to mail out absentee ballots
- **November 8, 2005** - Election Day (2 Members at Large Positions available)

**Remember to register to vote!** Go to [www.karuk.us](http://www.karuk.us) for a registration form. Or contact your Karuk Election Committee at: PO Box 815, Happy Camp, CA 96039.

**Siskiyou County Election Information** - Go to: <http://www.co.siskiyou.ca.us>

**Humboldt County Election Information** - Go to: <http://www.co.humboldt.ca.us/election/>

**California Statewide Election Information** - Go to: <http://www.ss.ca.gov/elections/elections.htm>

**Federal Election Information** - Go to: <http://www.congress.org/congressorg/home/>

**Indian Child Welfare Committee (ICW):** It is the ICW Committee's intent to protect the best interests of the children and to promote the stability and security of the Karuk Tribe of California and its Indian families by fully exercising the Tribe's rights and responsibilities under the Indian Child Welfare Act (ICWA) of 1978 and these Policies.

Councilwoman Florence Conrad, Social Worker Daniel Pratt and I attended the 12<sup>th</sup> Annual ICWA State Conference. During General Session, a presentation by Judge Abby Abinanti (Yurok Tribal Member) gave the history and overview of the Indian Child Welfare Act. Judge Abinanti expressed the importance of exercising tribal sovereignty over our Indian children. During break out sessions, I attended "Tribal Courts & Justice for Indian Children in California. Speaker Jenny Kim gave a brief history of Indians first contact with white settlers through today's Indian. This lead up to why a tribe can exercise the right to have a tribal court. Jenny spoke highly of the Karuk Tribe of California and used our tribal court as a model. During another general session, we had several other attorneys' use the Karuk Tribal Court, Karuk CASA and Karuk Foster Home as model for other tribes' to follow.

This training gave us a great overview of ICW successes and the struggles tribes face in State court. The Karuk Tribe of California will serve as co-host for the 13th Annual ICWA State Conference, upon approval by the council.

At the ICW Conference, Tribe's were informed of SB 678. The California State Senate Judiciary Committee will be conducting a hearing and voting on SB 678 on August 16, 2005, at 1:30 p.m. in Room 112 at the Capitol Building, Sacramento. This bill represents an important means of protecting the interests of Indian children, families and tribes by comprehensively amending state law to help ensure compliance by state courts and county agencies with the Indian Child Welfare Act (ICWA). **THIS IS A CRITICAL TIME FOR YOUR SUPPORT AND ASSISTANCE.** If you can, travel to Sacramento and be present with all the Tribes who will push for the successful passage of this Bill.

### How can you help?

- Mail or fax letters and/or resolutions of support to Senator Denise Moreno Ducheny at: State Capitol, Room 4081, Sacramento, CA, 95814, Fax (916) 327-3522
- Contact your local Senators and Assembly Members to ask them to co-sponsor now or vote for the bill when it comes before them. Locate legislators serving your area at: [www.leginfo.ca.gov/yourleg.html](http://www.leginfo.ca.gov/yourleg.html)
- Encourage other tribes, tribal entities, other organizations, and individuals to do the same
- Send representatives or personally attend this Senate Judiciary Committee Hearing. Even though only a limited number of persons can testify, there is an opportunity at the end for others to come forward to express their support on the record. If you can attend, please contact Joanne Willis Newton at [jwillisnewton@calindian.org](mailto:jwillisnewton@calindian.org) or (800) 743-8941, ext. 114, to be included in the planning process

FOR MORE INFORMATION: Watch our website, [www.calindian.org](http://www.calindian.org) for regular updates on the bill, including a



*Notes from the Secretary-continued from page 5*

regularly updated list of supporters. You may also contact Joanne Willis Newton, Senior Staff Attorney, at the CILS Escondido office, tel. (800) 743-8941, ext. 114, or [jwillisnewton@calindian.org](mailto:jwillisnewton@calindian.org). Or Contact the Karuk Tribe's Social Services Department (Mike Edwards, Tanya Busby, Barbara Norman or Daniel Pratt).

I hope you take this opportunity to let your voice be heard. Our role as ICW Committee members expand with the knowledge we gain from our own cases to statewide issues. And we will be there to support this cause!

**Karuk Tribe Foster Home:** Part of the ICW Committee's responsibility is to start and oversee our own Karuk Tribe Foster Home. ICWA re-establishes tribal authority over the placement of Indian children into foster and/or adoptive care.

"Many American Indian families have struggled to overcome historical trauma as well as adjustment difficulties resulting from negative boarding school experiences, urban relocation, or other life-changing events. As a result, many Indian children are vulnerable to violence or neglect and often require temporary placement outside of their home until therapeutic intervention can take place. Under the guidelines of the Indian Child Welfare Act, a child placed outside of the home should remain culturally "intact," and active efforts should be made to reunify that child with the natural parents. Until reunification occurs, a safe and loving home will be provided while encouraging strong ties to the natural family and traditional ways."

The Tribal Council has set aside a tribal home in the Yreka Housing to ensure our tribal members are placed in a safe and loving home. We have been faced with many obstacles while pursuing our dreams. It has taken much time in recruiting foster parents who are Tribal members. Our committee needs people to commit to this cause. If you believe that you could serve as a foster parent, please step forward. If you have a little extra time, help us to create guidelines, the application process, and acquire Title IV E funds in order to pay our foster families. I hope the council will continue to support our efforts. It is an important cause and you must direct the Council to not give up on this project.

Karuk children have the right to grow up among their own people so we will continue to hunt to recruit foster parents. If you would like to offer your home and family and become a foster family, please contact our Karuk Social Services Department. To apply you need to complete and submit a foster family application. When approved by the ICW committee, fingerprints for background check will need to be taken of all people living in your household over the age of 18. A home evaluation will be completed by our social services department.

**Friends of CASA (FOC):** FOC has been established to support our Karuk CASA Volunteers and CASA's basic operational expenses. As the Vice-Chair of FOC, I would like to outline the FOC Committee's goals and duties. Friends of CASA share the same mission as the Tribal CASA program. We contribute to Tribal CASA by organizing fund raisers throughout the year. The Karuk CASA program relies entirely on grants and monetary support from our communities. Such contributions enable us to recruit, screen, and train tribal advocates who will speak for abused and neglected children in Juvenile Court. It also helps with gas cost for volunteers to visit and/or transport children to necessary appointments. There is a \$55 cost for the mandatory fingerprinting and background check. This is a big cost for our CASA program and contributions are so needed.

As you can see, our request for help is for a very worthy cause. Your Karuk CASA program is the first Tribal CASA in the State of California. This achievement brings great recognition to our Tribe. It would be a shame to fail at keeping it going due to lack of money or help from our tribal members. Be committed to supporting this program in as many ways as you can. Your contribution will help further our children's advocacy efforts and help us provide service to our tribal children.

- > Volunteer for an event
- > Help Out at the Siskiyou Golden Fair Casa Booth
- > Food Booth
- > Dinner/Dance
- > Sell Raffle Tickets
- > Sponsor one Event
- > Bake Sale
- > Help from your own home

## 1<sup>st</sup> Annual CASA/Head Start Native American Day Gathering *Celebrating Fatherhood!*

- ▲ September 23, 2005
- ▲ Yreka, California
- ▲ 10am-8pm

**Kids Activities, fatherhood  
book give-away, bingo,  
horseshoe tournament,  
outside volleyball  
tournament and more!**



**Call CASA 842-4924 or 598-4222 for more information**

- › Call for donations
- › Make arrangements for fund raiser location
- › Send out letters to inform others of upcoming events

We appreciate the dedication and support from our staff, committee members and contributors. It takes a community to raise a child!

**Low Income Assistance Program (LIAP):** The LIAP Committee was established to provide necessary emergency assistance or services that are not being provided by federal, state, county, Tribal or other agencies for our members.

Our goal was to assist our LIAP Coordinator with processing applications efficiently and in a timely manner. Our monthly meetings help us process difficult applications, make necessary program collaborations, and help interpret and follow LIAP guidelines and objectives.

Another goal was to help those who didn't qualify for LIAP but were very much in need of assistance. The Council has obligated some funding to help those who need help. This program has helped many elders and families with children. As Secretary of the LIAP Committee, I will be working on policies or point systems to help us make fair and consistent decisions.

We will continue to look for funding for an assistant for our LIAP Program. We hope to expand our program and reach our goal of helping tribal members become self-sufficient and employable.

**Website Revisions:** Our goal is to have a very informative and user friendly website. We are still working on completing this project. I felt there needed to be one person dedicated to updating our website. Council agreed and we now have a full staff. I met with IT Technicians Chris Kleeman & Gerry Canning. We planned to get more Tribal program information posted including information sites for Karuk Housing, People's Center, and Enrollment, Policies and Procedures, and our Tribal Ordinances and Constitution. A page will be dedicated to the Chairman and Secretary for updates on tribal issues. Other council members are encouraged to submit updates and make use of this communication system. We would like to create a chat server for tribal members and employees to connect.

If you have any digital pictures of Tribal events, buildings, local nature, members, etc., that you would like to share, please forward copies to Gerry Canning (on CD or disc please - otherwise it will bog down the email server) and those will be added to the website.

Please let me know what you as a Karuk Tribal member would like to have available on the Karuk website. .

**Head Start: Youth is our Future**—The director of Head Start is required to have policy council meetings. We meet to go over program corrective plans and review the overall effectiveness of the program. This review is an ongoing process designed to implement continued development and success. I really enjoy this program especially when I do classroom visits.

If you would like additional information and/or have any questions, feel free to contact me at any time. If you would like to be put on my email list, send your email address to fsuper@karuk.us saying you would like to receive this information.

## CONSTITUTIONAL REVISIONS!

*Karuk Tribal Council*

The Tribal Council has been hard at work on proposed revisions to the Constitution for the past six months. Key proposed changes include greatly expanding Tribal jurisdiction to better protect our resources and reinstating District Elections, consistent with the intent of the Karuk governing body before adoption of the current BIA Constitution.

Your feedback and participation in these important changes are needed!

The Tribal Council has posted the proposed changes on the website at [www.karuk.us/constitution/](http://www.karuk.us/constitution/) and will be sending out a bulk mailing to all eligible voters in the Tribe announcing upcoming community meetings that will be held in Yreka, Happy Camp, and Orleans to discuss the proposed changes and to receive your valuable input. The meeting dates, times, and locations are as follows:

Monday, Sept. 12, 2005 from 5 to 7 PM at the Yreka Housing Authority Office  
 Monday, Sept. 19, 2005 from 5 to 7 PM in the HC Multi-Purpose Room (Old Gym)  
 Monday, Sept. 26, 2005 from 5 to 7 PM in the DNR Community Room

## Staffing Update

*Sara Spence, Human Resources Manager*

Here is the quarterly update from my office. We currently have 166 employees on staff.

Trista Parry resigned her position as Grant Writer/Resource Developer on 4/15 and Julie Carpenter and Rick Hill were hired on 6/6 to fill that department. Julie will work in the office full time and Rick will work part time to expand the level of planning and grant writing produced from that department.

Sherile Grant resigned her position as Custodian at the Yreka Clinic and Jessie Thom was transferred into that position. Jessie previously worked as the On Call Janitor in the Clinic; George Wilson was hired on 5/19 to fill that position.

Lucille Tiraterra resigned her position as Dental Receptionist in Happy Camp and transferred to the CHS Clerk I position which was vacated by Cheryl Titus who moved over to the Pharmacy full time during the month of May. Tammy Rompon was hired on 4/19 to fill the Dental Receptionist vacancy which was vacated by Lucille.

Laura Olivas was hired on 5/9 to fill the Bookkeeper vacancy in the Finance Office. She comes to us from the Pit River Tribe in Burney where she still serves as Treasurer for her Tribal Council (see below).

Donald Solus, MD was hired on 6/13 to fill the Yreka Clinic Physician vacancy. He is the husband of Michelle Stark, DDS who was recently hired at the Yreka Dental Clinic. Donald is from Yreka and very excited to be a part of the community again. A more detailed article on both providers is in this edition of the Newsletter.

Sharon Denney resigned her position as Registered Nurse at the Yreka Clinic on 5/31 and we are in the process of filling that vacancy.

The seasonal Watershed Crew was hired on 6/21 including Jason Wilder, Wayne King II, Angela Allgier, Eugene White and Angela Coleman. They will work throughout the season on road decommissioning projects in the Orleans Area. Angela was previously the Recycling Technician for the Department



*Sara Spence*

of Natural Resources and resigned that position to transfer over to the Watershed Crew. Karen Lowry was hired to fill this position on 7/11.

Jason Jackson was hired on 6/27 to work seasonally for the Fisheries Department as a Technician.

Delila Cortes was hired on 6/29 to work as Temporary Medical Assistant in the Yreka Clinic, and George Wilson was hired on 7/11 to work as a Temporary Data Entry Clerk in the Yreka Clinic. George is also the On Call Custodian for that Clinic. These two employees will fill in for Elizabeth Reidiger and Sarah Abono who are leaving us temporarily for the birth of their children – congratulations to them and their families!

Maria Miranda was hired on 7/5 to fill the Patient Eligibility Clerk vacancy at the Yreka Clinic. This is a new position created by the HRSA Grant which will focus on assisting patients in all clinics to sign up for assistance such as Medi-Cal, Healthy Families, EAPC, etc.

Several dental changes were made as a result of the HRSA Grant as well; Kayla Bridwell was transferred from her position as a Dental Receptionist in the Yreka Clinic to Dental Assistant. Tammy Rompon was transferred from her position as Dental Receptionist in the Happy Camp Clinic to Dental Assistant. Dorothy Bridenstine was transferred from her position as Medical Receptionist in the Yreka Clinic to Registered Dental Assistant (RDA). We have advertised and are in the process of filling the Dental Receptionist vacancies in both Happy Camp and Yreka at this time.

It seems as though there is always a vacancy of some sort. If you or anyone you know is interested in employment with the Tribe, additional information can be obtained on our Website at [www.karuk.us](http://www.karuk.us). Just click on Employment Opportunities for more information about employment with the Tribe. On this website you can download an employment application as well as read full position descriptions for vacancies.

## Bookkeeper Hired

*Laura Mayton, Chief Financial Officer*

The Karuk Tribe has hired Laura Olivas as a bookkeeper. She will be working in the fiscal department where she is a welcome addition to the staff.

Laura has a Bachelor of Science Degree in Business Administration from California State University, Sacramento. Prior to coming to work for the Karuk Tribe, Laura worked as a bookkeeper for the Pit River Tribe Casino. She is a member of and the treasurer for the Pit River Tribe. Her casino experience will be valuable to the Karuk Tribe if

we build a casino of our own.

Laura spent part of her youth in Happy Camp and grew up in Yreka, so she already knows many people in the area. She has a wonderful sense of humor and likes traveling, hiking, and sports. She is a fan of the Sacramento Monarchs and the Los Angeles Lakers.

We welcome Laura, and we are very happy to have her working for us.



## Newsletter Articles

If you have news, articles or events you would like placed in this newsletter, please submit your information to **Sara Spence, Newsletter Articles, P.O. Box 1016, Happy Camp, CA 96039**. Or you may email articles and/or photos to [sspence@karuk.us](mailto:sspence@karuk.us) or to Rosie Bley at [rbley@sisqtel.net](mailto:rbley@sisqtel.net).

All submissions must include your name and address. No anonymous articles will be included.

**Article deadlines:** July 15 for the summer issue, **October 15** for the fall issue, January 15 for the winter issue, and April 15 for the spring issue. These dates will be the same every year.



### Tribal Housing News



*Sami Jo Difuntorum, Executive Director*

Construction season is finally here. Work on our Yreka Elder's construction project continues to progress. We have all utility lines installed and the roads are in the process of being paved. We hope to have Elders moving into their new homes very soon.

The Direct Home Loan program at the Karuk Tribe Housing Authority (KTHA) is a huge success. KTHA currently has \$909,857.00 obligated in first time homebuyer loans to thirteen Tribal members. We have a balance of \$347,239 available in the 2005 Indian Housing Block Grant for loans to first time homebuyers.

The Karuk Tribe Housing Authority would like to thank Roy Arwood and Ellen Johnson for their service as members of the KTHA Housing Committee. Being



*Yreka Housing Project*

a member of the Housing Committee requires a lot of dedication and is often a thankless job. It seems to go unnoticed – the amount of time that Housing Committee members commit for the purpose of learning policy and Federal law, representing KTHA at regional and national meetings, and conducting housing business.

Roy and Ellen's participation and support contribute to the on-going success of the KTHA's mission of improving housing conditions for Tribal members. The Karuk Tribe Housing Authority also welcomes our two newest members, Joseph Schuler and Charlene Naef.

Ralph Starritt has designed a plaque for re-dedicating the Happy Camp Elder's garden in memory of Grace and Madeline Davis. Fred Burcell and David Arwood are building the structure and stand for the plaque that will be located in the garden. The garden was originally dedicated June 24, 1995.



*Happy Camp Elder's Garden in Memory of Madeline Davis  
Located on Jacob's Way, across from the Head Start Center*



### Many Thanks!

The **Happy Camp Community Computer Center** would like to thank **Scott Quinn, Andrew Bley, and Rick Offield** for helping to move everything (computers, printers, monitors, tables, chairs, desks, and everything on the floor) out and then back into the computer center after stripping and waxing the floors. Thanks to Andrew for helping reconnect all equipment.

**Special thanks go to Chris Kleeman** for rewiring the whole center and mounting conduit! You are awesome! Thanks also to Gerry Canning for coming over to troubleshoot reconnection issues when Kelly was indisposed.

**Very special thanks to Siskiyou Union High School District** for housing our Center. Without them, we would not exist! **Thanks to Frank Sanchez and Grant Mcelyea** for stripping and waxing the floors, and **Greg Macdonald** for his custodial services.

# 2005 Tribal Reunion: A Great Success!

*Florraine Super*

As the Tribal Reunion Coordinator, I can say this year's Tribal Reunion was a great success. It was great to see the Council, tribal members and descendants (especially those attending for the first time). Everyone seemed to enjoy the day. There was a demonstration Brush Dance, live music performance by tribal member Julian Lang and friends, vendors, tribal informational booths, horseshoe tournament, volleyball (kids and adults), jump house, raffle drawings, dinner, evening dance at the River Park, a Health Fair, and the enjoyment of the company of family and friends.

Our Tribal Reunion was uplifting, rewarding, and worthwhile to me. A sincere Yootva to all the many people who contributed their time and talents to this event.

Last year, I discovered that I needed one person in charge of our vendors and tribal booths. Sara Spence accepted this responsibility, prepared the site map for our reunion program (with the assistance of Dion Wood and Gerry Canning), and designed, ordered, and distributed the reunion T-shirts. Sara was a great help with many other details which needed attention. A special Thank You goes out to Sara.



# 2005 Tribal Reunion: A Great Success!

*Continued from page 10...*

When I needed someone to help co-coordinate the event to give myself a chance to participate in some of the activities, Carrie Davis volunteered to be that person. Carrie helped with soliciting donations to give to tribal members as gifts, reserved the jump house, contacted people to help with the horseshoe tournament, and helped cook our traditional salmon dinner. Another special Thank You

goes to Carrie Davis.

There isn't enough room in our tribal newsletter to thank everyone individually. This message is meant for you helpers:

*"Thank you for taking time out from your busy schedule to participate in the 9th Annual Karuk Tribal Reunion. As the Tribal Reunion Coordinator, I do not know what I would have done without you. You gave our Tribal Members, families, and community an enduring impression of the Karuk Tribe of California and the employees who are so dedicated. I applaud you for a job well done. I hope you will continue to put your ideas and talents to good use by participating in future Tribal Reunions. Yootva! Yootva!"*

I sent out a survey via email as well and had great compliments and concerns regarding this year's reunion. Some comments included:

*"Overall I think the Reunion was better than ever before... however, I was saddened to see how many full blooded members and even Elders that attended... Maybe move more toward a pow-wow (or Indian gathering). Women in their dresses and jewelry, men dancing, Indian games, elders... (Send the elders a fancy invitation, and provide them transportation..., pay the lodging for them; make them feel as special as they are). The Council speaking was nice, I like that everyone had something to say, and they seemed*

*Continued on page 12...*



**Above:** Councilman Roy Arwood



**Left:** Carrie Davis  
**Below:** The youngest Tribal Member at the Reunion



**Above:** Susan & Greg Gehr  
**Below:** Sean, Kevin, Jim (KCDC CFO) & Brenden Berry



**Above:** Karuk Demonstration Dancers  
**Right:** Jessie Thom & Tanya Busby



# 2005 Tribal Reunion: A Great Success!

Continued from page 11...

relaxed. You did a very good job by offering activities during the Reunion, so that people would interact with each other, and have fun, that was very clever. I don't think there was enough food.... booths, or dinner. Great Job on the event, I heard a lot of people say great things about the Reunion!"

"This year's reunion was the best one so far and I was glad to be a part of it. Thanks for all the planning, give a ways, and t-shirt. I didn't mark the location question down below because I think the health tent should have had more aisle room, it was kind of crowded. Thanks again for including our program."



Men enjoying a game of chance and skill

"Not enough food."

"Elders should have a separate dining area in the People Center parking lot. Set up a tent with tables and chairs. Have elders sit at tables and food brought to them."

Recommendation: "Have an Indian Comedian, pool tournament, and Indian Band."

Tribal Reunion photos are courtesy of Juna Ward, Florrine Super, Rosie Bley & Jennifer Goodwin

I am always looking for ways to get people to attend and participate in the Reunion. Most of the comments help us improve with better planning. Although, there may be some concerns that requiring additional expenses and make it harder to address. Please contact me with any additional ideas or concerns you may have.



Right: Honoring Tribal Elder Violet Super



Soon to be new parents, Jeanette & Scott Quinn

Hazel Davis Gendron



# Karuk Tribal Health Fair

Larry Jordan, Executive Director

The first annual Karuk Tribal Health Fair was held on June 25, 2005, in conjunction with the Karuk Tribal Reunion. The California Rural Indian Health Board and Indian Health Service provided health program promotion materials. There were booths for: blood pressure screening, blood sugar checks, Karuk Language Jeopardy, cholesterol screening, nutrition, tobacco education, dental education, diabetes prevention, and substance abuse prevention. The event was highly successful and we will do it again next year. Thank you to all of the staff that participated to make this such a great event!



*Above: CRIHB and IHS visitors: Shelley Whitebear, Lisa Avila, and Beverly Calderon.*



*Left: Flo Lopez*

*Below: Housing Loan Officer, Eddie Davenport*

*Below Right: Susanna Greeno & Claudia Ross-McLeish*

*Right: Judy Blind & Rae Ellen Fields*

*Below Right: Dr. Burns & daughter Lauren*



*Informational booths, food and fun was available throughout the Tribal Reunion*



## HRSA Meeting in Washington D.C.

*Larry Jordan, Executive Director*

I, along with Erin Hillman, Director of Administrative Programs and Compliance, and Alvis Johnson, Council Member, attended the Health Resources and Services Administration (HRSA) All Grantee meeting in Washington, D.C., June 20-24, 2005.

I attended sessions on the Federal Torts Claim Act, JCAHO Accreditation, Building a Comprehensive Health Care System in an Underserved Community, Performance Reviews, Blending Mental Health and Primary Care, and Creating a Healthy Work Environment. I have submitted an application to HRSA for Federal Torts Claim Act coverage, which will give the health staff additional liability coverage for services provided within the scope of our contract.

As part of the HRSA grant, a patient eligibility worker was hired to assist patients in applying for Medi-Cal, Medicare and Private Insurance. The patient eligibility worker began working on July 5, 2005 and will be serving patients at the Happy Camp, Orleans, and Yreka clinics.

## Smithsonian National Museum of the American Indian Archives



*Alvis Johnson, Erin Hillman and Larry Jordan stand between two Alaskan Totem Poles at the Smithsonian National Museum of the American Indian Archives in Washington, DC. Leo Carpenter, Karuk People's Center Museum Director, was able to arrange a private tour of the museum's archives where we were able to view several Karuk items that are housed there including the Jump Dance Basket that Alvis Johnson is seen holding. Also in the photo is Terry Snowball who led the tour.*

## Tribal Teenagers: We Need You!

*Submitted by: Larry Jordan, Executive Director*

Dear Tribal Teenager:

We need you. You truly are the future of our tribal nation. You are at your first crossroads between a child and adult, standing there uncertain and full of the potential for greatness. Your choices will matter a great deal to us.

Will you choose to get your education and join the tribe as a doctor taking care of us as we age? Will you become a biologist and protect our water quality? Will you become a lawyer and advance our rights? Will you learn our traditions and teach them to your children? Will you participate in our ceremonies and keep our spirituality alive? Will you be a parent who puts your children first and carries on our nation?



Or will you develop a drug habit and force us to intervene before you take your life or the life of others? Will you be a defendant in our courts for harming the tribe? Will you spend your life receiving aid and assistance, draining tribal resources? Will we have to go to your funeral and cry over the loss of a life with great potential?

Will you let us cheer you on in your achievements in the tribal community and all of society? Will you join us as an adult to help your tribe, another tribe or the larger world? We are waiting for your answer by watching your actions; and always, always remember – we need you.

[Wambdi Awanwicake WasteWin Sisseton-Wahpeton Dakota Oyate Owasso, Olka.](#)

*Extracted from Indian Country Today*

## Enrollment News

The Enrollment Staff, (Dolores Voyles) and (Dorothy Beck), would like you to know some of the services the Enrollment Office has to offer that you may not be aware of.

We process applications for membership and descendency. We make family trees, verifications of membership/descendency and ID cards. We issue California Fishing License Fee Exemption forms to low income households where the head of household makes less than \$9,310.00 a year, plus \$3,180.00 for each additional family member living with them. We issue sales tax exemption forms to members living on BIA Trust Land. Members living on BIA Trust Land can also receive DMV License fee exemption forms from us. We maintain the newsletter mailing list. The mailing list is very important and we urge you to be sure to let us know if you change your address. The Enrollment Staff also does the census and would like to thank those of you who have completed your census forms. The information we get from the census helps all Karuk departments plan for the future. Although you may not need or qualify for certain services at this time, things could change for you or your children in the future. If we have appropriate census information, we can plan how many elders may need housing, how many college age members may need educational assistance, how many members may need to go to Head Start, how many people need home improvements and much, much more.

We would also like for you to know the process of becoming a member or documented descendant. After you send your application and county issued birth certificate to us, we process the application. We meet with the Enrollment Committee to go over the applications



**Left to Right:** Jeanerette Jacups-Johnny (Committee Vice Chairman), Dolores Voyles, (Enrollment Officer), Dorothy Beck, (Enrollment Specialist), Millie Grant, (Committee Chairman), Pauline Attebery, (Committee Member).  
**Kneeling:** Leaf Hillman, (Council Vice-Chairman/Committee Member), and Charlene Naef, (Committee Secretary).

once a month. If the Committee approves the application, we take it before the Council at the regular Council meeting that takes place every month. Qualified persons are approved by resolution number at the Council meeting. Once approved for membership, the enrollment staff assigns a roll number and sends a new member packet to you. The new member packet has your new member letter with your assigned roll number, family tree, newsletter, language book, medical benefits handbook, and an ID card form. Your birth certificate is mailed back to you at this time. If you have less than 1/8 Karuk Blood Degree you become a documented descendant. You receive a Letter of Descendency, Family Tree, medical benefits handbook and ID card form. Descendants are eligible for certain medical and dental benefits.

Descendants are also eligible for the same California fishing license fee exemptions as members.

## SPECIAL ANNOUNCEMENT

The Karuk Tribal Council has adopted an amendment to the Enrollment Ordinance for relinquishment from the Tribe. As a result of the changes, the Council has authorized a special one-time open enrollment period of one year. The special open enrollment period begins August 15, 2005 and ends August 15, 2006. Please take note that this special one time open enrollment period represents an exception to the five year waiting period. At the close of this one year special enrollment period, all future Tribal Member relinquishments will be required to adhere to the five year waiting period specified in the enrollment ordinance.

***This provision applies only to those individuals who have previously relinquished their membership in the Karuk Tribe and wish to re-enroll.***

# New People's Center Director

*Leo Carpenter, Jr., People's Center Director*

Ayukii,

My name is Leo Carpenter, Jr. and I am the new Director of The People's Center. I am a Hoopa Tribal Member, but am also of Karuk and Yurok descent. My family (Sandy Bar Joe's) has been active in Karuk ceremonies from time immemorial; we are Jump Dance owners from Chimikeenich.



*Leo Carpenter, Jr.*

I hold a B.A in Native American Studies, with a minor in American Indian Education from

Humboldt State University and the Indian Teacher Education Personnel Program (ITEPP). I have also earned a Graduate Certificate in Museum Studies from one of the leading Museum Study programs in the Nation: John F. Kennedy University in Berkeley, California. As part of my formal education, I interned at the National Museum of the American Indian in New York, the Phoebe Hearst Museum in Berkeley, and the Oakland Museum of California. I also completed an internship with the California Department of Parks and Recreation, Museum Services Division which eventually led to my full time employment with the agency where I served as a Museum Planning Assistant/Community Liaison for State Parks, a position which has allowed me to work with many Tribal museums and cultural centers throughout the state.

I plan to use my working knowledge and skills in both Museum Planning and Traditional Cultural Practices to work with the newly formed Museum Advisory Committee, the Tribal Council, and the three major community centers in Orleans, Happy Camp and Yreka to develop goals and objectives to meet the needs of the Karuk people. I envision the People's Center as a focal point for education for our people, but also as an opportunity to educate a larger public. This People's Center is an opportunity for us to interpret our past, present, and future – from our perspective!

Ongoing activities include development of a mission statement and Standard Operating Procedures, event and program planning, Museum Store development, grant writing and fund solicitation, and most importantly, serving as Community Liaison



*Sales Shop*

and advocate for the People's Center. Projects planned for

the immediate future include making arrangements to set up interpretive exhibits in the Orleans and Yreka Karuk communities, and working with other Karuk Tribal entities and program supervisors to educate Tribal members about our many programs.



*People's Center Museum Displays*



*Jennifer Jones, Program Assistant, Leo Carpenter, Jr., Director, & Summer Youth Intern, Veronique Sanchez*

I helped coordinate the 2<sup>nd</sup> Annual Karuk Basketweavers Spring Gathering in April. It was a huge success and we are working on the 2<sup>nd</sup> Annual Karuk Basketweavers Fall Gathering scheduled for September 23-25, 2005. If you would like more information please call Jennifer Jones at: (800) 505-2785 Ext 2201. If you have any concerns or questions about The People's Center, please feel free to contact me at anytime at: (800) 505-2785 Ext 2202 or email me at

lcarpenter@karuk.us I look forward to serving the Karuk People and meeting many of you as soon as possible.

Yootva!

## The People's Center

*Presents:*

### The 2<sup>nd</sup> Annual Fall Basketweaver's Gathering

**Where:** Karuk Tribal Administrative Complex  
Happy Camp, California

**When:** Friday thru Sunday  
September 23-25, 2005

**Contact:** Jennifer Jones  
(800) 505-2785, ext. 2201



**The Karuk Tribe invites you and your family to share in this celebration of our proud basket making heritage.**



# Language News Updates

Susan Gehr, Language Program Director

## Language Immersion Luncheons



Charlie Thom & Susan Gehr  
Language Program office at (800) 505-2785, extension 2205 for more information.

We held our second language immersion luncheon at *kahtíshraam* (Yreka) Friday, July 15<sup>th</sup>. About fifteen people attended, including three fluent speakers: Vina Smith, Charlie Thom and Lucille Albers. We will be having at least two more this summer.

Contact the Language Program office



Pictured L to R: Lucille Albers, Corina Alexander, Kiko Gomez, Alex Navarro and Roman Navarro.



Julian Lang, Lyn Risling, Laura Harlan, Joel Croy, Brianna & Rose Conrad.

*Chi nukyáamiichvi* Jeopardy! Thanks to David Eisenberg, the Language Program hosted two very rousing rounds of Jeopardy at our booth. The competition was fierce but friendly, and a good time was had by all.

Julian & Lyn Risling came to the reunion to sing for the people. Julian sang

some contemporary songs, and then he and Lyn sang songs that they had recorded for the new CD *ithíythaneen'aachip vapákuri: Songs From the Center of the World*.

Afterwards, Julian said that it was so nice to see all the people gathered at the reunion. He enjoyed being able to attend the reunion for the first time, and that he hoped he would attend many more in the future.

## Meet Our New Grant Writers/Resource Developers

Rick Hill and Julie Burcell-Carpenter joined the Karuk Tribe's staff on June 6, 2005. In addition to expanding the grant writing program, Rick and Julie will work together to assist the Tribe with upcoming strategic planning efforts. Both have grant writing experience, as well as extensive knowledge of federal legal frameworks. Their past experiences in federal planning should prove to be particularly helpful.

Rick, his wife and two children moved to the area in 1978 when he began working for Naturegraph Publishers. He recently retired from twenty years of service with the Klamath National Forest where he served as a cultural resource specialist, working exclusively with the Karuk Tribe in a liaison capacity. He will now be assisting the Tribe with their grant writing and planning needs two days a week. Rick is especially interested in using his expertise to assist the Tribe in addressing sustainable rural economic development needs; he has a background in commercial art marketing and fine arts.



Julie Burcell-Carpenter & Rick Hill

Julie is a Tribal member, and was raised in Happy Camp. She left Siskiyou County in 1993 to seek employment and meet her educational goals. She has worked in the federal resource management field for fifteen years, serving as an archaeologist for the Bureau of Land Management, Ukiah Field Office for the last eight years. She received her B.A. in Anthropology in 1997, and will soon complete her last unit toward completion of an M.A. in Cultural Resource Management (CRM). Julie and her husband (Leo Carpenter, Jr., the new People's Center Director) recently moved back to the area to be closer to their families and culture. Julie's primary interests include promoting stronger relationships with land management agencies to ensure active Tribal involvement in stewardship of ancestral territory and preservation and protection of traditional cultural properties.

Both Rick and Julie are looking forward to the challenging nature of the program, and are particularly excited to be able to apply their planning knowledge and experience to assist the Tribe with informed future growth.

Should you have any questions regarding the grants/resource development program, please don't hesitate to contact Rick Hill or Julie Burcell-Carpenter at (530) 493-1600, ext. 2021.

# Questing for Success

*Dion Wood, TERO Director*

Many of us within the tribe find ourselves at turning points in our lives or at a place of new opportunities. Change can sometimes be rude, but it always leaves opportunity in its wake. If you are at such a place in your life, consider undertaking a good old fashioned vision quest to find your path or to gain the confidence you need to carry you through the threshold of opportunity! Vision questing is a traditional way to become centered enough to allow the Great Spirit to commune with you. It is a way to get in touch with your Highest Power to receive personal guidance and revelation as well as receive personal visions that can sustain you throughout your life. There is no real specific way to perform a personal vision quest, but there are some traditional things you can do to help you. There are traditional places to go as well. Ask someone you know about it. Sometimes during a vision quest, an animal will reveal itself to be a guide for you to learn from and as continual confirmation as you travel your path in life.

## How does this relate to TERO?

The TERO department can assist you to gain the training you need once you have decided what career path you want to take or once you have decided the path you want to take to better your life skills or to gain certification in order to take one step higher in your career. The TERO Commission's goal is to support self-sufficiency for our membership. Your visions and dreams can come true! If you have questions about TERO please contact Dion Wood at extension 2030.



*Oneida Champion James Fish defeated by Jefferson Brink, Karuk Champion*

## Karuk Marine Wrestling Champion Defeats Oneida

Ayukii, Jefferson Brink here. I was just writing a letter to whomever might be interested.

I wrestle for the All Marine Corps Wrestling team in Quantico VA. On June 29<sup>th</sup> through July 2<sup>nd</sup> 2005, I competed in the First Annual National Native American Wrestling Tournament. After three matches I defeated James Fish from the Onieda tribe in Wisconsin.

During my time there I held a clinic for novice, cadet, and junior wrestlers and met many people from different tribes around the United States. The experience was outstanding and I was proud to be representing the United States Marine Corps, and more importantly the Karuk people.

If you would like to contact me, you can either call my home phone at 540-786-7718, my cell phone at 540-207-8368, or my work number at 703-784-2036. You could also email me at [jeffbrink554@hotmail.com](mailto:jeffbrink554@hotmail.com).

Yôotva

## Probate

*Carrie Davis, Self Governance/Land Office*

Probate is a complicated area of law that takes place after a person dies. There are two kinds of probate proceedings for Indian people. These are State Court and Bureau of Indian Affairs (BIA).

When it comes to "Trust Assets" (Trust Allotments, Restricted Property, Individual Indian Money (IIM) accounts) the BIA will do the probate. Everything else is handled by the State. However, if a person has "Trust Assets" and "Fee-Land" (Taxable Land) the probate will need to be handled by both BIA and State.

State Probate can take on the average one year for completion. It may take longer if there are a lot of assets or the assets are complex.

BIA Probate takes longer and can range from one to four years. With each passing year this process is taking longer due to Fractionalizations of Property.

The problem of fractionated (divided) interests in Indian Trust Land is the most important problem to date. Individual Indians who hold an interest in Trust Land could leave their interest in Trust to their descendants or other Indians. If a Will is made that leaves the interest to only one person, the entire interest would stay intact. However, most Indians did not make wills and to this day they still do not. As a result

the land just keeps on being divided until it is no longer usable because nobody knows who has a say on the land. In order to make decisions on the land, it takes over 51% ownership. However when building or doing large projects on the property, you may or may not need BIA approval. In other Tribes there have been as many as 505 landowners to a 40-acre parcel.

This makes it hard to complete a Probate because there could be as many as 1-10 probates happening at the same time on the same piece of property. As months go by more people may pass away and the land issue never gets a chance to be settled. During this time the land in many cases may not be used without BIA approval.

The Government is working on ideas to get rid of the fractionalized interest and in doing this it may cause the "Trust Land" to go back to "Fee Land" and slowly the individual Indian people will not have "Trust Land" (allotments). We do not want this to happen.

To prevent this from happening to our people we ask individuals who have interest in trust land to make a will and leave the land to one or two people. If the land is already divided into fractions the land may also be given or sold to the Tribe. This allows the land to stay in Trust. The land may also be sold to the other landowners upon BIA approval.

## Karuk Community Healing Vegetable Garden

*Joe Snapp, Substance Abuse Counselor*

The KARUK TRIBE Substance Abuse Program is sponsoring a community healing vegetable garden that is located on the tribal ranch in Happy Camp.

Recovering community members who are in the SWEEP program or who have community service hours to fulfill are welcome to participate.

Perhaps an elder or two would like to participate by watering or as much as they feel they can contribute.



*Community Healing Vegetable Garden  
on Ishkêesh Ranch*



*Community Healing Vegetable Garden and the  
Klamath River in background on Ishkêesh Ranch*

A market exists for carrots, strawberries and apples. We intend to grow the carrots and strawberries, but will be asking for donations of apples in the fall to complete the order.

Whatever is grown besides that can be sold in farmers markets and will be given to the elders and the needy. There are 23-200 ft. rows available to plant. The carrots and strawberries will only take four or five rows, so there is plenty of room for other vegetables.

Contact Joe Snapp at 842- 9200 ext. 132

# Congratulations Graduates!



*Proud Father Lariel Super and daughter Terra Super*



*Peter Super Sr, Ronda Croy, and Nancy Super*



*L-R: Happy Camp High Class Valedictorian Jaclyn Goodwin, Robert R. Goodwin, Elsa Goodwin, and Council Member Robert A. Goodwin*



*L-R Patty Super, Pamela Lawe, Neiamiah Jerry, and Nellie Laffoon.*

***You Honor Your  
Tribe, Your  
Families &  
Yourselves***



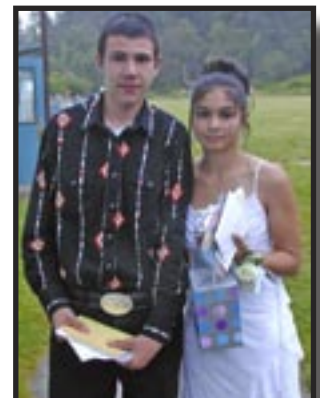
*L-R Ricky Gregory, Jeana Thom, Victoria Conrad, & Rita Thom*

*Joe "Blackhawk" Harrison & Savannah Britton*

## **Blackhawk Graduates from Happy Camp Elementary School**

Blackhawk is 14, and is the fourth son of parents Hawkeye & Dorcas Harrison. Blackhawk is a Karuk Tribal member and has lived in Happy Camp all his life. He began his school years at Karuk Headstart, attended eight years at Happy Camp Elementary School and plans to attend Happy Camp High School and be the fourth in his family to graduate from here. Blackhawk has several brothers & sisters in the area that are beside him to help him become successful.

Savannah Britton, daughter of Tim Britton, is an honor student and has lived in Happy Camp for six years.



# *The Karuk Tribe is proud of you all and we wish you the best to come!*



*Tate Family left to right; Sharon, Carena, Edward, and Shurina.*

## **Tribal Member Carena Tate Graduates from Chico State!**

*Submitted by: Edward and Sharon Tate*

We would like to congratulate our daughter, Carena Tate. We would like to thank the Karuk Tribe for their assistance with tuition and housing. We are very proud of Carena Tate's accomplishments. Her strong persistence, hard work, and determination put her at the top of her class in the Engineering Department at Chico State University. She received a Bachelor of Science Degree in Civil Engineering with options in Structural Engineering.

### **Accomplishments Carena achieved while attending Chico State include:**

- ◆ President of the National Society of Black Engineering (2004-2005)
- ◆ President of American Indian Science and Engineering Society
- ◆ National Science Foundation Award (2002-2004)
- ◆ Mentor for (MESA) Math, Engineering, and Science Achievement Scholarship Award (2002-2004)
- ◆ Assistant Engineer Intern, Duke Nuclear Plant (Summer 2004)

Chico State University presented Carena with a plaque for "Most Outstanding Female 2005." They said she made a lasting impression and was one of their hardest working students; working in the lab or library every morning at 5 AM. They said "she took the CSU Engineering Department to a new level not only for blacks and Indians, but for all students."

Upon graduation from Chico State, Duke Nuclear Power Plant employed Carena in North Carolina as a Civil Engineer with a two-year scholarship to Graduate School. Her family supports her on her new professional endeavor. We would also like to thank all of our friends and family for their support.

Special thanks go to her sister, Shurina Tate, for her strength and encouragement.



## **Education Department News**

*Jennifer Goodwin, Education Coordinator*

The Education Department and the Education Committee is proud to announce a new scholarship open to all Tribal members who Graduated High School in 2005.

For more information call Jennifer Goodwin, Education Coordinator at, 1-800-50-KARUK or (530) 493-1600 extension 2034.

The deadline for this scholarship is September 1st 2005, so please call soon.

**Congratulations!!**

All of you who stuck with it and made it to GRADUATION!

**AWESOME!**

**AWESOME!**

**AWESOME!**

Please notify the Education office if you or someone you know graduated. We'd like to have the graduate's name, picture (e-mail to [jgoodwin@karuk.us](mailto:jgoodwin@karuk.us)), the school they attended and any special accomplishments or certificates so we can honor them in the next newsletter. We also have a little something we'd like to give them from the Education Department.

## Karuk Twins Chosen as SOU Commencement Speakers

Article by Sarah Supahan

Elaina and Nisha Supahan, Hoopa High School graduates (Class of 2000), have just recently graduated from Southern Oregon University in Ashland, Oregon on June 11, 2005.

Elaina received a Bachelor of Science Degree in Geography with a certificate in Native American Studies and minors in Applied Multimedia and Land Use Planning. Elaina has also been on the Dean's list four terms and has received the AAUW award of Outstanding Woman in the Geography Department. Elaina plans to use her degree working in Geographic Information Systems (GIS).

Nisha received a Bachelor of Science Degree in Photojournalism with a certificate in Native American Studies and minors in Applied Multimedia and Photography. Nisha has been on the Dean's list eight terms, on the President's list three terms, and graduated Magna Cum Laude. Nisha will have one of her photographs displayed in the Wheelwright Museum of the American Indian in Santa Fe, New Mexico this coming fall. She plans to continue work in photography as a profession.

Nisha and Elaina were chosen together as the 2005 SOU student commencement speaker and their speech was given in both Karuk, their Native language, and in English. Their speech, written by Elaina, is included here.

**iii, yéef yâamach páy pamáh'ítnihach hámi.**

Good Morning (Ooh, it's such a beautiful morning, isn't it?)

**yôotva ôok patajuuvhíhuk.**

Thank you all for coming.

**nuu vúra tanu'aachíhha panuchúuphinaati koovúra.**

We are honored to be speaking on behalf of this years graduating class.

**koovúra yíththa kúuk nu'áarahiti.**

Every graduate has his or her own unique story and background.

**nuu vúra káruk va'áaras.**

We are Karuk Indians from the middle course of the Klamath River.

**paxuntáppan kumá'ii pananu'áaras kun'áarahiti.**

Our people survived for many generations by the incredible cycle of the acorn.

**hittíhaan xúun kich nu'áamti, uum vúra pananu'avahéeshiip.**

The tan oak acorn was our main source of sustenance.



Elaina & Nisha Supahan

**xuntáppan mûuk xúun takuníkyav.**

And was used for soups (With acorns they make acorn soup.)

**káru vúra vaamûuk sára takuníkyav.**

Bread (And with them they also make bread.)

**káru vúra píish takuníkyav káru.**

And even a form of treat (And they make píish too.)

**kúnish pakachakkâach u'úhthaamvuti paxuntáppan, vaa vúra panu'ákkah kaáru pananúttaat takin'úhthaamvuti paxuntáppan.**

Just as the acorn, seeds are planted by the blue jay, each of us are planted here at SOU by parents and loved ones and tended by teachers and mentors.

**nuu vúra nîinamich kúnish paxunyéep'anamahach.**

like the tan oak, we start out small, a simple seed.

**nuu vúra chíimich panu'aapúnmuti péemyaati.**

Our knowledge and education is young.

**kári xás tupathrih. kári xás patoomcháxxaha.**

Just as the rain falls and the sun shines on the acorn,

**hâarih vúra ikyáakaam káru hâarih vúra yâamahukach.**

all of us have had our hard times and our good times throughout the years.

**xás táay tanu'aapúnmutiheesh, xás nu'íf.**

These give us memories and experiences to grow from.

**kári xás pa'éepuum tu'if. uum vúra pa'ipaha'affíviich. vaa vúra uum kúnish pananúmyaah my'éepuum.**

Our education has grown like the roots of the acorn grows. The acorn's roots are the foundation for the life of the tree. Our knowledge is the foundation for our lives.

pa'ipahá'anamahach tu'if.

Over time the young tree develops,

vúr uum ikpíhan, kári xás tukáririha páttaay u'íifti.

becomes strong, and prepares for the next stages of life.

nu'áapunma akkâay nuu uum, káru vúra paffâat nu'innêesh.

In the same way, we learn who we are and who we can become.

payêem nuu vúra kúnish pa'ipahákkaaam nu'árihish. kári xás kôokaninay vúra nuváypiithva.

As graduating students we become the full grown tree, ready to spread our knowledge like acorns on the land.

nuu vúra koovúra chí nu'ittapeesh koovúra nu'áarahiti.

Today we all need to understand our potential in the world.

koovúra sáamna paffâat kukupavêenahiti.

We should keep our past and mold our future around what we have learned in this community. Whatever you choose to accomplish, don't forget who you are and where you came from. (Bring your own story, your own background to what ever you choose to accomplish.)

paffâat ku'aapúnmuti u'iffêesh kúnish paxuntáppan.

And remember that your knowledge, your acorns may grow to feed a single person or an entire community.

yôotva

Thank you/ Hurrah!

mattéek xarah kúmyahtiheesh koovúra.

May you all live a long time.

mattéek ishkiit kummáheesh.

And may you find good luck.

Elaina is left and Nisha is on the right reviewing her speech. Violet Super said "this is the best graduation I have ever been to", and she nearly cried when she heard her great-great nieces' speech.



## Karuk Twins Finish With Language and Culture

*Philip Albers Jr.*

These girls are an excellent example of our young Tribal members utilizing the programs and departments our Tribe has to offer. As each of them are directly involved and active with the Language Program, Elaina and I, Philip Albers Jr., are raising a family and we only speak Karuk to our first son and are expecting to continue with our new baby due at the end of January 2006. Nisha is expecting a child and planning to speak Karuk and Okanogan. Each received the Student Rent Voucher and the Higher Education Grant from the Education Department. Both participate and are active with Tribal Ceremonies and Tribal events/activities, and our Tribal Communities.

Less than 30% of the US population receive a BS or BA, and even less than that receive such high honors as these two have. Their accomplishments were hard earned. I personally witnessed the effort and dedication put forth to achieve such a high level of success, and I am very proud and grateful to be a part of their lives.

## Samuel Davis... A Son to be Proud of!

School is very important in the development of a child. In order to achieve success, it takes parents, grandparents, teachers, and the child. Samuel completed his kindergarten year without missing one day of school. There were times when we had to go out of town and wanted to take him with us but he would not go if he would have to miss school. This is where the grandparents came in, his out of town grandparents would come and stay at our house to make sure he got to school or his local grandparents would keep him at their home. We would like to thank the teachers who have given our son his love of learning: Karuk Head Start- Linda Davis, Nena Creasy, Jennifer Goodwin, Leona Peters (he loves her cooking), Denise West, Virginia Moehring, Jodi Henderson and all the rest of the staff. Then there is Happy Camp Elementary School-Mrs. Horvath, Mrs. Driskel, Mrs. Holms and all the rest of the staff.

We would like to thank Samuel Davis for making our job easier. He is very eager to learn to read and is willing to do what it takes. When asked why he wanted to learn to read he said "so I can read the directions to my video games".

We are very proud of you!

Your Parents - *Davey and Carrie Davis*



*Samuel Davis*

# Yupsitanach (Baby) Page



## Madison Michaela Kane

**Parents:** Robert Kane Sr. and Ella Coleman of Hoopa, Ca.

**Paternal Grandparents:** Millie Grant of Hoopa, Ca. and Henry Kane of Sebastopol, Ca.

**Maternal Grandparents:** Eugene and Billie Coleman of Orleans, Ca.

**Siblings:** *Four brothers;* Bobby Jr., Curtis, Clinton, and Cole. *Two sisters;* Mariah and Jurnie.

**Details:** Born on May 6, 2005

## Welcome to the family Taylor Rose Odbert

From Your Aunt Florraine



**Proud Parents:** Shasta Super and Brian Odbert

**Brother:** Caden Colby

**Details:** Born April 18, 2005 at 3:50 pm  
8 lbs, 15 oz. - 20" long

## Trinity Lynn Holden

**Parents:** James Douglas & Jenny Lynne Holden of Redding, Ca.

**Paternal Grandparents:** Jim and Bonnie Holden of Redding, Ca.

**Maternal Grandparents:** Skip and Linda Davis of Happy Camp, Ca.

**Details:** Born on March 14, 2005 at 7:57 AM

7 lbs, 0.6 oz,  
19 1/2" long.

*The baby basket was Jenny's when she was a baby, made by Madeline Davis. The baby rattle was made by Verna Reece.*



## Happy Belated Birthday... TyRee Jade Bentley

Turned 1 on April 7

*Love, Auntie Florraine*



**Parents:** Elizabeth Super and Spencer Bentley

**Maternal Grandparents:** Donald and Susan Super of Yreka CA



# Karuk Tribal Head Start

Now accepting enrollment applications for Head Start Preschool Enrollment

Do you have a 3 or 4 year old child?

Apply now for Early Childhood Development Program

**Over Income, Native and Non-Native Children Accepted!**  
**Apply now for an Early Childhood Development Program**



## Our programs offer:

- Education
- Bus Transportation
- Nutritious Meals
- Health Screenings
- Dental Screenings
- Developmental Screenings
- Native Language and Culture
- Safe Learning Environment
- Qualified and Caring Staff
- Appropriate Early Childhood Practices
- Family Partnerships
- Safety & Hygiene Practices

**Yreka Center AM & PM Classes**  
 1306 Yellowhammer  
 Yreka, CA 96097  
 (530) 842-9225

**Happy Camp Head Start Center**  
 632 Jacobs Way  
 Happy Camp, CA 96039  
 (530) 493-2919



## Applications are Available at Either Head Start Center

For more information, call 1-800-505-2785,  
 press 0 and ask to be transferred to the  
 Head Start Administration Office, or call the  
 Administration Office at (530) 493-2226

### Karuk Head Start 2004/05 Service Report

<b>Number of:</b>				
Children served	60			
Children served for a 2nd year	22			
Children who had a CHDP	54			
Children who had	Anemia 2	Asthma 3	Vision Problems 1	Overweight 2
Children with up to date immunizations	53			
Children who had dental screenings	59			
Children who received preventative dental care	38			
Children diagnosed as needing dental treatment	19			
Children who received recommended treatment	14			
Children who received a Behavioral Health Screening	53			
Children identified with a disability	5			
Disabilities identified	Speech/Language 4		Developmental Delay 1	
Children who transitioned to Kindergarten	36			
Children who received a Developmental Screening	56			
Families served	60			
Family composition	Two Parents 33		Single Parents 27	
Parents who work	46			
Parents who are unemployed/retired/disabled	14			
Parents in job training or school	4			
Identified childcare needs	16			
Families receiving TANF benefits	26			
Families receiving SSI benefits	3			
Families receiving WIC benefits	34			
Fathers who participated in organized activities	27			
Homeless families served by Head Start	1			
Staff members	15			
Staff members who are previous Head Start parents	6			
Volunteers	130			
Race of children served	Native 41	Asian 1	African American 2	White 21
Primary Language Spoken	English			
Parent's Education Level	Less than high school diploma 7	High School Graduate 48		
	Some college/vocational school/associates degree 1			

**Head Start!**  
**Works!**



## Lessie Aubrey Celebrates 25 Continuous Years with the Karuk Tribal Health Program

Lessie Aubrey will celebrate her 25th year with the Karuk Tribal Health Program on September 1, 2005. She transferred to the Karuk Tribal Health Program from the Shasta, Trinity, Siskiyou Rural Indian Health Project when the Karuk Tribe began Health Program operations on September 1, 1980.

Lessie Aubrey is a Karuk Tribal member, roll number 15, the daughter of Frank and Barbara (Smith) Evans. She is married to Lester Aubrey and is the mother of Carrie Aubrey Davis, and Keith Aubrey. She has two step sons; Troy and Barry Hockaday, and is the grandmother of 12 wonderful grandchildren.

Lessie graduated from Happy Camp High School in 1965 and Modesto Junior College in 1969, where she earned her Vocational Nursing Degree. She returned to Yreka where she was employed at Siskiyou General Hospital. After her marriage, she returned to Happy Camp and enjoyed being a wife and mother for the next several years. Then in 1975, she became employed by the Happy Camp Karuk Council as a Community Developer.



*Lessie entering CHR data on one of the first computers to enter the organization in 1985*

During this period she began compiling the first Karuk roll, and assisted her coworkers in establishing a land base to gain Federal Recognition. In 1977, Lessie went to work for Shannon Thornton, MD, as an office nurse in Happy Camp. However, her interest and dedication to Tribal development continued to be active. In 1978, she was hired by Shasta, Trinity, Siskiyou Rural Indian Health Project to provide Community Health Representative (CHR) services along the Klamath and Salmon Rivers. Then in 1981, the Karuk Tribe hired her to develop the CHR program employing her as their CHR Coordinator.

Lessie would like to acknowledge the CHR's that worked under her to show her appreciation for all their efforts. They were Cynthia Werder Facey, Mildred Donahue, Karol Purcell, Mavis McCovey, Linda Crawford, Viola Silva, Linda Reynolds, David Arwood, Robert Attebery, Frank Wilson, April Attebury Martinez, Melodee Conrad, and Hazel Ward. She says she enjoyed them all, had many good times, and great laughs with them. Each one had their own individual character that she enjoyed.

While Lessie was still employed in the CHR Program, she took on the role as the AIDS

Coordinator where she was to implement policy and procedures, education, and preventative services, to control the AIDS epidemic that was spreading throughout the country. In order to expand on these services she wrote her first grant and was granted \$50,000.00 for AIDS/HIV Prevention and Education. Several small IHS grants followed throughout the years. Her efforts in HIV/AIDS led her to receive two awards. She received the "IHS Area Director's Award for Outstanding Employee", and the "Indian Health Service Health Promotion and Disease Prevention Award".



*Lessie pictured with T.J. Hardwood, California Area Director of Indian Health Services. He is presenting her with the Outstanding Employee Award in 1992*

survey. The Tribe was granted a three year grant, which was funded at over \$300,000.00. The Tribe offered her the job as CQI Coordinator, to coordinate preparation for JCAHO survey. It took three and a half years to prepare for survey and she much appreciated the talented secretarial skills of James Morton during that period. The KTHP received its first JCAHO Accreditation in 1997, and has been accredited twice more. Presently, she is preparing for their 2006 survey. Lessie would like to thank Colleen Goodwin, Lynn Parton and Barbara Snider for their assistance to her in the Quality Management Program, after Jim left.



*Flo Lopez and Lessie providing blood pressure screening, glucose testing and first aid at the Bigfoot Jamboree in 1982*



*Open House for Orleans Medical Clinic in 1983 or 1984. L-R, Viola Silva, Pat Ainsworth and Lessie*



*Lessie with Everett C. Rhodes, Executive Director of Indian Health Services, in Washington DC at the IHS Education Conference. 1992*

# We Walked Across America!

*Alissa Johnson RN, Orleans Medical Clinic*

We made it!!! Orleans and Soges Bar walked from Orleans to Washington D.C. in just three short months. About 130 people participated over half of them were students from Orleans and Junction Elementary. The community response has been outstanding. The top three participants were: 1st place - Wayne King (306 miles), 2nd place - Harold (Little Man) Tripp (246.5 miles), and 3rd place - Isha Cename (220 miles). The grand total cumulative miles walked are 3175. The next walk is going to be across Australia starting on July 18<sup>th</sup> and will be about 2500 miles. Ask your local Karuk Tribal Clinic about joining.

We are celebrating by having a community potluck and giving awards to all participants as well as sending a letter to President Bush. The following is the tentative letter to the President of the United States. It is written by Dr. Michael Willett and edited by Karuk Tribal Member Bill Tripp:

**Dear President Bush,**

The Karuk Tribe is the second largest Native American Tribe in California. The Karuk People have recently experienced a dramatic shift from a native diet of primarily deer, elk, salmon, sturgeon, lamprey, fruit, bulbs, grains, and acorns to a high-fat, processed, high calorie diet. As a consequence, we have acquired the fruits of such a diet - obesity, hypertension, heart disease and diabetes. Unfortunately, we suffer from these ailments at a rate considerably higher than our non-native neighbors.

The Karuk Tribal Health Department recently initiated a symbolic "Walk Across America" as a means of increasing regular physical activity in the lives of our members. We were the first tribe in California to join "Just Move It", a national organization dedicated to promoting exercise as a preventative health measure. We have now completed our journey and walked the distance from the Klamath River Valley, our ancestral home, to Washington, D. C. in order to bring this message to you.

Exercise is a natural part of native food collection and we would like restored access to a more traditional, healthier diet with the labor inherent in its production. Regulatory agencies have influenced this access not only from lack of recognition of our aboriginal rights, but from improper management actions that adversely impact the quality and quantity of these foods.

We therefore urge you to develop and support water and natural resource policies that would result in the restoration and enhancement of species diversity and the reproductive habitats of our native food sources. **We WALKED ACROSS AMERICA!**



For Lessie's achievement with JCAHO Accreditation, the Karuk Tribe of California presented her with the 1997 "Employee of the Year Award".



*Colleen Goodwin, Lessie and Trista Parry, entered in the Employee Halloween Costume Contest in 2001*

Throughout the years Lessie has also worked in the clinics as a Nurse wherever she was needed. In 1994, Lessie received her Associate of Arts degree at College of the Siskiyous. She returned to school in 2001 to upgrade her LVN to a RN degree and continued in this effort until surgery was needed in November 2004.

Additions to her present position as the Director of Quality Management, have been Corporate Compliance, and compliance to the Health Insurance Portability and Accountability Act (HIPAA) Privacy and Security.

Lessie commented, "I've always been interested in health care, but being able to deliver it to my people has been the source of my gratification".



*Lessie presented with roses. Pictured with Colleen Goodwin in 2000*

## New Husband & Wife, Doctor & Dentist Team Joins Yreka Clinic



*Don Solus, M. D.*

Ayukii

*Don Solus, M.D.*

I was asked by Mr. Jordan to compose a letter of introduction for my wife and myself and I instantly thought of “ayukii”– the friendly greeting I had heard so many times when we called to work out the details of our employment here with the Karuk Tribal Health Program.

My name is Don Solus and I am the new physician at the Yreka Clinic. My wife is Michelle Stark and she is the new dentist at the Yreka Clinic. I am originally from Yreka; my family has been here since the 1850s. I completed all of my schooling here including graduation from Yreka High School in 1980. My wife was raised in an Air Force family and she spent time in the Philippines and central California, but most of her youth was in Central Valley, California, where she graduated from high school. We both worked a few years before going off to college; we eventually met at Butte College. I transferred to UC Davis and my wife to Chico State. We later married and both moved to Los Angeles where Dr. Stark attended UCLA School of Dentistry and I was across town at USC Medical School. Dr. Stark completed advanced training in dentistry after graduation and taught at the dental school for one year. I went on to internship at UC Davis and then residency training at Mercy Hospital in Redding.

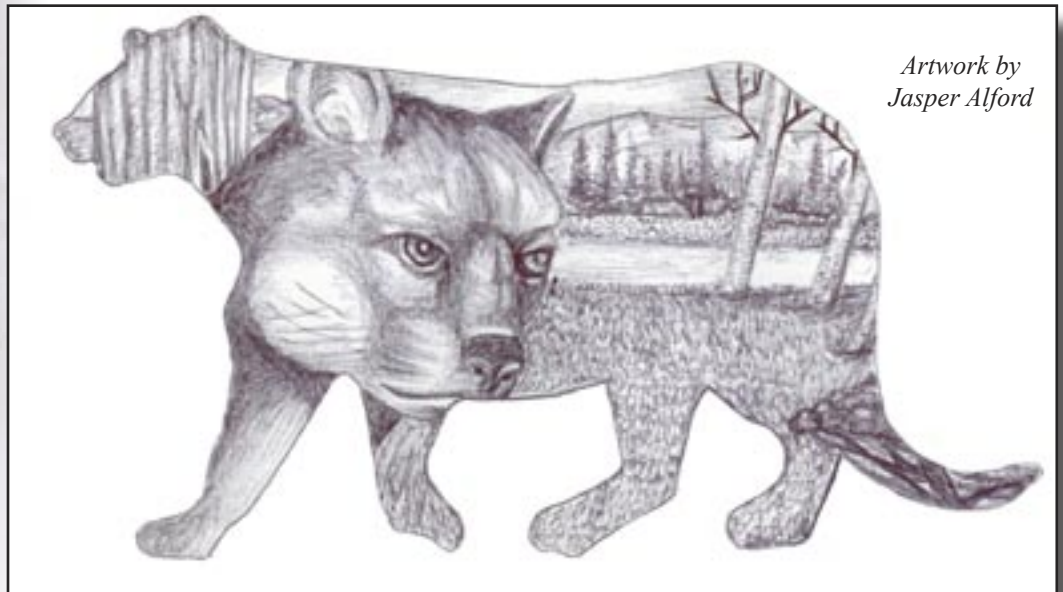
After completing her formal education, Dr. Stark joined a long time friend in a private dental practice in Central Valley, California. I worked for the Valley ER group, and at various urgent care clinics in Redding. We bought a house near Montague and lived here and worked in Redding. We had our first child, a son, Isaiah, and life changed a bit. We had our second child, a daughter, Isabella, and life changed a bit more. My wife joined Redding Rancheria as their dental director and I joined an urgent care group in Redding (Hilltop Medical Clinic). For family reasons we moved back to the Redding area. We always longed to return to Yreka full time. After the passing of my mother in law we decided to make the move back, and here we are.

Our children are now 5 and 3 years old, we have a dog Ruby and a cat Reba. We are very much outdoor people and enjoy all types of exercise and physical activity. Family members say I am addicted to exercise. I am currently swimming, cycling, running, and training for some future triathlon, bike race or running race. I love to fish, hunt, ski, boat, tube or kayak down the river, or just be outdoors enjoying nature. Dr. Stark is currently cycling and running, and similarly enjoys the outdoors. She strives to balance her roles as mother, wife and dentist with grace and poise. We are both dedicated to our children; we are Catholic and enjoy our extended Portuguese family throughout Siskiyou County.

I started with the definition of ayukii because I genuinely intended this as a warm hello from us to you. Additionally when I first researched the meaning of this word I felt it fit well with our own nostalgic feelings of this place we now call home. We are very glad to be back, and look forward to meeting you all soon.



*Isaiah, Isabella & Michelle*



*Artwork by  
Jasper Alford*

## The Nurses Corner

David Eisenberg, PHN

### West Nile Virus - It's Not Somewhere Else Anymore

David Eisenberg, PHN

West Nile virus is in California. There are some real health risks connected with this infectious disease that is spread by mosquitoes. By knowing more about this disease, we can protect ourselves. If someone is infected with the West Nile virus, most, (80%) will have no symptoms, some will feel sick (20%) and less than 1 out of 150 can have a serious health problem from the infection.

The West Nile Virus is found in 139 species of birds. Mosquitoes pass the virus from bird to bird. Occasionally a mammal (horses or people) become infected. There is no proof that this disease can be spread by handling dead or dying birds.

People can get sick if they are bitten by an infected mosquito. It is not spread by kissing or touching. Most cases occur in the summer or fall months. Symptoms, if they occur, happen 3 - 14 days after being bitten by an infected mosquito.

West Nile is mainly a disease of birds, and infection of people and horses is incidental. Most infected horses recover. There is a vaccine against West Nile Virus for horses but not for people. There is no specific treatment for West Nile Virus infection.

#### Symptoms

Serious symptoms happen in about 1 out of 150 infections. This includes severe headache, neck stiffness, numbness or paralysis. In severe cases the person may need to be hospitalized.

Milder symptoms (about 20% of cases) can have flu like symptoms: fever, nausea, vomiting or rash. These symptoms will get better on their own.

The great majority who are infected (4 out of 5) have no symptoms at all.

#### Prevention

Use insect repellent containing DEET. These products, used as directed, are safe for adults and children. DEET can be used on children as young as two months in low concentrations ( less than 10% ) Children should have repellent applied by adults.

Repellents with higher concentration of DEET are not more effective, but they last longer. ( High 30% last about 5 hours and low 5% last 1-2 hours. ) Other repellents are available but do not last as long as DEET containing products.

When outdoors, use a mosquito repellent containing DEET— especially at dusk. Wear long sleeves and pants and use repellent on the clothing. Reduce breeding sites by removing standing water.



## Low Income Assistance Programs (LIAP)

Lisa Aubrey at 1.800.505.2785 or 530.493.1600 Ext. 2025



### Low Income Heating Energy Assistance Program (LIHEAP):

This program provides energy assistance to eligible tribal members. This program provides eligible households with electricity, propane, wood and minimal weatherization. The applicant must reside in the service area. For those of you that live outside of the service area try

[www.acf.hhs.gov/programs/liheap/tribal.htm](http://www.acf.hhs.gov/programs/liheap/tribal.htm) or  
[www.acf.hhs.gov/programs/liheap/states.htm](http://www.acf.hhs.gov/programs/liheap/states.htm)

### Housing Improvement Program (H.I.P.):

This program provides grant assistance funding to repair or the replacement of your home. This program is only funded once a year. The deadline for HIP applications is August of every year. To qualify you need to:

1. Be a member of a federal recognized American Indian tribe or Alaska Native village
2. Be income eligible
3. Reside in the service area
4. Send a disability/handicapped statement
5. Proof of Ownership or Lease
6. No prior HIP assistance



### Live outside the Tribal Service area?

Call The National Energy Assistance Referral (NEAR)

**1-866-674-6327**

Monday through Friday, 6 a.m. to 6 p.m.

### ATTENTION!!!!

The CARE program offered by PP&L and PG&E gives a discount on your utility bill. I encourage all to apply. If you need an application please call me at 800-505-2785 and request the CARE application be sent to you.



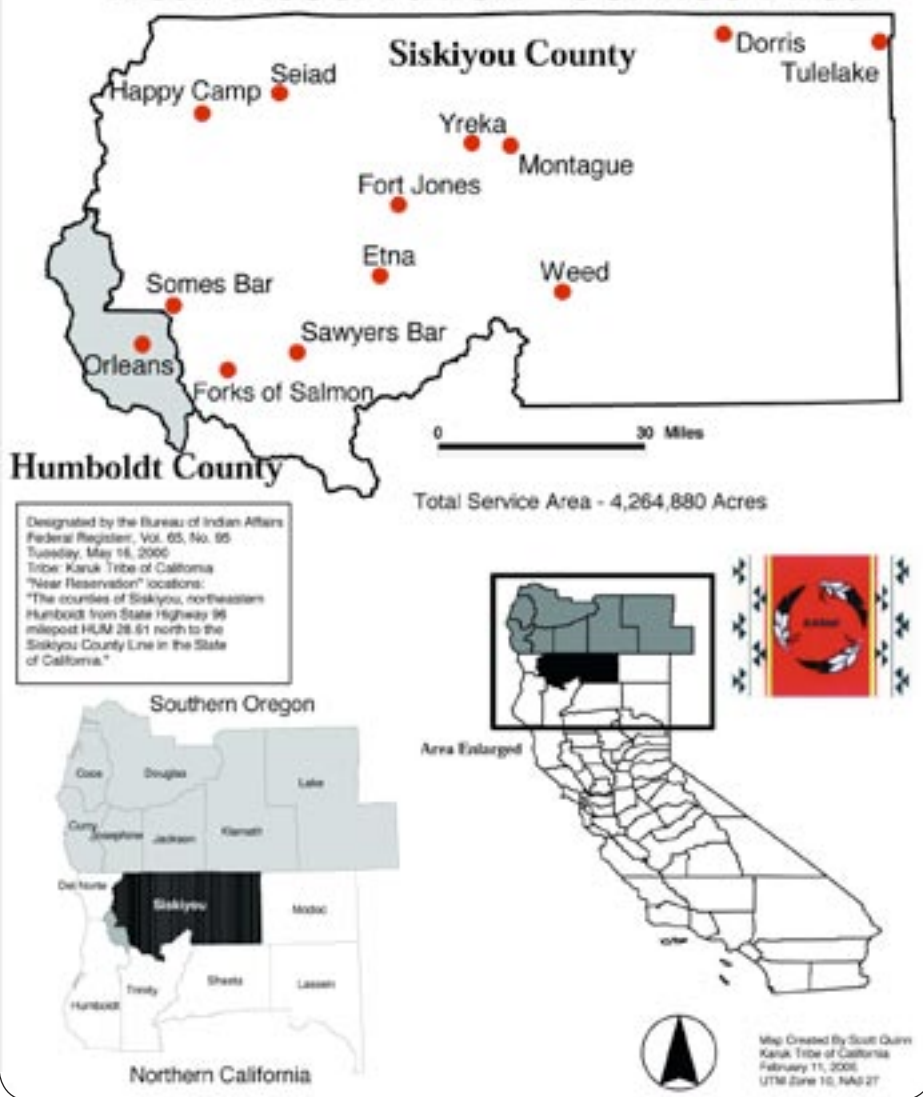
**Community Services and Development (CSD):** This program provides assistance for low income families with food, shelter, transportation, health and safety issues. The applicant must reside in the service area, be very low income and be a tribal member. For those of you that live outside of the service area try

[www.acf.dhhs.gov/programs/ocs/csbg/index.htm](http://www.acf.dhhs.gov/programs/ocs/csbg/index.htm)

- ✦ **General Assistance:** This program provides low income families with food and/or clothing, shelter, burial and emergency assistance (burn out, flood, destruction of home).
- ✦ **Skills, Work, Education Enhancement Program (SWEEP):** This program is to enhance eligible Indians with skills/work and/or education. The goal of the applicant is to become more employable while obtaining and incentive payment. An applicant can be on the program for two years or 48 payments.
- ✦ **Adult Services:** Adult care assistance provides non-medical care for eligible adult Indians. The providers must be certified or licensed. Background checks are required.



## Karuk Tribe of California's "Near Reservation" Service Area



## Medicare Prescription Drug Benefit Coming In January 2006

*Babbie Petersen,  
Senior Center Supervisor*

Beginning in January 2006, Medicare will offer prescription drug plans to beneficiaries. But now is the time to see if you qualify for some extra financial help in paying for your monthly premiums, annual deductibles and prescription co-payments under the new program.

From late May through mid-August, Social Security is mailing letters to nearly 19 million people who are potentially eligible for this extra help. The letter includes an application and a return-addressed, postage-paid envelope.

If you receive a letter in the mail, please read the information carefully. The letter will explain the prescription drug program, and tell you how to apply for the extra help. Those who qualify for the extra help could save an average of \$2,100 per year

Even if you do not get an application in the mail, you still might be eligible for help with prescription drug costs. See if you might qualify and apply online

at Social Security's website, [www.socialsecurity.gov](http://www.socialsecurity.gov). You also can contact Social Security at 1-800-772-1213 (TTY 1-800-325-0778) for more information or to apply over the telephone.

To qualify for the extra help, a person or married couple living together must have limited income and resources. You can qualify for this help as an individual if your total annual income is below \$14,355 and your resources are valued below \$10,000. The limits for a married couple living together are higher: \$19,245 in combined annual income and \$20,000 in resources. These resources can be slightly higher -- an additional \$1,500 per person -- if you will be using some of your money for burial expenses. Even if your income is higher, you still may be able to get some help if, for example, you or your spouse supports other family members who live with you, if you have earnings from work or if you live in Alaska or Hawaii.

There are also certain exclusions from both income and resources. For example, your home and cars are not counted as resources. So if you think you might be eligible, you should apply.

It is important to note that some beneficiaries will automatically qualify for the extra financial help. Anyone who has both Medicare and Medicaid, or Medicare and Supplemental Security Income, or anyone whose state pays his or her Medicare premiums, will not have to complete an eligibility application. But even if you automatically qualify for extra help, you still need to enroll in a Medicare-approved prescription drug plan to obtain both coverage and the extra help.

For more information about getting extra help with Medicare prescription drug costs, call Social Security at 1-800-772-1213 (TTY 1-800-325-0778), or visit [www.socialsecurity.gov](http://www.socialsecurity.gov). To learn more about the Medicare prescription drug plans, call 1-800-MEDICARE (1-800-633-4227) or visit [www.medicare.gov](http://www.medicare.gov).



## Mission Statement

The mission of the Karuk Tribal Council is to promote the general welfare of all Karuk People, to establish equality and justice for our Tribe, to restore and preserve Tribal traditions, customs, language and ancestral rights, and to secure to ourselves and our descendants the power to exercise the inherent rights of self-governance.

# Karuk Tribal Council

Summer, 2005

**Arch Super,**  
*Chairman*

**Leaf Hillman,**  
*Vice-Chairman*

**Florrine Super,**  
*Secretary*

**Leeon Hillman,**  
*Treasurer*

**Roy Arwood,**  
*Member at Large*

**Florence Conrad,**  
*Member at Large*

**Robert Goodwin,**  
*Member at Large*

**Robert Grant, Sr.,**  
*Member at Large*

**Alvis Johnson,**  
*Member at Large*

## Newsletter Production:

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*Sara Spence*

**Written By:**  
*Karuk Tribal Members,  
Descendents, Families,  
& KTOC Staff*

**Printed By:**  
*Mosaic Press LLC,  
Happy Camp*

If you are not sure whether your correct address and phone number are on file with the Tribe, please write us or call (800) 505-2785 Ext. 2028 and let us know your current address and phone number for future reference.

## Change of Address

Presorted Standard  
U.S. Postage  
**PAID**  
Permit No. 2  
Happy Camp, CA  
96039

Post Office Box 1016  
Happy Camp, CA 96039-1016



Karuk Tribe of California