

Karuk Tribe of California



Summer 2007

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Tribal Enrollment Is Currently At 3,487 Enrolled Members

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Thank You Firefighters!

Lightning storm surrounding Happy Camp, just after midnight July 11, 2007. Photo taken on Slater Butte by Karuk Tribe IT Manager, Chris Kleeman ©

Chairman's Corner

Ayukii, hooy koovura pa araarahih. Chimi nu chuupiti pa araarahih. Tanixxuti, koovura pa araaras pananu chuupitiheesh pa araarahih. Kukkuum tani piip pa araarahih uum pananu aanav. Chi nuu itapeesh pananu araarahih. *Hello, where is the language. I think all the Karuks be talking our Indian language. Again I say, the language is our medicine. Let's be learning our Indian language.*

APRIL - The Annual Basket Weavers Gathering was held on April 21st and 22nd. It was reported that the Gathering was a very good success. Administrative Staff and volunteers did well organizing the event.

MAY - Our Self Governance Director, Hector Garcia and I attended the Annual Self Governance Conference in Garden Grove, CA on May 7th – 9th. The theme was for tribal government to be working together to enforce our government power and strength. We were also able to meet with government officials who work in the Washington DC offices. Meeting with these officials strengthens communications with the Karuk Tribe and the federal government.

I attended the quarterly BIA Budget Advisory Committee meeting in Silver Springs, Maryland on May 20th – 23rd. The committee discussed the funding budget of the President's "Public Safety Initiative" which involves the construction of prisons, jails and detention centers. Since the Karuk Tribe doesn't have any of these facilities, we will continue to meet with the committee to see what funding would be available to us.

JUNE - I attended the Karuk Tribal Housing Testimony for the NAHASDA reauthorization in Washington DC on June 4th – 6th with the KTHA Director, Sami Jo Difuntorum and KTHA Committee Member, Charlene Naef. We met with authorization staffers and got some good direction and advice for our Testimony. Sami Jo did a very good job at presenting our Testimony. I also visited the Head Start Office and Department of Interior while in DC to discuss Head Start funding and our Tribal lands being put into trust.

We had the Ribbon Cutting on June 18th for the new KTHA Community Center. The Center will be open by August. Our Senior Meal Program will be housed in the Community Center. Also our monthly Tribal and Health Board meetings will be held there.

Hector Garcia and his Self Governance Assistant, Carrie Davis attended the Annual

Arch Super, Tribal Chairman

Funding Agreement (AFA) meeting in Arcata on June 19th. Our funding is the same as the past year. The JOM and HIP programs are being cut from our budget. We will move forward to get these two programs funded through our budgeting process. We also discussed our roads management monies with the administrators. Funding will be coming through within a month or so of the meeting.

I attended a US Census / Tribal Government Consultation in Charlotte, NC on June 26th. The US Census 2010 is advocating for necessary information from US Tribes on the process and input on the upcoming Census for 2010. The Census has dire effects on the Tribes applications for Federal Funding. Tribal consultation is crucial.

Daniel Pratt from Social Services and I attended a National Alliance TANF Conference in Seattle (Fife) WA on June 10th – 12th. The conference discussed the responsibility of the states. Most states are not keen to the fact of Tribes taking over TANF programs. We strategize with dealing and communicating with the states. Also, the Feds are keeping a close eye on TANF programs with Tribes and states.

Our Health Director, Martha Schrock and I attended a TANF Case Managers Training in Davis, CA on June 16th – 20th. We have been the process of negotiations to implement a TANF program with the Karuk Tribe. The TANF program would bring a new department within the Tribe, create more jobs and allows us to work directly with our members who are on the county TANF program.

OVERALL Tribal business has been staying busy. I always encourage our Tribal Membership to always write, email, call or come and see your Tribal Council with any issues and concerns. Whatever way we can address these issues and concerns, we will always try. If you have a specific director, Council Member or staff member you wish to get in touch with, please do so.

Yootva, (thank you),
Suva nik. (see you later)

*KCDC CFO Jim Berry,
Chairman Arch Super & Self
Governance Director Hector
Garcia at the Happy Camp
Community Computer Center*



Arch Super



Karuk Artifacts at Smithsonian's Natural Museum

*Leon C. Hillman,
Tribal Council Treasurer*

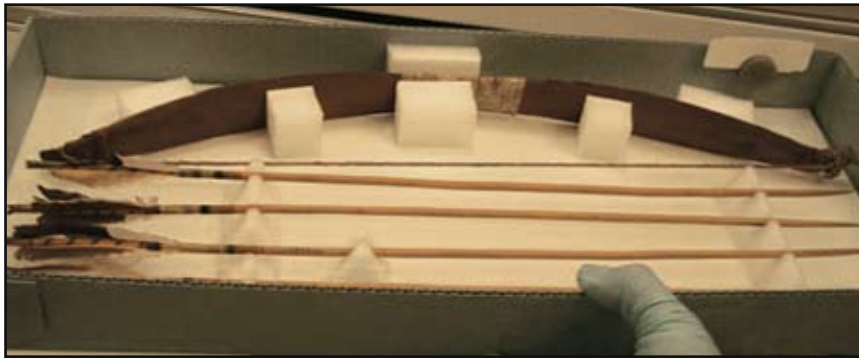


While on vacation visiting my sons in May, I had the opportunity to view the Karuk Tribe's baskets and artifacts which are stored at the Smithsonian's National Museum of the American Indian Cultural Resource Center in Suitland, Maryland. John Beaver, Cultural Protocols Specialist, and Cara Fama, Research Specialist, spent the afternoon with us. We were provided the opportunity to see baskets, caps, household items, weapons and regalia that has been collected

and donated to the Smithsonian over many years. I was introduced to Jim Pepper Henry, Director of the Community and Constituent Services Department, and spoke to him about projects we are undertaking at our own Peoples Center. We also met with Fred Nahwooksy, formerly our own Peoples Center Director who is now working for that department as the Community Exhibitions Program Coordinator. We picked his brain about projects available to the Karuk Tribe through the Smithsonian. Some of the projects we discussed were community exhibitions, internship opportunities, museum training, and virtual museums. I wanted to share a few of the pictures I brought back with me. I hope you enjoy them!



John Beaver, Smithsonian's Cultural Protocols Specialist and Tribal Treasurer Leon Hillman



Karuk Artifacts at the Smithsonian's National Museum of the American Indian Cultural Resource Center in Suitland, Maryland

Right: Leon and son Nick with a Karuk regalia box



Notes from the Secretary

Florrine Super, Council Secretary



Ayukii, I am back from maternity leave. I'm happy to announce the birth of my son Damian Ivan Emmett Super born on May 9, 2007. Now it's back to business.

My report will be brief as I am currently getting back into all my committees again. Contact me if you need further information.

TRIBAL COUNCIL SECRETARY QUARTERLY REPORT

Head Start: Children are our Future

I attended the Yreka Head Start Celebration. It was a nice event. Sad to see the five-year-olds leave but happy to know they will be ready for kindergarten.

Our staff does a great job with the budget they receive but there's a time when you can no longer stretch the dollars so I wanted to share the following information with you.

Indian Head Start is successful because it addresses health, education, family and community needs in a holistic manner similar to traditional Native learning styles.

Dear Friends:

This Legislative E-Update has been sent to Head Start Directors, the NHSABoard, Head Start State and Regional Association Presidents and Executive Directors, and Parents. Please share it with your network.



Fiscal Year 2008 Funding Update

The House Appropriations Committee met yesterday and approved a \$75 million increase for the Head Start and Early Head Start programs in Fiscal Year 2008.

The Senate Appropriations Committee met in June and approved the \$200 million increase for the Head Start and Early Head Start programs in Fiscal Year 2008.

Next Steps

The House will consider a \$75 million increase and the Senate will consider a \$200 million increase.

Urgent Action Needed!

Please continue to contact your U.S. representatives

and U.S. senators to express your appreciation for the increase and explain why additional funds are needed. Ask them to increase Head Start and Early Head Start funding by at least \$750 million in Fiscal Year 2008. Be sure to give specific examples of results of past budget cuts and success stories.

Call the Capitol switchboard at 202-225-3121 to be connected with your member of Congress

Head Start Reauthorization Update

Next Steps

A Conference Committee will meet to resolve the difference in the House and Senate bills. We know that the Senate has already appointed all of the members of the Health Education, Labor and Pensions Committee to the Conference Committee. The House leadership is in the process of appointing their members.

Urgent Action Needed!

Contact the members of the Senate Health, Education, Labor and Pensions Committee, especially if they are from your state and let them know you support the Support the Policy Council language in H.R. 1429. This language maintains the current shared governance structure of Head Start, except for the hiring and firing of the program director.

NHSA Letters to the Hill

Urgent Action Needed!

If you have already sent a letter to Congress on the www.saveheadstart.org web site please encourage others to sign onto the letter in support of Policy Council. As of July 9th, 3,730 letters have been sent to Congress. Help us meet our goal of 5,000 letters!

NHSA delivered letters with positive Policy Council fiscal examples to:

- Senator Bill Nelson, Florida
- Senator Gordon Smith, Oregon
- Senator Mike Enzi, Wyoming
- Senator Lamar Alexander, Tennessee
- Representative Donald Payne, 10th District, New Jersey



- Representative Danny Davis, 7th District, Illinois
- Representative Dale Kildee, 5th District, Michigan

NHSA delivered a copy of an organizational sign-on letter to all members of Congress similar to the one posted on the www.saveheadstart.org web site.

With these simple steps, we can create a wave of attention and support for Indian Head Start's issues and for your **local Karuk Head Start.**

Indian Child Welfare Committee (ICW):

The Karuk Tribe's ICW Committee Mission is *to preserve, protect and strengthen the children and families of the Karuk Tribe through an efficient and effective service system that empowers individuals, families, and communities.*

I am so happy the tribe has signed the Title IVE agreement. I supported our staff on completing this project. YOOTVA to our staff who work hard and dedicated their time towards helping our tribe take care of our own children.



Karuk Tribe Foster Home:

FOSTER PARENTS NEEDED!

If you would like to offer your home and family and become a foster family, Please contact our Karuk Social Services Department. To apply you need to complete and submit a foster family application and submit to a background check. A home evaluation will be completed by our social service department.

Check out our webpage regarding Indian Child Welfare at www.karuk.us

Youth Leadership:

The tentative date set for this year's Karuk Youth Leadership Conference is October 6, 2007 in Orleans, California. Look for flyers and applications at your local tribal office and on the Karuk website. We are still working on the agenda but the information will be announced soon.

Low Income Assistance Program (LIAP):

LIAP Committee was established to provide necessary emergency assistance or services that are not being provided by federal, state, county, Tribal or other agencies for our members.

We continue to support our LIAP Coordinator by processing applications efficiently and in a timely manner. Our monthly meetings help us process difficult

applications, make necessary program collaborations, and help interpret and follow LIAP guidelines and objectives.

Another goal was to help those who didn't qualify for LIAP but were very much in need, so the council has obligated some funding to help those who need assistance. It's has helped a lot of elders and families with children.

New Karuk Booster Club: Still in development Stage!

We are looking for membership! The council has formed a new committee. We have youth who throughout the year request money for sporting events. The council has allotted money with the intent of the Booster club replenishing this account as they fundraise. Also, this committee will be responsible for honoring those Tribal members who have accomplished their goals in college and pro sports.

Some of the Booster Club goals:

- Help in the recruitment of individuals who share our vision.
- Recognize each individual and value his or her role as a Karuk athlete.
- Empowering young Tribal members to be champions in life through excellence in sports.
- Organize fund raisers to help pay for tournament entrance fee and sport camps.

Sports build character, instills discipline, provides leadership, enhances self esteem, promotes physical fitness and teaches teamwork, all of which can be used throughout life.

If you would like additional information and/or have any questions, contact me at any time. If you would like to be put on my email list, send me your email address to fsuper@karuk.us with a note saying you would like to receive tribal information. Florraine Super



KTOC Council Secretary Florraine Super, new CASA Coordinator Kayla Super, and new CASA Specialist Robert N. Goodwin working at their CASA booth

Administrative Programs & Compliance Quarterly Update

Erin Hillman, Director

In February, severe weather caused an eight-day power outage (nine days for some residents) in Orleans California, severely impacting many Tribal Members. Rock slides blocked Highway 96 effectively leaving the community isolated without access to services. Karuk was not the only Tribe affected by this severe weather, Hoopa and Yurok communities were impacted by these storms as well and several Tribal communities were basically on their own during this event.

In response to this situation and to the lack of coordination in services by county agencies, Tribal representatives from Siskiyou, Humboldt and Del Norte counties formed a Tri County Tribal Emergency Consortium. Each Tribe brings to the table resources that can aid other Tribes in the event of a natural disaster. We hope to develop mutual aid agreements for emergency response during disasters. For example, when one Tribe is affected by a natural disaster downriver, a Tribe located upriver may have equipment and emergency personnel that can come to their aid and vice versa.

In addition to developing mutual aid agreements between the Tribes, the consortium shares ideas for better services and has created a unified voice to bring attention to our local concerns with county governments. Our goal is to create better communications and collaborations between the Tribes and county services as well as other agencies involved in emergency preparedness and response. We have begun this by participating in the Humboldt County Local Natural Hazard Mitigation Plan. Our goals are the same, to better provide assistance to our people and our surrounding communities in the event of a disaster.

On June 14, 2007 prospective bidders for the Happy Camp water system upgrade project attended a pre bid meeting with HCCSD (Happy Camp Community



Left to Right- Construction Manager Fred Burcell and IHS Engineer Barry Jarvis go over the details of the Happy Camp Project with potential bidders- photo by Erin Hillman



Subcontractors working on walkway in front of new Yreka KTHA Building- photo by Fred Burcell, KTOC Construction Manager

Services District), Tribal Construction Manager Fred Burcell and Indian Health Services (IHS) Engineer Barry Jarvis. The project has since been awarded to Outback Construction. The project combines funding and staff resources from the Tribe, IHS and HCCSD. Outback Construction will be replacing a portion of the aging and deteriorating water system along Second Avenue in Happy Camp.

Construction on the newly built Yreka KTOC/ KTHA offices and community building is wrapping up. For the most part Contractor Larry Neel and his subcontractors are 6-8 weeks ahead of their progress schedule. Barring any unforeseen circumstances, the first council meeting to be in the new building will be held on August 23. The building will house Karuk Tribe Housing Authority and Tribal staff and includes rooms dedicated for a computer lab, cultural room and elders meeting room.

The most recently funded project for Orleans is in process. The Environmental Assessment (EA) was completed by Winzler and Kelly Consulting Engineers and has been out for public comment. At the time of this writing (7.15.07) the EA has been presented to HUD for its own comment period. At the end of fifteen days, our office will request a release of funds and the construction project can then be put out for bid. The Architect, Joan Briggs of Willow Creek, is finalizing construction documents to be complete and ready at that time.

The California Department of Community Service and Development requires that agencies receiving its block grant funding prepare a Community Action Plan every two years. This plan must describe how the Tribe delivers services to low income, underserved and vulnerable populations. One requirement of the plan is the completion of a Needs Assessment Survey. The Needs

Continued on next page.....

Assessment Survey was circulated within the Tribes' service territory and received responses from 35 families. In addition to providing required information about Tribal Members needs, the survey gathers important demographic information and opinions that are used for other grant applications. A draft of the Community Action Plan was posted on the website and made available for review at the Tribal Reunion. The final document was submitted to the State on June 30. If you would like more information on the plan, you can still view the document on our website at www.karuk.us.

Grant Submissions January through June 2007

Natural Resources Department:

US Fish & Wildlife	\$	111,000
Bureau of Indian Affairs	\$	74,652
Humboldt Area Foundation	\$	15,000
Panta Rhea Foundation	\$	10,000
Panta Rhea Foundation	\$	50,000
Oregon State University	\$	5,000
Bureau of Reclamation	\$	426,696
Environmental Protection Agency	\$	510,000
US Fish & Wildlife	\$	9,610
CA Environmental Justice	\$	20,000
Klamath Intertribal Fish & Water Commission	\$	233,000
US Fish & Wildlife	\$	25,000
Environmental Protection Agency	\$	50,000
Resource Advisory Committee	\$	10,882

Health Program:

CA State Indian Health	\$	248,223
Plumas County	\$	15,000

Grants and Resource Development Department:

Department of Energy	\$	97,940
Cal Arts Program	\$	2,435
National Parks Service-NAGPRA	\$	75,000
Indian Health Services	\$	50,000
First Nations Development Institute	\$	5,000
Institute of Museum & Library Services	\$	50,000
Indian Community Development Block Grant	\$	605,000
Health Resources & Services Administration	\$	3,191,605
Department of Justice	\$	300,000
LIHEAP- Reach	\$	50,000
Cheney Foundation	\$	30,000

Karuk Community Development- Computer Center:

Administration for Native Americans (ANA)	\$	300,000
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Karuk Language Program:

Administration for Native Americans (ANA)	\$	131,558
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Tribal Court:

CASA	\$	15,000
Title IVB	\$	32,936
CASA	\$	20,000

Council Meeting Updates



Newly Completed Yreka facility built in time for the August Council meeting

As new buildings are completed and existing buildings are renovated; the locations and rotation for Tribal Council meetings will be changed slightly. Here is the updated schedule for the rest of the year:

August 23 – Yreka – Newly completed facility located at 1839 Apsuun.

September 27 – Happy Camp – Location will be “Old Headway” building at the corner of Second Avenue and Highway 96.

October 25 – Orleans

November 29 – Yreka Newly completed Yreka Facility.

December 27 – Happy Camp

The rotation will continue in this pattern into 2008; Orleans, Yreka, Happy Camp, on the fourth Thursday of each month.

Ribbon-Cutting Ceremony Held at the New Karuk Tribe Housing Authority Community Building

Sami Jo Difuntorum, KTHA Executive Director



Ribbon Cutting Ceremony at former Headway Market, now KTHA Community Building. Left to right in picture back row. Bob Goodwin, Leaf Hillman, Richard Black, Steve Mitchell, Andrew Difuntorum, Joan Briggs, Preston Willson, Rick Offield and Leeon Hillman. Front row left to right. Charlene Naef, Verna Reece, Paula McCarthy, Sami Difuntorum, Sonny Davis, Alvis Johnson and Arch Super

June 18, 2007 was the official “Ribbon-Cutting” ceremony for the Karuk Tribe Housing Authority Community Building located at Second Ave and Highway 96 (the former “Headway” market).

Extensive and complete remodel of the building includes a beautiful copper roof, many “solar tubes” that let in natural light, a new kitchen and restrooms, and big rooms that will have many functions. The building will be used for the senior meals program as well as other community functions.

Leaf Hillman presided at the opening ceremony which was attended by Tribal Chairman Arch Super as well as many of the Tribal Council members and members of the Housing Authority Board of Directors. **Leaf dedicated the building to Andrew Difuntorum and the Crew that worked for many months to make this major remodel project a beautiful success.** Leaf mentioned that by using our own crew for the remodel we saved over \$300,000 in

construction costs that had been bid by other contracting firms. Everyone agreed that the building is beautiful and well suited for the many needs of the Tribe and the community.

KTHA Featured Housing Unit

Sami Jo Difuntorum, KTHA Executive Director

The Karuk Tribe Housing Authority will be featuring a Housing unit in each Tribal Newsletter. This will allow you to see the homes that K.T.H.A. has been providing for our tribal members.

Our second feature, is the home of Carol Thom. She currently resides on Muh Chee Shee Street within the Yreka KTHA Community. She has lived within the KTHA community for 5 years. Carol has been working as a caregiver for Siskiyou County elderly for about 10 years. She is currently caring for a Tribal Elder in the Grenada area. Carol recently graduated with an Associate Degree and feels she could not have been successful without the Karuk Tribe Housing Authority providing an affordable home. She enjoys gardening. As you can see she enjoys caring for her yard. Some of the plants she has in her yard were shared with her from Fanny Fisher’s yard. Carol was a caregiver for Fanny for about four years. She enjoys working with Elders and they share with her their knowledge and past memories.



Carol Thom in front of her Yreka KTHA community home

Thank you Carol; for allowing KTHA to share this information with our Tribal members. Your yard looks great!

Be sure to look for the next KTHA feature.

Grants Department Update

Hester Dillon, KTOC Grantwriter

This spring, the Grants Office submitted two large grants: a five-year Health Resources and Services Administration (HRSA), which provides staffing and general support for the Karuk Tribal Health Program, and an Indian Community Development Block Grant (ICDBG), which is funded by the Department of Housing and Urban Development (HUD) and will provide funding for the expansion of clinic and administration space in Happy Camp. Hester and Rick, respectively, took the lead on these applications.

Our office recently learned a Native American Graves Protection and Repatriation Act (NAGPRA) grant Hester submitted to the National Park Service in the amount of \$75,000 was funded. With this funding, the People's Center will be able to continue repatriating objects to our Ancestral Territory and providing related training to Tribal Council Members & staff.

Rick successfully secured funding from the First Nations Development Institute for the Karuk Youth Regalia Project. This funding, totaling \$5,000, will provide regalia necklace materials to the Indian Club (grades six through twelve).

Rick has been working on securing additional FEMA dollars for hazard mitigation activities and will be developing fire-safe educational materials with this funding. Hester submitted requests to the Cheney Foundation, as well as the Blue Shield Foundation, for funding to acquire and install a generator to operate the clinic and administration offices in Happy Camp. Hester also submitted a grant to support the Low-Income Assistance Program.

We continue to work on the following: a generator funding request to the Ford Foundation, the clinic remodel in Happy Camp, a Tribal Transit grant with the Land and Transportation Department, the Tribe's draft Strategic Plan, applications to the FCC for radio licenses in Orleans and Happy Camp, and various department requests as they arise. We are also exploring the Community Connect Broadband Program, which could provide broadband to the Orleans area.

If you have questions, please stop by our office or give us a call at 493-1600, ext. 2021.

~Ayukii Huutkich~

Junalynn Ward, LIAP Clerk



Most of you may know me but for those who don't, I would like to introduce myself, Nanithvuyuum, Junalynn Ward. I am a Karuk Tribal member and I am the newest team member of the Karuk LIAP Department.

I have worked in various different positions within the Karuk Tribe over the years and I am always glad to be a part of assisting our arraras in their times of need.

I have been in this position for approximately three months, and in that time I have been learning a lot about the process and procedures of the department.

If you have any questions about the programs or are in need of assistance please call us for an application. We will do our very best to assist you in your area of need. If our program is not able to help, we can always network and try to find someone who can.

Our office hours are 8:00-12:00 -1:00-5:00

Lisa Aubrey Program Administrator (530) 493-1600 x 2025

Junalynn Ward, LIAP Clerk (530) 493-1600 x 2045

Justina Harrison, Karuk Tribe Summer Youth Worker at the Happy Camp Community Computer Center



Bottom Left: Justina assisting user with photo layout and printing.

Left: Justina building a working computer with various donated parts from scrap machines.



This summer, Karuk Tribal Member and high school junior Justina Harrison worked as the Happy Camp Community Computer Center Youth Technology Assistant. Every summer, the Karuk Tribe pays youth to work with Tribal organizations throughout the Karuk Ancestral Territory during school vacation for kids to earn money and learn job skills and work ethics. Justina learned new technology skills such as cleaning and maintaining internal and external computer components, installing Windows OS, and how to effectively work with the public. She answered phones, assisted beginning computer users and visitors as needed with technology and Internet issues, performed daily maintenance in the center and organized files, books, and software. She even learned to build a computer with spare parts! Justina did a great job and we only wish we had more funding to hire her permanently. Staff at the computer center would like to give a big Yootva to the Karuk Tribe for our assistant! Yootva to Justina too for doing such a great job!

Quarterly Staffing Update

Sara Spence, Human Resources Manager

This update covers the months of April through July 2007. We currently have 147 employees on staff.

Holly Hensher was hired as the Integrated Solid Waste Program Coordinator at the Department of Natural Resources on April 16. This is a new position created with grant funds.

Eileen Tiraterra was hired as the Accounts Receivable Clerk in the Happy Camp Business Office on April 18. She is being trained to replace **Muriel (Mooch) Frederick** when she retires this September.

Bianca Alvarado was hired as the Department of Natural Resources Clerical Technician at the Orleans Office on April 25. She works part time in that office to help out as needed.

Diana Poeschel was hired as a Billing Clerk in the Happy Camp Business Office on April 30. She takes the place of **Tara Trent** who resigned on May 4.

Elizabeth Super resigned her position as Medical Receptionist at the Yreka Clinic on April 27; she transferred to the Karuk Tribe Housing Authority's Yreka Office as Tenant Relations Officer. **Alana Brown** has been hired to take her place at the Yreka Clinic and started on May 1.

Junalynn Ward was hired as the Low Income Assistance Program (LIAP) Clerk in the Happy Camp Administration Office on May 2. She assists **Lisa Aubrey** with assistance requests for that department.

Joseph Hostler was hired as the Water Quality Program Assistant on May 7. He assists **Susan Corum** with water quality projects throughout the area.

Arron (Troy) Hockaday was hired as Temporary Groundskeeper/Maintenance Worker in the Happy Camp area on May 22 to work with the crew through the end of the summer as needed on various projects including the exciting Clinic Remodel taking place in the Administration/Dental Complex.

Angela McLaughlin, Ben Saxon, and Dennis Donahue Jr. were hired to staff the seasonal Watershed Restoration Crew working in the downriver area on May 30. This crew is supervised by **Earl Crosby**.

Gwen Rosenberg resigned her position as Part Time Medical Assistant in the Happy Camp Clinic on June 6. She will be returning to school to pursue her medical education. Her position was not filled; the workload was

absorbed into the current Clinic staff.

Dr. John Wood, DDS was hired as the Dental Director in the Yreka Clinic on June 11. He is taking the place of **Dr. Todd Weaver, DDS** who is leaving the Tribe to begin his own private practice.

Annie Villa left her position as Tribal Court Administrative Assistant on May 11 and **Robert N. Goodwin** was hired to replace her on June 12. He will assist **April Attebury** in the Tribal Court Program.

Jacob (Jake) Tripp left his position as Maintenance Worker/Groundskeeper on May 14 and **Monty Mollier** was hired to replace him on June 25.

The Karuk Tribe continues to recruit for employees on our website at www.karuk.us/jobs/ check it out if you are looking for work or tell a friend if you know of someone who is looking!



Sara Spence



www.karuk.us

**Jobs
Education
Career Building**

www.happycampcomputercenter.org

Funded by the Administration for Native Americans in partnership with the Karuk Tribe of California, Siskiyou Union High School District and College of the Siskiyou

The Happy Camp High School Indian Club Visits College Campuses

Jennifer Goodwin Education Coordinator



Left to Right: Bonnie Fitzpatrick-Eastlick, Brandon Alexander; Justina Harrison, Regis Jerry, Aja Conrad (hiding behind Regis), Amy Wyckoff, Sammi Jo Goodwin, Ashley Goodwin, Craig Reece, David Ward, Sequoi Myers, Starla Davis, Jaclyn Goodwin, Jennifer Goodwin, Jualynn Ward, Miranda Rasmussen & Veronica Selvage

The Happy Camp High School Indian Club field trip was held May 17th – 20th, 2007. The kids were excused from school so we left on that Thursday to travel to Chico State University to explore the campus and gather information. It was finals week for the college students at Chico State so a guided tour was not possible. That evening we drove to Sacramento CA and stayed the night there. Then on Friday we met up with Jaclyn Goodwin,

a Tribal member who is attending UC Davis. Jaclyn is a former Indian Club member and Club Chairperson and she gave us a tour the UC Davis campus. We held fundraisers throughout the year to raise funds for the trip and the Tribal Council also helped with a generous donation to help pay for gas. On Saturday we went to Six Flags, Discovery Kingdom in Vallejo, CA and had a blast. Then we traveled back home on Sunday. We had a group of 17 people attend the trip, including students and chaperones.

Above left is a picture of the Indian Club group on our trip, taken next to the “quad” near the cafeteria on the UC Davis campus.

CASA-Court Appointed Special Advocate for Children

Please Make a Donation

Your donation helps the Karuk CASA continue its life-changing work by supporting the recruitment, training, screening, and supervision of caring volunteer advocates who will speak up for child abuse and neglect victims.

If you share in CASA’s mission to prevent abuse and violence, please show your support by making a financial contribution.

Please visit your CASA office at:

Karuk CASA • Kayla Super
1519 South Oregon Street
P.O. Box 609, Yreka CA 96097
530-842-4924



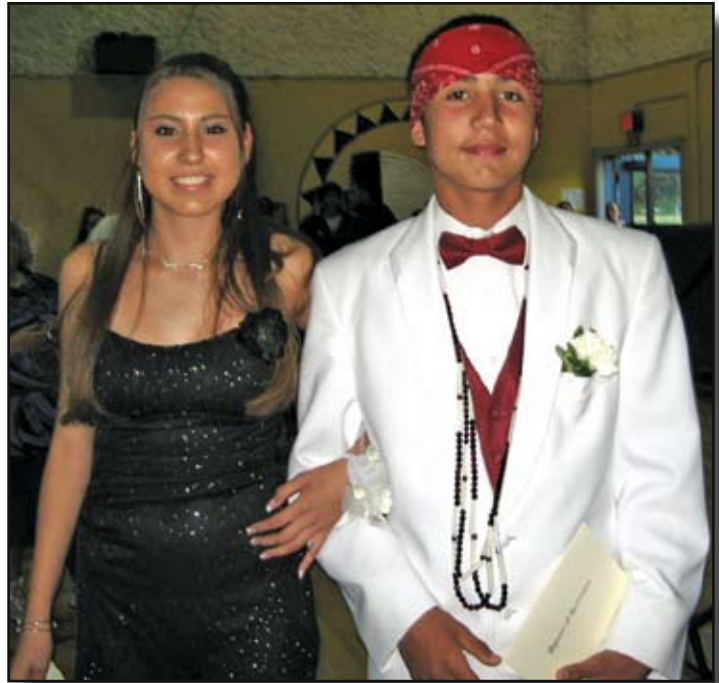
Become a friend of CASA
-Kayla Super

Happy Camp Eighth Grade Graduates

Daniela Sanchez
8th Grade Salutatorian



Tribal member Daniela Sanchez was class salutatorian for the Happy Camp Union Elementary School 8th Grade class.



Daniela Sanchez and Kevin Harrison are both proud of their big accomplishment. Daniela is the daughter of Donna Goodwin-Sanchez and Juan Sanchez. Kevin is the son of Dorcas and Joe (Hawkeye) Harrison.

Happy 23rd Birthday Maria Miranda!

*Love,
Enne & baby Dew
&
Leslie & Family*



Yreka Eighth Grade Graduates



Pictured L-R: Arron Hockaday, Augie Arwood and Christopher Thom

Three Karuk tribal members graduated from the eighth grade on Friday, July 13th at 11:00 AM in the Jackson Street School library. These students, Arron Hockaday, Augie Arwood and Christopher Thom, earned their degree by attending summer school and now become eligible to enter high school this fall.

Arron Hockaday's parents are Arron Hockaday, Sr. and Hermanette Albers; Augie Arwood's parents are Achviivich Arwood and Raven Bush; and Christopher Thom's parents are Everett Thom and Sylvia Yniguez.

COS Distance Learning Fall 2007

Classes begin August 20, 2007

COMPASS college placement tests available at Happy Camp Community Computer Center by appointment. Call 493-5213

Registration for classes is open now. Register online at www.siskiyous.edu or call COS at 888-397-4339

Happy Camp Videoconferencing

ECE 1	Introduction to Early Childhood Education	TTH	4:00P - 5:15P
ECE 6	Child Development	TTH	1:00P - 2:15P
ECE 4	Infant Development	W	3:00P - 6:00P
ECE 26	Multicultural Activities for ECE	TTH	1:00P - 2:15P
ECE 28	Special Needs	T	6:00P - 9:00P
ECE 33	Marriage and Family	TTH	2:30P - 3:45P
ECE 40	School Age Day Care	W	6:00P - 9:00P
ECON 1A	Principles of Macroeconomics	MWF	9:00A - 9:50A
ENGL 1A	College Composition	MWF	10:00A - 10:50A
ENGL 36	Children's Literature	M	6:00P - 9:00P
ETHN 1	Ethnic Studies	MWF	8:00A - 8:50A
FCS 11	Nutrition	TTH	9:30A - 12:00P
MATH 5A	Calculus./Analytical Geometry	TTH	12:00P-12:50P
MATH 56	Elementary Algebra (Partially Online)	W	1:00P - 1:50P
OA 45	Medical Terminology	TH	6:00P - 9:00P
PSY 1	General Psychology	TTH	8:00A - 9:15A

In the COS Distance Learning Classroom at the Computer Center

Online Classes

ANTH 1	Introduction to Cultural Anthropology	Begins 8/20/07
ADJ 17	Community Relations	Begins 8/20/07
ART 32	Digital Imaging	Begins 8/20/07
BA 6	Introduction to Business	Begins 8/20/07
BA 18	Legal Environment of-Business	Begins 8/20/07
BA 28	Leadership Development	Begins 10/29/07
BA 81D	Conflict Management	Begins 9/5/07
BA 81G	Managing Organizational Change	Begins 11/26/07
BA 81H	Stress Management	Begins 10/24/07
BA 81I	Team Building	Begins 10/1/07
CSCI 16	Introduction to Internet	Begins 8/20/07
ECE 15	Administration of Early Childhood Education	Begins 8/20/07
ENGL 1A	College Composition	Begins 8/20/07
ENGL 12	Folklore	Begins 8/20/07
FCS 11	Nutrition	Begins 9/24/07
GUID 1	Collegiate Orientation	Begins 8/20/07
GUID 1	Collegiate Orientation	Begins 9/17/07
HEA 10	Health in Action	Begins 8/21/07
HIST 17A	U.S. History to 1877	Begins 8/20/07
HIST 17B	U.S. History since 1877	Begins 8/20/07
HUM 1	Introduction to Humanities	Begins 8/20/07
MATH 53	Intermediate Algebra	Begins 8/20/07
MATH 56	Elementary Algebra	Begins 8/20/07
MUS 33	Survey of Jazz and Pop	Begins 8/20/07
OA 58	Practical Accounting	Begins 8/20/07
READ 10	College Reading	Begins 8/20/07
READ 19	Speed Reading	Begins 8/20/07
SOC 1Aa	Introduction to Sociology	Begins 9/24/07

Department of Natural Resources

Environmental Education Program

Jeanette Quinn, Environmental Education Coordinator

Noxious Weeds. On May 17, 2007 students from Jefferson High School and the Community Day School (CDS) in Happy Camp walked to the river access area at the mouth of Indian Creek and pulled Marlahan Mustard (Dyer's Woad), a noxious weed. Dave Payne, US Forest Service, directed the weed pulling and hauled the weeds away to be burned. Students from Happy Camp Elementary School (HCES) also helped pull Marlahan Mustard at Indian Creek on May 21 and 31, 2007 (See Stream Field Trips on the next page). The 6th/7th grade class and Community Day School class pulled three truckloads of Marlahan Mustard! According to Erin Rentz, US Forest Service Biological Technician, each mustard plant can have about 1,800 seeds. Thanks to some hard working students, the river access at Indian Creek should have far fewer noxious weeds in coming years.



Sixth/Seventh grade girls from Happy Camp Elementary School with the pile of Marlahan Mustard they pulled during their field trip to Indian Creek.

Native Plants.

On April 2 and May 23, 2007 Orleans Elementary School (OES) students visited the Native Plant Demonstration Garden in Orleans. During the April 2 field trip, Jillienne Bishop and Crescent Calimpong, AmeriCorps, taught students about aquatic invertebrates at Chinich Creek, and Jeanette Quinn took students on a tour of the garden to learn plant names. After these two activities, students played an aquatic invertebrate game with the two AmeriCorps workers. During the May 23 field trip, students rotated through three stations: Garden Maintenance, led by Clayton Barker, AmeriCorps; Plant Names, led by Chook-Chook Hillman, Klamath Outreach Coordinator, and Jeanette Quinn; Art & Writing, led by OES teachers and staff. Under Clayton Barker's direction, students pulled weeds and cleaned up trails. Jeanette Quinn pointed out plants in the Garden and Chook-Chook Hillman taught students the Karuk names for the plants. Teachers and staff helped students with art and writing by having them make leaf rubbings or write creatively about a topic of their choice.

On April 3, 2007 students from Junction Elementary School (JES) visited the Native Plant Demonstration Garden to help with trail maintenance, weeding and

to tour the Garden to learn plant names. Erin Rentz, US Forest Service, and Jeanette Quinn led the plant identification hike, while Charles Wickman and Jacob Pounds, AmeriCorps, supervised trail maintenance and weeding.

Students, teachers and staff enjoyed being outside to learn about the Native Plant Demonstration Garden, as well as helping with maintenance there.

Thanks to all the student volunteers from Junction and Orleans who helped with improving the Garden!



Upper grade boys from Junction Elementary School learn Karuk plant names during their field trip to the Native Plant Demonstration Garden in Orleans.

Buzzing Bees. On May 2, 2007 Jeanette Quinn visited the K-2nd grade class at OES to teach them about carpenter bees (also called wood bees). Although carpenter bees can become problematic due to the damage they often cause to wooden structures, these native bees are important plant pollinators in our area. Students learned the life cycle, nesting habits and anatomy of the bees. For a hands-on activity, students attempted to make a hole in a piece of wood with a hand drill so they could see how much work it is for carpenter bees to make their nesting tunnels by chewing through wood. On May 17, 2007 Jeanette Quinn visited the kindergarten class at HCES to present the same lesson. Students at both schools were surprised to learn that male carpenter bees can't sting because they lack a stinger, and that female bees can sting, but won't unless provoked.

Watershed Fair. Students from JES and Forks of Salmon Elementary School (FSES), teachers and community members participated in the annual Watershed Fair at FSES on May 4, 2007. After watching a slide show presentation by Michael Hentz and a play by FSES students at the Community Center, everyone rotated through stations: Native Tea Party, Karuk Salmon Bake, Fish, Fish Prints, and Gold Panning. Participants sampled teas made from native plants, learned how to bake salmon



Brandon Tripp (left) and Rony Reed (center) pan for gold under the direction of Tom Siewert (right) at the Watershed Fair at Forks of Salmon Elementary School.

the traditional Karuk way, identified live fish, made fish prints on T-shirts, and panned for gold at the stations.



Taylor Markin, Junction Elementary School, displays her fish print T-shirt at the Watershed Fair at Forks of Salmon.

Stream Field Trips. On May 21, 2007 the HCES 6th/7th grade and CDS classes walked to the mouth of Indian Creek for a Stream Field Trip. Students rotated through five stations during the day: Aquatic Invertebrates, led by Alex Corum, Karuk Fisheries; Birds, led by Dave Payne, US Forest Service; Noxious Weeds, led by Jacob Pounds and Charles Wickman, AmeriCorps; Stream Velocity, led by Grant Johnson, AmeriCorps; and Water Quality, led by Luana Hillman, Karuk Water Quality. On May 31, 2007 the 5th graders from HCES also visited Indian Creek for a Stream Field Trip. Students rotated through five stations throughout the day: Aquatic Invertebrates, led by Charles Wickman, AmeriCorps; Birds, led by Dave Payne, Forest Service; Noxious Weeds, led by Jacob Pounds, AmeriCorps; Scavenger Hunt, led by Grant Johnson, AmeriCorps; and Water Quality, led by Luana Hillman, Karuk Water Quality. Students enjoyed getting in the creek to catch aquatic insects, going on bird

watching walks, competing to see who could pull the most noxious weeds, calculating stream flow, searching for items during the scavenger hunt, and learning how to use instruments to check water quality.



The fifth graders from Happy Camp Elementary School enjoy the last few minutes of their field trip to Indian Creek.

On June 18, 2007 Jeanette Quinn assisted Shannon Flaugherty, Education Coordinator for Salmon River Restoration Council, and Andrea Butler-Crosby, lower grade teacher at JES, with a field trip for her class. Students used kick nets and buckets to collect aquatic invertebrates at George Geary swimming hole on the Salmon River. Students were very excited to catch, examine and identify invertebrates such as dragonfly nymphs, midges, caddis fly larvae and stonefly larvae.



Andrea Butler-Crosby, Junction Elementary School teacher, helps students catch aquatic invertebrates at George Geary swimming hole on the Salmon River.



Luana Hillman (left), Karuk Water Quality, teaches 6th/7th graders from Happy Camp Elementary School to use water quality instruments during their field trip to Indian Creek.

Students learned that aquatic insects are indicators of a stream's water quality because many species are intolerant of pollution.

For more information about the Environmental Education Program, please contact Jeanette Quinn, Environmental Education Coordinator, 530-627-3446 (msg.) or jquinn@karuk.us.

Recruiting for Head Start

Toni McLane, Head Start Director

Head Start is currently recruiting for 3 & 4 year old children for the 2007 – 2008 school year. Applications are available at the Happy Camp Administration Office, Yreka/Karuk Housing Authority, Happy Camp Head Start Administration Office, Happy Camp Health Clinic or call 493-2226 to have an application mailed to your address.

Head Start Children & Family Fun Activities Give Your Child a Head Start in Life!



Kodi Ugene “Ikkxaramkunish Chuufish” (Black Eagle) Brink



D.O.B.: 2/08/2007

Wt.: 7lbs 15.9oz.

Length: 19"

Born at 11:52 p.m.

Birthplace: Fairchild Medical Center in Yreka, CA

Father: Jerry Brink a.k.a. Rabbit

Mother: Roxie Souza

Siblings: Krista Reynolds, Tashawna Brink, Jozlynn Brink

Proud Grandmas: Blanche Moore and Angie Souza

Damian Ivan Emmett Super “Ishnur” (Thunder)

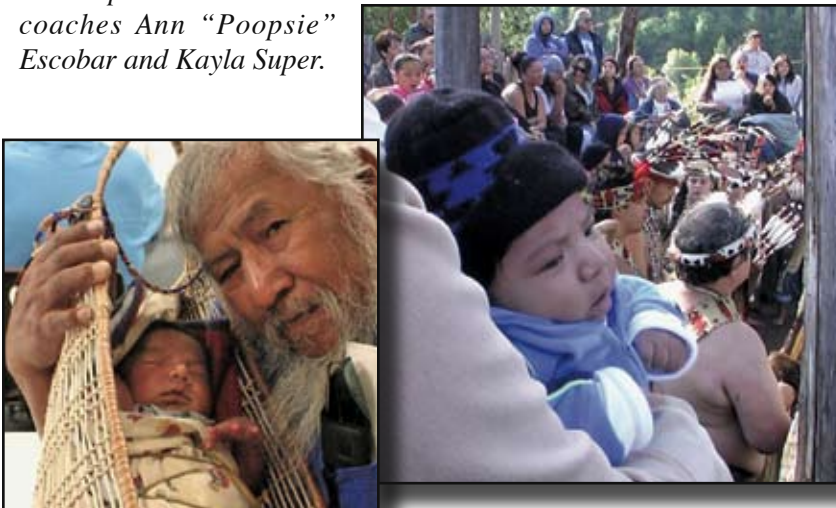
Florraine and Richard Super of Yreka proudly announce the birth of their son Damian on May 9, 2007 at Mercy Medical Center in Mount Shasta.

Damian weighed in at eight pounds even and was 20 inches long.

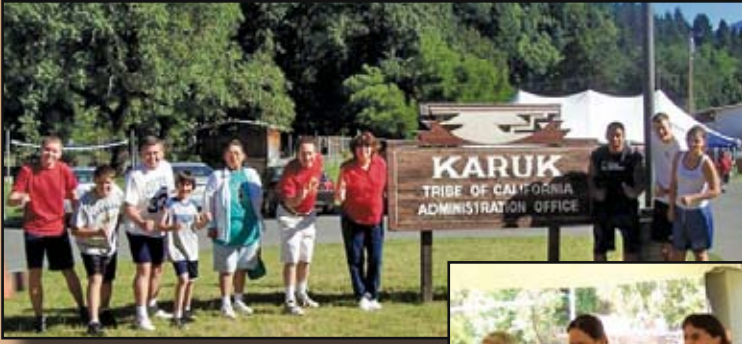
Maternal grandparents are Peter and Nancy Super of Grenada, Calif. and uncles are Pete, Don, Larry, Arch, Robert, David and Gary Super.

Paternal grandmother is Geraldine Stevens of McKinleyville, Calif.

With special thanks to coaches Ann “Poopsie” Escobar and Kayla Super.



Welcome to the 11th Annual



Karuk Tribal Reunion June 22 & 23, 2007

Fiscal Department Booth

Jaime Orge, Finance Department

The last few years the finance department had a huge success with the personalized photo postcards during the Tribal Reunion. But this year we thought we would focus more on children activities. We felt this would be a great way to get the children to interact with each other and have fun at the same time... (and to give the parents a break, too).

We wanted to have fun with our booth, so we went Hawaiian. Thanks to Michael Thom, Terry Tripp and Myra Lewis (with their art expertise) they were able to create a hut with palm trees and tropical birds. They also made and painted all the props to match our theme.

The ball toss was exceptionally busy. Each child was given 3 balls to try and toss it into a milk can. Believe it or not, it was a challenge. Something that looked so simple was actually a difficult task to accomplish. The children would not give up. They must have tried this game over and over.

Dart throwing brought in all types of age groups. To our surprise, the littlest youngsters could actually make a bulls eye !!! We tried to make it a challenge for those who were experts. They had to take a step back each time a bulls eye was made. The kids couldn't wait to get back in line to try and do it again.

Everyone who participated received a piece of candy and those who actually won received a toy from the prize box. We hope you all had fun, the smiles on your face made it worth while.





11th Annual Reunion Memories





Klamath River Mussel Study 07

The Karuk Tribe Department of Natural Resources has initiated a research project that will enable us to study yet another important component of our traditional diet; the Klamath River Mussel (KRMS).

The collaborative efforts of Ron Reed, Karuk Tribal Cultural Biologist and Dr. Kari Norgaard, Assistant Professor in Social Environmental Studies at Whitman College in Walla Walla, Washington, has provided the structure for Whitman Collage students Aaron David and Emily Davis, Biology/Environmental Studies majors and Brice Crayne Chemistry/Environmental Studies major to join in this unique collaborative Study. Participants in this study are the Karuk Tribe, Whitman College, the Umatilla Tribe located in Washington, and the US Fish and Wildlife Service (USFWS). The Umatilla Tribe pioneered the freshwater mussel project in the Pacific North West. David Wolf from the Umatilla has been a great help in providing project design. He has not only provided project design and leadership but took it upon himself to come down to the Karuk Country to participate first hand. Because of this, the project has taken off with great vision. For this effort the Karuk Tribe would like to formally thank the



Umatilla Tribe and David Wolf for their great effort and vision for this project. The USFWS will be participating initially as a collaborative member but hopefully will be a contributing funder in 2008.

During the multi year Klamath River Mussel Study we will be investigating a very important component of our traditional food base, and a natural water filter feeder. Initial research indicates that one mussel will filter (purify) one liter of water per hour. Fresh water mussels also have a unique relationship with salmon and pacific lamprey (eel). The salmon, steelhead and resident trout distribute the mussel to its habitat. Initial research also suggests that the “baby eels” (Pacific Lamprey) preferred habitat that is associated with the mussel shoals or grouping of mussels. Those relationship issues with the fish and the “eels” will be the objective cornerstone in future studies. Early data collection efforts have identified mussels’ shoals that have numbered in the tens of thousands. This summer the collaborative will be focusing on baseline information such as species identification, distribution, habitat requirements and tissue sampling for mercury and other metals and contaminants.

Pleasure Seeking

Joseph E. Snapp, B.S. CSAC III

Everyone likes to have a good time, but someone needs to do the work of making the world turn and this speaks to having balance in our lives around all matters.

Pleasure is one of those words that are open to perception. You’ve heard the expression, “beauty is in the eyes of the beholder”. When we seek pleasure without regard to the consequences it has on the people around us, it becomes a selfish or egotistical act. People generally have this attitude when their needs were not met sufficiently while they were growing up. No matter why your needs were not met, you can make a decision to live your life in a healthy way.

The drug companies, the tobacco companies, and the alcohol companies are all spending billions of dollars to encourage us to seek pleasure or relief by using their products.



The media, through movies, music, television and even sports are glamorizing violence. Even the cop shows justify the use of violence.

The result of this propaganda is seen in our youth walking around in baggy pants, wearing gang style bandanas on their heads, getting drunk, taking drugs and beating up their girlfriends.

Many of our youth today are not aware that what makes an Indian man an Indian, is what is on the inside, not the outside.

Karuk Tribal CASA Program

Kayla Super has joined the Tribal Courts Administration as the CASA Volunteer/Outreach Coordinator. Since hired Kayla has completed her 30 hour training to be a CASA under the Siskiyou County CASA Program, received a certificate of participation in the National Train the Facilitators Training, and attend the National CASA Conference in Orlando, Florida. In addition to her dedication of being a positive influence for Tribal youth, Kayla keeps herself involved in Tribal ceremonies and tradition.



*Kayla Super, CASA
Volunteer/Outreach
Coordinator*

The Karuk Tribal CASA Program is continuously recruiting volunteers to better serve our children who are victims of abuse and/or neglect. A recruiting/training event is currently being planned for this upcoming fall. If you are interested please contact Kayla as soon as possible as the deadline for applications is August 31, 2007 for those interested in attending the community event.

Office Hours • Mon-Thurs • 8am-5pm



Kayla Super
P.O. Box 609
Yreka, CA 96097
Ph. (530) 842-9228
Fax (530) 842-9227
ksuper@karuk.us

SUMMER IS HERE!!

The LIAP Dept. would like to share some tips on keeping safe and cool for this hot summer season!

Extreme Heat can be dangerous so it is very important to pay attention to local weather forecasts and to be prepared.

Heat Storms are categorized as temperatures that exceed 100F over a large area for three days in a row.

A heat wave is 48 hours or more of high heat 90F or higher and a high humidity percentage. (80 %+)

Heat related illnesses are:

- Heat cramps
- Heat Exhaustion and
- Heat Stroke

Persons at High risk are:

- Seniors
- Persons with jobs that require physical exertion
- Infants & Young children
- Person with medical conditions such as diabetes, respiratory problems heart disease, obesity and alcoholism

For more information about these tips to keep you safe in summer heat please call:

1-800-PGE-5000 or visit their website:

http://www.pge.com/res/seasonal/coolingcenters/summer_safety.html

Have a safe and enjoyable summer!

KTOC LIAP Staff



In Loving Memory... Michael Lloyd Bushnell

Born March 9, 1971, of Nashville, TN, Died April 11, 2007, at Vanderbilt Medical Center. Michael was 36 and a native of Goldendale, WA

He is survived by his wife Alison; his mother and step-father Linda and John Painter of Goldendale, WA; his father, Mike Bushnell of Scotia, CA; Sisters, Annette Delk (Michael) of Nashville and Trudi Thlering (Hans) of Alameda, CA; Brothers, Clint Bushnell of Goldendale, WA, and Shawn Bushnell of Hesperia, CA. He is also survived by niece and nephew, Kirstie and Wyatt Bushnell. In addition, he is survived by his loving great aunt, Roberta Page of Fortuna, CA; aunt Denise Seelye of Fortuna, CA; uncles John Bushnell of Arcata, CA; Jerry Bushnell of Redding, CA and Gary Page of Eureka, CA., as well as many cousins and close friends.

Michael loved the Lord, Jesus Christ, and his family takes comfort in the fact that Michael is at peace with his father in Heaven.

He was employed at FedEx Freight and YMCA of Green Hills.

A celebration of Michael's life was held at Bellevue Community Church on Saturday, April 14, 2007. In lieu of flowers, donations may be sent to Restore Ministries of the YMCA of Green Hills, Friends of Radnor Lake on Nashville, TN, or River Gorge in Washing State, or your favorite charity.

Karuk Tribal 4th Annual Spring Basket Weavers Gathering

Junalynn Ward

A great time was had by all at our 4th Annual Basket weavers Gathering.

Weavers and their families traveled from near and far to join us.

There were one hundred and sixty-three people in attendance.

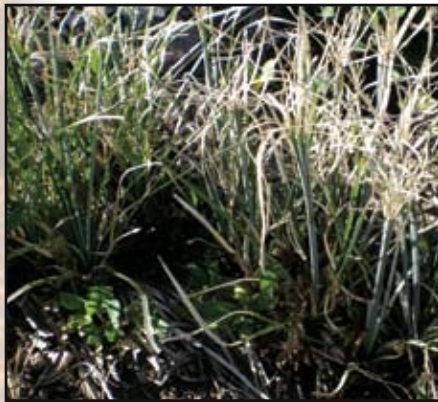
On Friday we had a delicious dinner, and afterwards we sat around weaving and visiting. For the entertainment portion of the evening we had Bingo, with prizes being donated by the basket weavers and their families. We would really like to thank all who made donations. Without you, our Bingo would not have been as successful.

Jennifer Goodwin was the Bingo MC; she kept everyone in stitches with her inane sense of humor. There were a lot of winners at Bingo, fun was had by all.

Justin Farmer won a tool set for traveling the farthest to join us.

We had sunny skies the first day, and on the second day

Mother Nature blessed us with some rain. This did not deter five brave souls from going out on the River with Capt. Robert Goodwin manning the boat! He navigated the basket weavers through the rain to different areas to stop and gather basket materials.



Beargrass



*Cindy Figueroa, Starla Davis,
and Verna Reece*

None were worse for wear; although they did all seem to be content to be back on dry land! Aayyy!

We had numerous visitors to our People's Center, some to look at the beautiful baskets, dresses and other cultural artifacts, others to buy some of the informative reading material and beautiful one of a kind jewelry.

Sunday morning, the last few of us joined together for a delicious breakfast and to say Suva-nik to our friends.

We hope you enjoy the pictures and we hope to see you for the Fall 2007 Gathering.

The Karuk Basket Weavers Gathering is a project of the People's Center and is sponsored by the Karuk Tribe of California, Institute of Museum & Library Services, State of California Community Services & Development Block Grant, Karuk Tribal Employment Rights Committee, and the Karuk Education Department

We wish to thank the following people. Without their dedication to this project, it would not have been possible:

Dolly Elston



Verna Reece, Paula McCarthy, Jennifer Goodwin, Junalynn Ward, Cecilia Arwood, Erin Hillman, David Arwood, Robert N. Goodwin, Susan Gehr, Phil Albers Jr., Dion Wood and Michael Thom, Andre Cramblit (for getting the word out) and The Karuk Tribal Council; Arch Super, Leaf Hillman, Florraine Super, Leon Hillman, Florence Conrad, Robert Goodwin, Bud Johnson, Roy Arwood, and Sonny Davis.

I will leave you with the nice prayer by Vina Smith and Phil Albers:

chími nuvík. káru vúra xára nuvíikeesh. vaa vúra nanu'áraara kúupha. hitíhaan vaa nukúupheesh. kári xas koovúra nu'ítap pa'áraara

Continued on next page...

Leslie Alford, Data Entry Clerk/Certified Professional Coder

Patti White, Database Administrator/RPMS Site Manager



Leslie Alford is the Data Entry/Patient Registration Clerk assigned to the Yreka Clinic. Her main duties are entering the patient visit data into the Health Program database, coding the procedures and services performed by the health care providers, and coding the diagnosis listed by the provider. She also enters the Yreka patient demographics from the patient registration forms into this system and updates patient information as needed.

Leslie has worked off and on for the Karuk Tribe since 1998. She has been in her current position since April 2006. Since that time Leslie has taken and passed the Academy of Professional Coders class. She received notification in March that she had been designated as a Certified Professional Coder (CPC) as of December 2006. As an Academy certified coder she is recognized as a professional who is dedicated to "Upholding a Higher Standard" in the medical coding field.

At the June 6th Yreka Medical Staff Meeting, Leslie was given a plaque and honored for this achievement.

In the past year and a half she has brought the data entry current for this location. She also fills in other positions and always willing help where needed.

Congratulations on your accomplishments Leslie!

Continued from previous page...



Beargrass

kúupha. vaa káru koovúra pa'áraaras kunkúupheesh. xas pukára vúra pipshinváriveeshara. tákoo.

Let's weave soon. And we will weave for a long time. That is our Indian way. We will always do this. And let's all learn our Indian ways. That way all our Indians will do that way. And nobody will forget. That's all.

yôotva yôotva



Jennifer Goodwin

The photographs are of Verna's Reece's Basket Making Class gathering bear grass on Baldy Mountain and Benjamin Creek where the Forest Service has burned for the basketweavers. They wish to thank Alan Vandiver, Sue Daniels, and her crew for their work. Great Job! Not pictured: Paula McCarthy, Juna Ward & Erin Hillman

THE SWEEP PROGRAM NEEDS YOUR HELP!!!!



We are accepting equipment donations for the SWEEP program. Some of the SWEEP participants work in yard maintenance for elderly, disabled or for people who cannot supply these items to clean their yards. Due to budget restraints were unable to provide these items to the participants. Any donations are appreciated. You can bring the items to the Karuk Tribal Administration Office or call 1-800-505-2785 ext 2030 (Dion), 2025 (Lisa) or 2045 (Junalynn). Here are some examples of what is needed:

Weed Eaters	Hand Clippers
Shovels	Lawn Mowers
Pruning Shears	Rakes
Pruning Saw	Ladder

Low Income Assistance Programs (LIAP)

1.800.505.2785 or 530.493.1600 Ext. 2025 or 2045

Low Income Assistance Programs:

- **Community Services and Development (CSD):** This program provides assistance for low income families with food, shelter, transportation, health and safety issues. The applicant must reside in the service area, be very low income and be a Karuk Tribal member or descendant. For those of you that live outside of the service area try www.acf.dhhs.gov/programs/ocs/csbg/index.htm or www.csd.ca.gov/providers.html
- **Low Income Heating Energy Assistance Program (LIHEAP):** This program provides energy assistance to eligible tribal households with electricity, propane, wood and minimal weatherization. The applicant must reside in the service area.
- For those of you that live outside of the service area try The National Energy Assistance Referral program (NEAR) at 1-866-674-6327 or www.energynear.org The LIHEAP programs administered by tribes at www.acf.hhs.gov/programs/liheap/tribal.htm or administered by States at www.acf.hhs.gov/programs/liheap/states.htm. For Oregon residents you can contact www.oregonheat.org for social service agencies and utilities working to keep the homes of low income Oregonians warm and safe.



- **General Assistance:** This program provides low income families with food and/or clothing, shelter, burial and emergency assistance (burn out, flood, destruction of home). Benefits will be adjusted depending on income received.
- **Skills, Work, Education Enhancement Program (SWEEP):** This program is to enhance eligible Indians with skills/work and/or education. The goal of the applicant is to become more employable while obtaining an incentive payment. An applicant can be on the program a maximum of two years or 48 payments.
- **Adult Services:** Adult care assistance provides non-medical care for eligible adult Indians. The providers must be certified or licensed. Background checks are required.
- **Housing Improvement Program (H.I.P.):** This program provides grant assistance funding to repair or the replacement of your home. **This program is only funded once a year. The deadline for HIP applications is August of every year.** To qualify you need:
 1. Be a member of a federal recognized American Indian tribe or Alaska Native village
 2. Be income eligible
 3. Reside in the service area
 4. Send a disability/handicapped statement
 5. Proof of Ownership or Lease
 6. No prior HIP assistance

ATTENTION!!!! Apply for the CARE program offered by PP&L and PG&E. This program gives a discount on your utility bill. If you need an application please call and request the CARE application be sent to you. Let's save on energy and our budgets.

Bureau of Indian Affairs Programs (BIA)

Each applicant will have to apply concurrently for financial assistance from other federal, state, county, tribal or local agency in the service area. An applicant must not receive any comparable public assistance.





Develop Your Scholarship Game Plan

Information collected from fastweb.com

Having a game plan as you apply for scholarships makes the task much easier. Check out these tips below and remember to feel free to contact the Education Office at any time.

1. Plan to apply for as many scholarships as possible

Some students make the mistake of thinking that they maximize their chances of winning by pouring all of their energy into one or two scholarships.

But applying for scholarships is partially a numbers game. A variety of factors outside of your control affect the outcome of any given award. Only by applying for large numbers of scholarships can you minimize such factors, and maximize your chances of winning.

Even if the scholarship prize is only a couple of hundred dollars, I still recommend entering the contest. This might not sound like much in the context of an entire college tuition bill, but the extra cash can help cover the cost of books for a term, or other college expenses.

In addition, winning smaller awards provides you with additional credentials that you can include in applications for larger scholarships.

2. Develop a suite of generic reusable materials

When applying for large numbers of scholarships, creating a suite of generic reusable materials saves a great deal of time and energy. By having this suite to draw from, you will be able to focus less on just completing application requirements, and more on customizing and fine-tuning the material you've already prepared.

More than just a reduction in your workload, reusing and rethinking old materials can mean vast improvements as you repeatedly refine and edit the same work. By employing this strategy, you gain the opportunity to fine-tune your materials with every submission. And take it from me—your tenth draft will be far better than your first.

To create this suite of generic materials, first seek to develop standard essay responses to perennial scholarship application themes—such old favorites as college plans, career goals, and future contributions to society.

Next, survey the scholarship landscape and isolate common themes and requirements (whether it is a similar essay question or a comparable extracurricular activity worksheet). Attempt to bridge multiple applications with every sentence you write or form you prepare.

Also, go back into your archive of old scholarship applications (you'll develop one quickly) and try to recycle essays and other past materials. Don't just recopy such passages verbatim; instead, try to rethink, improve, and hone everything to fit the criteria of each new contest.

3. Leverage schoolwork and class time

If you have to do the schoolwork anyway, why not make it count toward your scholarship quest? For example, if you're asked to write an essay on a book of your choosing, you may want to select *The Fountainhead* by Ayn Rand. This way, you'll have a submission ready to go for the annual essay contest on this famous novel. If you're assigned a self-reflective essay, pick a personal topic that fits in well with scholarship applications you're pursuing. Moreover, teachers can serve as a helpful source of early feedback for these potential scholarship submissions.

This technique isn't restricted merely to classroom assignments. Most schools offer some type of independent study credit, in which you can pursue your own project under the guidance of an adviser. At many schools, you're even allowed to use a class period during the day to pursue this work. Use the time to complete self-initiated projects that add to your record and improve your chances of scholarship (and college admission) success.

4. Learn from past scholarship winners

In playing the scholarship game, it's extremely useful to have a roadmap of what it takes to win. To obtain this roadmap, make a point of reviewing past winning applications, essays and other materials. Many times, you can request sample winning entries from the organization administering the scholarship program.

In addition, it's useful to interview past winners of scholarships you plan to enter. Ask them about their unique qualifications, the approach they took in filling out applications, and any insights they have about particular scholarship contests you're planning to enter. Many scholarship contests will provide a list of past winners upon request. The best way to master the scholarship game is to learn from those who have played it well.



Karuk Tribal Enrollment Department Needs Your Help

Hello, my name is Marsha Jackson. Dolores Voyles and I work in the Enrollment Department. Our Department collects and maintains mailing lists for our Membership and Descendants. We work with all other departments to ensure that information like this newsletter, is shared with you or sent directly to you.

It is a struggle to maintain an accurate list when individuals move out of the area or change addresses and do not forward the correct information to our department.

We currently have over 400 inaccurate addresses. When this happens, we are losing contact with you and in turn you are losing information that is pertinent to your decisionmaking within the Tribe, or your participation in events with the Tribe.

If you happen to recognize a name from the list below, please ask them to phone or contact the Enrollment Department so we can update their information.

Thank you,

Marsha Jackson (800) 505-2785, Ext. 2039 • Dolores Voyles (800) 505-2785, Ext. 2028

- | | | | |
|-------------------------------|------------------------------|-------------------------------|-----------------------------|
| Acorn, De Etta Eleanor | Bley, Anita Lynette | Crenshaw, Jennifer Lea | Fry, Ronald Jay |
| Adams, Luwana Fay | Bologna, Darren Michael | Croy, Leslie Marvin | Garcia, Antonia Sepulveda |
| Ainsworth Jr., Thomas Patrick | Bothwell, Frederick C. | Cummins, Barbara Lee | Gilbert, Linda Lou |
| Ainsworth, Roger Dean | Bothwell, Warren John | Curran, Crystal Ann | Gillespie, Robert Lee |
| Ainsworth, Tamara Patricia | Brazille Jr., Carl Henry | Dacosta, Mercedes Luisa | Golden, Jennifer Mary |
| Albers, Konni Jean | Brazille, Grace Colleen | Davis, Amanda Christine | Gomes, Maurice Francis |
| Alford III, Jasper Wilfred | Brazille, James Henry | Davis, Anjanette Irene | Gonzalez, Cindy Jean |
| Alford Jr., Terry Lee | Brazille, Jeff Allen | Davis, Dr. Levi E. | Gonzalez, Joshua |
| Alford, Delbert Warren | Briggs, Natasha Marie | Davis, George Hampton | Gonzalez, Michael Jacinto |
| Allen, Kimberly Ann | Brink, Jefferson Duran | Davis, Richard Alton | Goodwin Jr., Norman Carter |
| Alt, Anisha | Brown Jr., Clifford Monroe | Davis, Twila Jean | Gossage, Sybil Louise |
| Antone, Gail Garfield | Brownfield, Ricky Wayne | Degross, Sidney Montano | Goucher, Tammy Fayette |
| Antone, Natalie Grace | Brown-Thunder, Simone Marie | Derham, Charles Lawrence | Grant, Michael Brandon |
| Antone, Noah George | Burcell, Harold Ernest | Diaz, Amber Noel | Griener, Lisa Marlene |
| Antone, Russell Gregson | Burcell, Jeanne Lynn | Donahue Sr., Edwin Gail | Griffith, Barbara Gail |
| Appolonio, Johnnie Marie | Burcell, Thomas Charles | Donahue, Asa Dimon | Griffith, Justin |
| Areson, Tami Mae | Burkus, Lori Jean | Donahue, Leland Jasper | Griffith, William Donald |
| Ashinhurst, Shannon Marie | Bushnell, Jerry Dale | Donahue, Leland Jasper | Guevara Jr., Carlos Armando |
| Attebery, Leonard Ray | Butterfly Jr., James Eugene | Donahue, Sonia Victorine | Guthro, Geoffrey Neal |
| Attebury, Ashly Nicole | Calvery Jr., Terry Joe | Dooley, Michael Thomas | Guthro, Joann |
| Attebury, Cornelius Ray | Calvosa, Christopher Raymond | Dooley, Pawnee Brandy | Guthro, Samuel Joseph |
| Attebury, Kelly Ray | Calvosa, Joseph Michael | Dulaney, Dr. Joseph Anthony | Hackenberg, Ronald Joseph |
| Attebury, Lyla Rose | Camarena, Benjamin Arthur | Eagle, Daniel Raymond | Haley, Christina Marie |
| Attebury, Schashone Dawn | Camarena, Michelle Alice | Eagle, James Leonard | Harlson, Patricia Leann |
| Aubrey, Julie Ann | Canfield, Nacole Julia | Eagle, Patrick Rollin | Harrie, Cindy Lou |
| Aubrey, Lorann May | Canham, Phyllis Edwina | Eagle, Robert Dewey | Harrison Jr., Justin Carl |
| Aubrey, Violet Ann | Carbone, Nicole Anne | Effman, Wesley Robert | Hase, Rhonda Lynn |
| Aza, Cheryl Denise | Carbone, Vincent Anthony | Enick, Albert Edwin | Headrick, Julie Fae |
| Aza, Vincent Eugene | Carr, Shirlee May | Erwin, Betty June | Hensher, William Joseph |
| Bailey, Angelina Arleen | Carr, William Paul | Evenson, Thomas Edward | Herrera, Christopher Steven |
| Bailey, Charmin Sioux | Carstensen, Alan Dale | Facey, Shauna Pauline | Hobbs, Randy Dale |
| Bailey, Leah Beth | Carter, Douglas Roy | Ferris, Damon | Hockaday Jr., Barry Lee |
| Baker-Miller, Pamela Lynn | Cartier, Debra Louise | Ferris, Sally Fae | Hodgin Jr., Thomas Kevern |
| Barger, Valerie Lee | Caulder, Mary Jane | Field, Ben Lawrence | Hodgin, Douglas Eugene |
| Barrera, Jaime Jon | Cavanaugh, Jill Lorraine | Field, Edward Dale | Hodgin, Julie Mae |
| Bartlett III, James Arthur | Ceraolo, Anthony | Field, Jennifer Lynn | Hodgin, Mary Jean |
| Bartlett, Katherine Elaine | Chase Jr., Leo | Fitzgerald II, Daniel Grant | Hoffer, Laverne |
| Becerra, Cheree Nicole | Cheatham, Naomi Dawn | Fitzgerald, Paul Michael | Hoffman, Donna Marie |
| Becerra, Sheila Larae | Combs, David Lorin | Fitzgerald, Stanley Lawrence | Hoffman, James P. |
| Bell, Daniel Leigh | Combs, William Harold | Fountain, Charlene Tricia-Mae | Hogue, Wilma Kae |
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| Belzer, Randall Scott | Conrad, Eloise L. | Freitas, Decann Debra | Houston, Charles Wayne |
| Bennett III, Leslie Clarence | Cook, Josephine Alice | Fry Jr., Monte Ray | Howell, Dennis |
| Bennett Jr., William Porter | Cooper, Rise Pearl | Fry, Cynthia Marie | Hughbanks, Buffey Lee |
| Bennett, Mariah Rochelle | Corriea, Jerry Merrill | Fry, Daniel Lee | Husa, Cheryl Lynn |
| Bennett, Tammy | Courts, Cherry | Fry, Judith Marie | Huston, Valentina Candice |
| Birkhofer, Jewelye Georjean | Cramer Sr., George Dee | Fry, Marion Darrel | Ichelson Jr., David Leon |
| Black, Gregory John | Cramer, Edwin Gary | Fry, Richard James | Iverson, Michelle Denise |

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Jerry, William Hugh
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Johnson, Fred
Johnson, Jericho Lee
Johnson, Roger Dale
Johnston, Dallas
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Jones Sr., Vincent James
Jones, Barr Brian
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Jorgenson, Shelley Marie
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Justice, Russell Lee
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Lampert, Mari Anne
Lang, Jube
Lawe, Sierra Corina
Leary Jr., Clarence Marion
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Martinelli, Dixie Lynn Hatcher
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Matteoli, Shawn Francis
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Mcneal Jr., Elman
McNeal Jr., Robert Elmer
Mcneal Jr., Robert George
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Meneal, Curtis Dale
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McNeal, Steve M.
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Montague, Louise Pearl
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Moody, Starlite Meri
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Moran, Misty May
Moran, Smokey Mountain
Morris, Brian Jay
Morton, Angel Yvonne
Motsenbocker, Marsha
Murphy, Keith Alan
Murray, Brian Lee
Murray, Maria Frances
Music, Michael Alfred

Myers, Candice Renee
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Nelson, Darrell Victor
Nelson, Eric Duane
Nelson, Robert Andrew
Neuner, Lisa Robin
Nichols, Mariana Marie
Norton, Barry Lynn
Norton, Tamara Lynn
Nova, David Lazaro
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Offield, Thomas Matthew
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Passmore, Melody Mae
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Patterson, Patrick Lee
Patton, Randall Kane
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Peasnull, Peggy Sue
Pepper, Daisy Sue
Pepper, Ninamic` Pufic`
Perez, Eric Juan
Peters Jr., Donald Ray
Peters, Priscilla Louise
Pierce, Gary Alan
Pike, Ursula
Pilcher, Sharon Rosezane
Poe, Joshua Michael
Quiroga, Elizabeth Ann
Radford II, Charles Edward
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Rodriguez, Jorge Luis
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Sligar, Michael William
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Thacker, Lorna Jane
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Tripp, Ian Daniel
Tripp, Trudy Lee
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Varnell, Johnathan David
Venecia Sr., Valentin Isidro
Waggle, Christina Ann
Wantt Jr., Archie Albert
Warren, Jon Jared
Wells, Eileen Marie
Werder, Brandi Lee
Werder, Bryan Edward
Werder, Jeffery Dean
Werder, Robert Hans
White, Tamsen Taryn
Whitmore, Clarence Edmond
Wilder, David A
Wilder, David Leo
Wilder, Frederick Prescott
Wilder, George Llewellyn
Wildhaber, Ellen Elaine
Williams, Barbara Mae
Williams, Dana Monique
Williams, Dannette Jean
Wilson Jr., Frank Oriss
Wilson, Monica
Wingo Sr., Clyde Eugene
Wirick, Nicole Jeanie
Wood, Carl Lee
Wood, Clayton Earl
Wood, Doris Joann
Wray, David Lee
Wray, Floyd Eugene
Wray, Wanda Ann
Zimmerman, Richard Dean
Zimmerman, Ronald Arden

Newsletter Article Submissions

If you have news, articles or events you would like placed in this newsletter, please submit your information to **Sara Spence, Newsletter Articles, P.O. Box 1016, Happy Camp, CA 96039**. Or you may email articles and/or photos to sspence@karuk.us or to Rosie Bley at rbley@karuk.us.

Article deadline:
October 15 for the fall issue.

Karuk Tribe of California - Karuk Tribal Health Program
Contract Health Services (CHS) Department

Anna Myers, CHS Supervisor

What Is Contract Health Service?

Contract Health Service (CHS) is a federally funded program administered through Karuk Tribe of California. Karuk Tribal Health assists **eligible** Indian clients with payments for **approved** medical and dental services.

Below are some of the eligibility criteria for our clients:

To be eligible for CHS services, clients must provide proof of Native American Verification which includes:

1. A member of a federally recognized California tribe or a descendant of CA. Indian with a Certificate Degree of Indian Blood (CDIB) living within the Karuk Tribe of California service area.
2. Any Indian in California who is included on one of the California judgment rolls,
3. Or their descendents (A copy of the judgment roll that includes the individual's name must be provided).
4. Non-Indian woman pregnant with an eligible Indian's child is eligible during her pregnancy through six weeks postpartum.

How To Use Contract Health Service:

1. Clients must have a referral from one of the Karuk Tribal Health medical or dental clinics for outside services (services not provided in our clinics). **Pre-authorization is required for all non-emergency services and follow-up care.**
2. Emergency room visits must be reported to CHS within 72 hours after the service is rendered to be eligible for CHS coverage. Any emergency room visit will be reviewed and prioritized for payment by CHS staff, which means an alternate resource or a denial for an alternate resource may be required. This is a federal regulation that must be adhered to,
3. Elders, 60 years of age and older, are required to report emergency room visits within 60 days of the emergency room visit,
4. Any client requesting CHS must fill out an annual family intake for alternate resources if they have no other insurance. This will assist clients in obtaining insurance coverage, and assist CHS in covering services for clients for an entire fiscal year,
5. Clients must mail CHS all bills and insurance explanation of benefits (EOB) that they have received within 60 days of the outside service if so rendered.
6. CHS asks that clients maintain close contact with CHS staff for coverage updates.

Refusal to Apply for Alternate Resources:

- If clients refuse to apply for alternate resources, any and all CHS coverage will be denied for payment,
- If CHS staff receives documents proof of a clients ineligible status for alternate resources (MediCal denial letter, etc.) then CHS will authorize payment for approved services.

REMEMBER;

1. The disadvantage of having no alternate resources is that not all services will be covered by the CHS program, and our goal to assist all clients in the best service possible,
2. Since CHS has limited funding, there are levels of care that are approved levels of care, meaning that certain services although necessary, are not covered through CHS (such as surgery, inpatient care at a hospital and other services),
3. There may not be enough funding to last an entire fiscal year, so close contact with CHS staff is imperative.

CHS Staff;

- o Anna Myers, CHS Supervisor: (530) 493-1600 ext. 2156
- o Lucille Tiraterra, CHS Clerk: (530) 493-1600 ext. 2151
- o Cheryl Titus, CHS Clerk: (530) 493-1600 ext. 2155

We are all available to talk with you and assist you with your needs at any time. Please feel free to contact our offices with any questions or comments you may have. We encourage you to keep in contact with us.

Tribal Court & CASA Have Moved!



New office location in Yreka Karuk Clinic Building

1519 South Oregon Street, Yreka CA

They share offices with Social Services

Monday-Thursday 8am-5pm

Tribal Court 530-842-9228

CASA-530-842-4924

All messages will be returned!

The Nurses Corner

Skin Cancer - Saving Your Skin From Sun Damage

David Eisenberg, PHN



Melanoma

Why is the sun so bad for my skin ?

The sun's rays causes damage to the skin. This leads to early wrinkles, skin cancer and other skin problems. Being in the

sun often over time, even if you don't get a sun burn can lead to skin cancer.

About 10,000 people a year in the US die from skin cancer.

Where is skin cancer most likely to occur ?

Most skin cancers occur on parts of the body that are repeatedly exposed to the sun. These areas include the head, neck, face, tips of the ears, hands, forearms, shoulders, back, men's chests and the back and lower legs of women.

What are some of the risk factors for skin cancer ?

- Having fair skin, red or blond hair
- Light colored eyes
- Multiple moles, freckles or birthmarks
- Sunburning easily
- Having a serious sunburn
- Family members with skin cancer



Basil Cell Carcinoma

What does a normal mole look like

A normal mole is solid tan, brown, dark brown or flesh colored. The edges are well defined. It's smaller than 1/4 inch in diameter and has a round or oval shape. It should be flat or dome - like.

How can I tell if my mole isn't normal?

Look for any change in a mole you have, or in the appearance of a new mole. Most normal moles appear by age 30. Any moles that appear after age 30 should be watched carefully and brought to the attention of your health practitioner.

How can I prevent skin cancer?

The key is to avoid being in the sun or using sunlamps. If you are going to be in the sun, wear a wide brimmed hat to protect your face neck and ears. Clouds and water do not protect you - 60% - 80% of the suns rays can get through clouds and reach swimmers at least one foot below the surface of the water.

Should I use sunscreen?

If you can't protect yourself by staying out of the sun or wearing the right kind of clothing, use sunscreen (at least 15 SPF) to help protect you. Sunscreen is important, but does not make you completely safe.

For more information - contact any one of the Karuk Medical Clinics



Mission Statement

The mission of the Karuk Tribal Council is to promote the general welfare of all Karuk People, to establish equality and justice for our Tribe, to restore and preserve Tribal traditions, customs, language and ancestral rights, and to secure to ourselves and our descendants the power to exercise the inherent rights of self-governance.

Karuk Tribal Council

Summer, 2007

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Chairman

Leaf Hillman,
Vice-Chairman

Florrine Super,
Secretary

Leon Hillman,
Treasurer

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Member at Large

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Rosie Bley

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*Karuk Tribal Members,
Descendents, Families,
& KTOC Staff*

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96039

Change of Address

If you are not sure whether your correct address and phone number are on file with the Tribe, please write us or call (800) 505-2785 Ext. 2028 and let us know your current address and phone number for future reference.