



Karuk Tribe



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www.karuk.us Karuk Tribe's Quarterly Newsmagazine 3,544 Tribal Members

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Photo overlooks Happy Camp. Pictured is the Klamath River and Indian Creek taken from the top of the "Happy Camp Town Trail" by the Tribe's IT Technician, Gerry Canning. The Karuk Tribe's Administration Offices and Karuk Community Health Clinic are located in the center loop between the river and creek.

Chairman Arch Super's Corner



Chairman Arch Super

Ayukii koovura pa Karuk araaras (*Hello all Karuk people and relatives*). **Tanixxuti koovura pa Karuk araaras takun chuupeesh pa ararahih kari xas takun tapkuup** (*I'm thinking all of the Karuk people/relatives are talking the language and then they are using it.*) **chimi itapeesh pa ararahih koovura pa araaras** (*Let's be learning the language all of the people/relatives*).

November Jim Burcell from KCDC and I attended an Economic Development Summit held in Trinidad and Arcata. It was put on by the Humboldt State University. It was good to share information and ideas with other Tribes and professionals. Scott Quinn, Sandi Tripp, and I attended a Consultation meeting with the BIA and the Department of Transportation (DOT) in Brooks, CA. There was discussion on the formulas that are used for claiming road mileage for Tribes. Tribes are finding it very important to get together as one big voice to direct their issues to the BIA and DOT. Self governance director, Hector Garcia and I attended a meeting with the Tribal Alliances for Sovereign Indian Nations (TASIN) in Anaheim, CA. We introduced the newly formed California Association of Tribal Governments (CATG) to TASIN. The TASIN organization consists of big Money Tribes with a big voice. We informed them that CATG was a growing organization of many California Tribes and that we would work together to voice the California issues and concerns to the state offices. TASIN was very receptive and supportive of the goals and desires for CATG. Ramona Taylor for the Tribe's DNR Department and I attended the Energy Project Program Consultation held in Denver, Colorado. Tribes across the nation are working on Energy projects with solar, water and wind. The projects are sources of economic development for Tribes. We are hoping that our Tribe might venture in an Energy Project Program. In November, a new council member was voted into office.

Mrs. Verna Reece will be serving a four-year term on the Tribal Council for 2008-2012. She and incumbent Alvis Johnson were elected into office. The Council will work diligently to get Verna adapted to Tribal Council.

December I traveled to Washington DC for our quarterly Tribal Budget Advisory Committee meeting (TBAC). Our federal funding has been very tight in the past year. We are still getting the same report from the officials in the DC offices. Tribes throughout the US are trying to

negotiate ways to get funding to Indian Country. A lot of funding is sought through the Advisory Committee and also through individual Tribes. Self-governance assistant Carrie Davis and I held a meeting with some members of the CATG. Since the CATG started in August of this year, there have been meetings to continue to build membership. We hope to build our membership with all Tribes of California, which is over one hundred.

January I traveled to the Susanville Indian Rancheria to meet with their Tribal Council. Members of their council wanted additional information about CATG. It was very nice to be in the presence of another Tribal government. Council member Ms. Florraine Super, Tribal Court Director April Attebury and I attended our regular meeting with the Northern California Tribal Courts Consortium (NCTCC) in Hoopa. We worked with our Tribal court codes and policies for court processes and procedures. Carrie Davis and I had meetings with CATG in Palm Springs and Sacramento. We have 30 plus Tribes from the North, South and Central California. CATG is getting well organized and will be strong. Tribal Council had a meeting with our attorneys, Luebben, Johnson and Barnhouse. This firm works on our Land Rights issues. We met to go over the plan and direction and budget with some of our land rights issues. Tribes continue to fight for land and river wellness and rights.

February Tribal Council, self-governance and support staff are currently working on our Annual Funding Agreement (AFA). Our AFA is usually the same as far as our BIA budget, but we hope to add additional sources within the BIA.

We are still doing Talking Circles in Yreka. We just started our meeting up again in the month of December and we will continue to have them monthly. We hope to start Talking Circles in Happy Camp and Orleans. It is community generated, so if our communities get in touch with us, we can start one in each community. For Casino and Gaming update, our Gaming Attorney reported that a pending application for gaming for one of the Tribes got a bad determination. That decision may affect our last application. Tribal Council is hoping to try some new approaches to getting to a better point. It has been a challenge. I hope to have a better report within the next month or two. As always, I encourage Tribal members to call, write, email or come and see your elected officials if and when you have questions and concerns.

Notes from the Secretary

Florrine Super, Council Secretary

Ayukii, I hope everyone had a good New Years. I've been busy staying on top of all the issues that relate to the committees that I sit on. My main activities are Elder's Activities, Cultural Activities, and Youth Activities.

Side note: Ivan "Ishnur" Super, my son, is loving life. He likes to dance and sing. He will be one year and 10 months old on March 9th.



*Council Secretary
Florrine Super*

TRIBAL COUNCIL SECRETARY QUARTERLY REPORT

Karuk Youth Leadership 2008

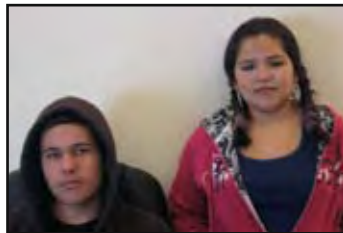
Our Karuk Youth Leadership Conference was held November 8, 2008 in Happy Camp CA. The following issues were presented: Youth for Change (Youth Advisory Elections), tobacco education, understanding youth views, exposure to, peer interaction with, and prevention recommendations regarding drugs and alcohol. Tribal member Ron Reed was our keynote speaker on Tribal issues- "You must be the change you want to see in

the world" and how it affects Karuk Country. We also had Humboldt State University present college information. During the conference we had cultural activities such as a demonstration brush dance, language and regalia making. To end the day we had a teen dance.

Our 2009 Conference will be in Yreka and we will soon begin our planning process.

Contacting your Karuk Tribal Secretary:

If you would like additional information and/or have any questions, contact me at any time. If you would like to be put on my email list, send your email address to fsuper@karuk.us with a note saying you would like to receive Tribal information. Florrine Super



*Youth Leadership Council Members
Skyler McNeal and Laura Croy*





Karuk Tribe

Notice of Election



NOTICE IS HEREBY GIVEN that on **Tuesday, November 3, 2009**, The Karuk Tribe will conduct a Tribal election. Polling places will be open from **7:00 A.M. to 7:00 P.M.** at the following locations:

- * Happy Camp Karuk Community Building “Old School Gym” 64236 2nd Avenue.
- * Yreka Karuk Health Clinic Conference Room, 1519 South Oregon St.
- * Orleans Community Center, 39051 Hwy 96.

TO BE ELIGIBLE TO VOTE: All members of the Karuk Tribe who are eighteen years of age and older, and who have registered with the Karuk Voters Registration Office shall have the right to vote.

CANDIDATE ELIGIBILITY REQUIREMENTS AND PETITIONS: will be available on **Tuesday, June 16, 2009** at the Housing Authority Offices in Yreka and Happy Camp, the Karuk Medical Clinic Buildings in Orleans and Yreka, and the Tribal Administration Building in Happy Camp. Nominating petitions and proof of residency must be returned to the Tribal Administration Office in Happy Camp **no later than 5:00 P.M. Friday, July 31, 2009.**

SUBJECT MATTER OF ELECTION:

- (1) Member At Large (Orleans District)**
4 Year Term 2008-2012
- (1) Member At Large (Yreka District)**
4 Year Term 2008-2012

ABSENTEE BALLOTS: requests for absentee ballots must be submitted in writing by a Registered Voter of the Karuk Tribe, and sent to:

**Karuk Voters Registration Office
P.O. Box 815
Happy Camp, CA 96039**

All requests for absentee ballots must contain his or her signature, and be verified by one of the following three methods:

- 1). A notary public
- 2). Two eligible voters of the Tribe
- 3). Providing a copy of a State, Federal or Tribal signed I.D. card.

It is highly recommended that absentee ballot requests be received by the Voter’s Registration office in a timely manner for those members living outside of the Tribes aboriginal territory, due to the length of time it takes mail to reach Happy Camp. No phone call, or fax requests will be accepted according to Section 16B of the Tribal Election Ordinance.

For more information call the Election Committee at **1-800-50Karuk or (530) 493-1600, ext 2014**

To confirm your voter registration, call the Karuk Enrollment Department at ext 2028. Registration is permanent unless you do not vote in a regular Tribal election.



Administrative Programs & Compliance

Erin Hillman, Director

In my last newsletter article, during a transfer of information, the third paragraph had been accidentally deleted. For those of you who read it you may have been wondering what council action I was referring to in my fourth paragraph. Here it is for those who may have noticed.

“On July 16, the Tribal Council declared a state of emergency on Tribal lands and set out to achieve several objectives, including assessing unmet needs, the procurement and distribution of HEPA air purifiers, opening cleaner air centers for the public and coordinating equipment to monitor air quality.”

The correct version of my fall newsletter article can be found on the Tribes website.

On December 31, 2008 the Karuk Tribe closed out the Indian Community Development Block Grant funded by the Department of Housing and Urban Development (HUD) for the construction of the Panamnik Community Cultural Center located in Orleans.

The final report submitted to HUD Southwest Office of Native American Programs or SWONAP for short, describes the journey taken by the Tribal Administrative Programs office and the Housing Authority to complete the construction of the 4000 square foot multi use facility.



We were awarded the grant written by Rick Hill, in November of 2006 several months after the originally proposed start date of July 2006. Because of the delay of the award, the first order of business was to submit a revised implementation schedule. This was done and the Karuk Tribe received approval for the revised implementation schedule.

The Tribe then prepared and advertised for Environmental Assessment Services. We received 5 bids and selected Winzler and Kelly who rated the highest and had the lowest price. A draft Environmental Assessment was received and the comment period was advertised in June 2007 and the Request for Release of Funds was submitted on June 29. The environmental clearance date was established as July 18, 2007.

At the same time the Tribe prepared and advertised the RFP for Architect Services. The Tribe received 3 bids. The lowest price, most qualified proposal with the best record for service in Tribal projects was selected. Joan Briggs from Willow Creek

California designed the facility. The Tribe requested design elements to bring to the project more of a feeling of the Tribes culture to the facility- subtle elements and profiles to give the impression of the building coming up out of the ground as it is approached from the west. Joan came back to the Tribe with an acceptable design for the facility. The Housing Authority and Tribal Council were given the opportunity to review the designs and in April 2007 approved the concepts. After receiving approval for the design concept, the construction documents were developed and finalized for bid in June 2007.

The Tribe went out for bid in August. The first bid closed on September 21. The first round of bidding realized one bidder significantly over budget. The project was redesigned, deleting the geothermal heating system which was determined to be cost prohibitive for the project. The second bid was re-advertised and two bidders responded, both in excess of the budget. The Karuk Tribe Housing Authority increased its contribution to the project because the square footage dedicated to the Housing Authority had increased as a result of the design changes.

The low bidder, Timberworks from Mt. Shasta sat down with Tribal managers and the bid and project was evaluated (value engineered). The Tribe and Contractor were able to bring the cost within the budget for construction. Timberworks provided proof of insurance and project bonding and was checked and cleared

from the Debarred Contractors list. The contract was presented to the Karuk Tribe Housing Authority and Karuk Tribal Council for approval. Both approved the contract award and notice was given to the contractor to begin work.

Construction began in early February 2008, gaining on the construction schedule until wildfires broke out in California in June. Air quality issues and subcontractors leaving the project due to fire related emergencies impacted the schedule. A request for a revised implementation schedule was submitted and approved by HUD SWONAP staff.

On September 30, 2008, the progress schedule from Timberworks showed that the project was 96.27% complete. On October 31, Timberworks representatives, Housing and Tribal Inspectors, Contract managers and the architect met to do the final walk through on the project.

In accordance with the application for the project, we were required to report on all outputs and outcomes for this project.

Continued on next page...

Administrative Programs and Compliance, continued...



These measurable outputs and outcomes included:

- **Construction of 4,000 sq-ft facility- Achieved.**

The construction of the facility was completed as of October 31, 2008. The building was designed to use passive solar energy to cut down on operational costs. Staff moved into their offices during the month of December 2008.

- **Tribal Housing Program Support Services-Achieved.**

Until now the Karuk Tribe Housing Authority has had no space for storage of equipment and supplies to support the maintenance of its 33 housing units. The support needs for the housing community had been unmet. In the original application, 35% of the floor space was dedicated to use by the housing authority. Through innovative design, the architect increased the usable space for the Housing Authority to close to 50%. The Housing Authority now provides Tenant Relations Services to its community in these offices and Housing Authority Maintenance has the room necessary to store equipment and supplies in quantities that are more cost effective. It is no longer a problem to secure equipment for projects for long periods of time, saving valuable staff resources to implement the projects instead of transporting equipment.

- **Education and Computer Services- Achieved.**

The construction of the new facility has provides space for 20 students of the elementary school to access after school tutoring and computer lab services. The tutoring services are funded through the Education and Child Care program funding of the Tribe. Computer lab services are still in the planning stages.

- **Behavioral Health and Human Services-Achieved.**



Since the initial application for funding for this project was submitted the Tribe has successfully negotiated funding and developed its own TTANF (Tribal Temporary Assistance for Needy Families) program. This new program brought on an additional staff of two to the Orleans community. The need for additional space became even more critical. The open office space made available by the move of the social services program to the new facility allowed the TTANF program to provide services in the Orleans Clinic. The alcohol and drug abuse program is also located in the clinic, providing the optimum environment for collaboration with TTANF.

Prior to the construction of the Panamnik Community Cultural Center, there was no dedicated meeting or instructional space for the Karuk Language Restoration Program. With the newly constructed center open to the community, this unmet need has been addressed.



The Karuk Language Preservation and Revitalization Program have embarked on a three year project that pairs elder fluent speakers of the language with language apprentices. Apprentices will learn best video documentation, transcript and analysis techniques in order to record the elder fluent speaker over the project period. The office, community room and class room in the facility are being used to accomplish these tasks. This project will increase skills of Karuk apprentices, the apprentices and elders will have employment and intergenerational contact and the Karuk Language Preservation and Revitalization Program will have increased its capacity. The Karuk Language classes now have a permanent, centralized place for local residents to participate.

The Panamnik Community Cultural facility is located adjacent to the Orleans Elementary School. The Tribe is now able to bring many services like cultural classes, tutoring, behavioral health, drug and alcohol counseling, basket classes and gathering to a location that facilitates a closer working relationship between the Tribe and the Elementary school whose enrolled student population is comprised of 46 Native Americans- or 55% of the total enrolled.

So far, baskets weaving classes, Language Program trainings, and Housing Authority Committee and Karuk Tribal Council meetings have been held in the new building(s). The next time you are in Orleans, feel free to check them out.

Attention Karuk Members and Descendants!

I would like to urge everyone to be sure and be counted when the 2010 United States Census is taken. The numbers they get in the United States Census is the best way to let the Government know how many Native Americans and descendants there are. Our power is in our numbers. That's how they figure out who gets funding for everything from highway improvements to school staffing. The government uses this census information to plan for the future of our country. Please... it is very important for our people to fill out your census information!

There will be three spaces to put down what kind of Indian you are so please include your Karuk membership or descendency. You can also include two other Tribes if that's what you are. If you don't put it down they won't know.

Sincerely,

Arch Super, Karuk Tribal Chairman

Stand and be Counted!



US Census

For Your Tribe and Your Families!

Grants Department Update

Hester Dillon, Grantwriter

The Grants Office remains busy and productive. We've recently been awarded grants from:

- Year Two, Part 2 of the HRSA Non-Competing Continuation Application, \$644,321 in support of the Health and Human Services Program.
- Sierra Health Foundation grant, \$40,000 in support of the Happy Camp Generator Project.
- Head Start third-year continuation funding grant, \$453,999, in support of annual operation of Head Start Programs in Happy Camp and Yreka. Hester and Rick worked with Head Start staff and Jim Berry at KCDC to complete and submit this application.
- CalTrans 5311 (f), \$10,513, Public Transportation planning and feasibility study grant to evaluate transit between Orleans and Happy Camp.
- Special Diabetes Program for Indians (SDPI), \$157,544, annual grant that enhances care for diabetic patients.

Grants submitted during the past few months:

- Proposal to the Institute of Museum and Library Services, \$5,000, in support of the People's Center.
- Indian Health Services in support of federal economic stimulus allocations for the Happy Camp clinics' HVAC system.

- Proposal to Jenny's Heroes, \$25,000 in support of the Happy Camp Generator Project. Secured funds for this project now total \$80,000.
- Proposal to Sierra Health Foundation, \$25,000, in support of safety-net services to low-income individuals.
- Environmental Protection Agency in support of federal economic stimulus allocations for Happy Camp community water system improvements.
- Proposal to General Mills Champions for Healthy Kids, \$10,000, in support of health education and physical fitness activities for Happy Camp Elementary School students.
- Proposal to the Ben B. Cheney Foundation, \$55,590, in support of the Yreka Head Start renovation project.

We continue to work on the following projects and grants: youth program funding, renovation funding for the Yreka Head Start Program, strategic planning, Congressional appropriations, generator funding for Happy Camp, emergency preparedness, and radio stations in Orleans and Happy Camp. As always, if you have questions, please stop by the office or give us a call at 493-1600, ext. 2021.

Karuk Tribe Housing Authority News

Ann Escobar, Tenant Relations Officer

I am pleased to inform Tribal members that the Karuk Tribe Housing Authority “KTHA” was featured in the December edition of the AMERIND quarterly newsletter. The article featured a question and answer session with the KTHA Executive Director Sami Difuntorum. KTHA was recognized for the

Harvard Project Honoring Nations Award 2008 for Environmentally Responsible Building and Community Design. I would also like to take this time to thank Sami for her continued hard work and time she spends on trying to get more funding for the KTHA. Sami is well known throughout Indian Country for her



knowledge and expertise of the Native American Housing and Self Determination Act “NAHASDA”. She was one of the few selected to testify to the US House Subcommittee on the reauthorization of NAHASDA. In September the bill was passed, “This means that Indian housing has passed a major milestone on the road to reauthorization. Passage of this bill in the House helps ensure that Tribes and their housing authorities are provided the urgently needed tools to continue the efforts to improve the housing conditions that our people face every day,” Sami serves on various boards nationally; she is currently on the Board of Directors to the Native American Indian Housing Council (NAIHC) representing Region 7 (California and Nevada). The NAIHC is composed of 265 members, representing 428 Tribes, and is the only national Indian

organization representing Native American housing interests. Sami is a board member on the Southwest Indian Housing Association and represents Native American housing for all of California. Sami not only represents the Karuk Tribe on a national level but she speaks for all Native Americans. These are only of few areas that Sami excels in. She has dedicated a lot of her own time and knowledge to help Indian Country in



Newly Built Panamnik Center in Orleans

the Housing area. Sami has been working for the Karuk Tribe Housing Authority for 14 years and continues to work on the growing needs of housing for not only our Tribal members but for the housing needs of all Native Americans.

YOOTVA SAMI JO DIFUNTORUM!!

The KTHA currently manages 187 units of affordable housing on Tribal land, with plans to build more houses in all three of the housing communities in Yreka, Orleans and Happy Camp. KTHA would like to encourage Tribal members who are in need of affordable housing to submit a Housing application. There is no application deadline, you can apply at any time. KTHA has several housing based programs available.

Again KTHA is in the process of building three - Lease with Purchase Option units in Yreka and three in Orleans. The Yreka units will be one and two bedrooms with alternative energy components; Orleans units will be one two-bedroom and two three-bedroom units and will also have alternative energy components. Interested low income Tribal members who are first-time homebuyers are encouraged to apply.

Below: New Karuk Housing Authority building in Yreka



The KTHA Staff is currently restructuring. We have consolidated all of the Housing Program applications. All Housing program applications should be submitted to Ashlee King. Ashlee has returned from maternity

Continued next page...

Karuk Tribe Housing Authority News, continued...

leave. Congratulations on the new addition to your family Ashlee! Ashlee will be handling all applications for housing assistance needs (ie, Student Rent Voucher Program, Elder Voucher Program, Low Income Rentals, Lease with Purchase Option, Low Interest Home Loans, Home Replacement Grants, etc.). If you would like more information on any of our Housing Programs please feel free to contact Ashlee at (530) 493-5434 ext: 108.

The Karuk Tribe Housing Authority and the Karuk Tribe have been working together to build community based buildings. There are now community buildings in all three KTHA communities. Our construction manager and inspector have been busy with on going construction projects. A big thanks to the construction team for all their hard work and dedication to get these projects completed. Yootva and Suvanik!



Above: The Karuk Tribe Housing Authority completely renovated the old Headway building in Happy Camp. It now houses the Senior Center, Council Chambers, Tribal TANF and Karuk Community Loan Fund offices

KARUK TRIBE HOUSING AUTHORITY WAITING LIST

If you have applied for housing, please ensure that your application is updated with any changes that may occur. It is very important that you keep your contact information up to date at all times. You may check the status of your application by contacting;

Ashlee King
(530) 493-5434 ext: 108
P.O. Box 1159
Happy Camp, Ca 96039

Karuk Community Loan Fund

Home Purchase, Home Improvement or Business Loans

The Karuk Community Loan Fund has funds available to Tribal members for first-time home purchase as well as home improvement loans. We will also soon have some funding for small businesses in the down river area.

If you have a small business that you have been thinking of expanding, or if you are working on your “business plan”

because you have an idea that you would like to put into reality, then this may be a time to contact the Karuk Community Loan Fund!

Guidelines for the Home Purchase Loan: Applicants must be Tribal members and be able to repay a mortgage within qualifying and credit guidelines; must be first-time homebuyers and buying for their own primary residence. Buyers income must be below 80% of median income for the area. Home must be within Siskiyou or Humboldt Counties. Interest rates are currently 4% fixed. For more information call Eddie Davenport, Executive Director – 493-2558.

The Home Improvement Loans are also for Tribal members, located in Siskiyou and Humboldt Counties. This loan is to help low income (below 80% of median income), who are homeowners to repair or improve their homes. Qualifying and credit guidelines must be met. Interest rate on these loans is 6% fixed.

The Business Enterprise loan funds are available for all members of the community! The loans are to help people in the down river area to assist in developing or expanding small businesses.

Let the Karuk Community Loan Fund help you with your small business, home purchase or home improvement loan needs! We understand that many people have credit issues and we are willing to help you work to improve your credit profile. We can also help you with the application and help you with budgeting or other finance issues.

Call Eddie Davenport at KCLF in Happy Camp at
530-493-2558.

Karuk Tribe

OFFICIAL Election Results – General Election – November 4, 2008

There were a total of 223 ballots cast in the election, none of them were deemed invalid.

Alvis Johnson

- 36 Yreka
- 48 Happy Camp
- 25 Orleans
- 27 Absentee
- 136 Total Votes**



Wilverna Reece

- 24 Yreka
- 36 Happy Camp
- 23 Orleans
- 28 Absentee
- 111 Total Votes**



Earl Aubrey

- 25 Yreka
- 34 Happy Camp
- 7 Orleans
- 16 Absentee
- 82 Total Votes**



Hermanett Albers

- 42 Yreka
- 17 Happy Camp
- 6 Orleans
- 9 Absentee
- 74 Total Votes**



Documenting the Karuk Language

Ruth Rouvier, Language Program Coordinator



(L-R) Laura Grant, Shan Davis, Sonny Davis, Julian Lang, Emilio Tripp, Gabe Montgomery, seated is Lucille Albers

January was an eventful month for the Karuk Language Program, as we began our new Master-Apprentice Documentation project funded by the ANA. The goal of this three-year project is to train Karuk Apprentice language learners in best language documentation practices and working with Master speakers. The Apprentices will work to create, transcribe and analyze audio/visual Karuk language materials, and use the materials to expand the Karuk Dictionary and the body of documented Karuk language. They will also share what they learn with other Tribes to help them document their languages.



(L-R) David Goodwin, Bud Johnson

Nearly 30 people attended our first training on January 24-25 in Orleans, learning about the Master-Apprentice method of language learning and how to make high-quality audio and video recordings of the Karuk language. Trainers Laura Grant, Kate Hedges and Leanne Hinton of the Advocates for Indigenous California Language Survival did a wonderful job teaching the Master-Apprentice teams and other attendees how to do language documentation and revitalization. Tribal Linguist Susan Gehr and Karuk Language Restoration Committee member Jim Ferrara were indispensable in making sure everything ran smoothly.

The weekend was crowned by a phenomenal KLRC meeting, with over 15 attendees who provided excellent input for future Language Program activities. Among the ideas discussed were holding regular Speakers' Gatherings to give Elders a chance to practice speaking Karuk, putting William Bright's book "The Karuk Language" online, and starting a Karuk language class at College of the Siskiyous. Stay tuned for updates.

Please join one of our community language classes!

Happy Camp: People's Center. Wednesdays, 5-6 pm.

Yreka: Yreka Cultural/Elder's Room, 1836 Apsuun. Sundays, 1-2 pm.



(L-R) Rita Thom, Aliyse Ciana Aguilar, Vina Smith

Dam Removal Bill Introduced in Oregon

S. Craig Tucker, Ph.D., Klamath Campaign Coordinator

The Karuk Tribe’s push for removal of the lower four Klamath Dams continues to make progress. Last November, dam owner PacifiCorp signed an Agreement in Principle with California, Oregon, and the United States to surrender the dams for removal in 2020. Currently, a bill, SB 76, is moving through the Oregon legislature that would generate \$200 million from PacifiCorp ratepayers to apply to dam removal costs.

This comes after nearly five years of protests, lawsuits, and participation in building a science based record that demonstrates that dam removal is necessary to restore fish runs on the Klamath.

The Tribe pushed for a more aggressive timeline for removal but even if PacifiCorp surrendered the dams today, most analysts believe it would take nearly a decade to get the necessary permits, go through necessary environmental reviews, and do engineering and scientific studies to determine the best strategy for physically removing the structures. Under the terms of the proposed agreement, these studies will proceed as PacifiCorp operates the dams and slowly sets money aside for their eventual removal.

The alternative to an agreement would be to try to convince the Federal Energy Regulatory Commission to order the dams removal which would be unprecedented.

“We believe that a negotiated agreement with PacifiCorp provides us with the greatest certainty for dam removal,” according to Vice Chairman Leaf Hillman.

Still the Tribe faces several hurdles before dam removal is certain. First off a final binding agreement is due by the end of June. The terms of the final agreement will likely call for legislation in Oregon, California, and at the federal level will be required to fulfill all of the terms of the agreement.

The fact that the Oregon legislation has already been introduced and approved by a Senate subcommittee is promising. “We think that passing legislation in Oregon will not only ensure that a large sum of money will be available for dam removal but it will give us some political momentum we can take to Sacramento and Washington, D.C.,” says Hillman.

The dam removal agreement is part of an even larger agreement signed by the Karuk, Yurok, and Klamath Tribes along with several farm groups in the Upper Basin, conservation groups, states and federal agencies. This larger agreement, known as the Klamath

Restoration Agreement or KBRA, provides a water sharing plan, plan to reintroduce salmon and other anadromous fish to areas upstream of the dams, and funds to support Tribal natural resource departments and affordable power for irrigators. The success of the KBRA hinges on dam removal.

In describing how the KBRA and a dam removal agreement are interconnected Hillman says, “if there’s no dam deal, there’s no damn deal.”



Karuk Tribal members and other dam removal supporters stage protest at Pacificorp’ Portland offices last September

US Army Private, Bernard “J.R.” Lowry, Jr., Three Time Graduate!



Karuk Tribal Member “J.R.” Lowry is one of our local Happy Camp High School graduates of 2008 and a favorite of many in Happy Camp.

JR recently graduated from boot camp at Fort Jackson, South Carolina in October of 2008.

He graduated school again in Fort Gordon, Georgia and is now an Information Technology Specialist. J.R. is heading to South Korea in March where he will serve in the Signal Corps.

We wish you the best JR!!!

Tell us how you are doing occasionally too!



Tribal Employment Rights Ordinance ~ T.E.R.O.

Dion Wood, T.E.R.O. Director

What is going on with TERO?

The Tribal Employment Rights Commission consists of six Tribal Members. Their job is to oversee the activities of the TERO Department. Recently the TERO Commission has changed. Tribal members Dave Nelson and Alvis Johnson are no longer part of the Commission. We want to express our “Yootva’s” to these two for all the time and effort they put into TERO. They are missed. The Tribal Council appointed Babbie Peterson and Verna Reece as the two newest TERO Commissioners. At this writing they are attending ‘New TERO Commissioner Training’ in Seattle, Washington where they will learn about the pressing issues involving TERO as well as their duties as Commissioners. We are pleased to be working with them!

Present Commissioners are:



- Donna Goodwin-Sanchez** ..Chair
- Cecilia Arwood**.....Vice-Chair
- Elsa Goodwin**Secretary
- Dolores Voyles**Member at Large
- Babbie Peterson**Member at Large
- Verna Reece**.....Tribal Council Representative

The TERO Ordinance provides authority for a fee of 1% to be charged to all contracts over \$2500.00 that the Tribe is party to. This generates a small discretionary fund that the Commission uses to assist other programs or to benefit the membership. The TERO Commission is known for supplying fabulous raffle prizes at the Tribal reunion but beyond that, TERO has provided summer youth jobs in each community, provided start-up funds for the Tribal Smoke Shop, held special trainings, and purchased a vending machine for the Happy Camp Admin Office, to name just a few things. We are always looking for ways to make things better.

TERO also maintains a “skills bank” that lists Tribal members and their skills so that we can refer someone or inform them of a new job opening. We can assist with GED testing fees and adult tutoring. We have also given work related loans to help Tribal members get what they need so they can work. We want to help you remove your obstacles in getting work or to better yourself. TERO also maintains a listing of Indian owned businesses in the region.

If you have any questions about TERO or would like a copy of the TERO Ordinance please contact the TERO Office at 800 505-2785 extension 2030.

Hold On To Your Dreams

Dion Wood, T.E.R.O Director

The Tribe is financially dependent on grants from the Federal Government. In these uncertain economic times we never know which programs and funding sources may be reduced or changed. Because the Tribe is not self-sufficient, we must continue to jump through the hoops of regulations and mandates from Washington DC.

As individual Tribal members, however, we can walk our own path. A long, long time ago-- just as today-- our way of life encompassed education, spirituality, religion and culture. Our way of life provided the meaning that we all seek, and it satisfied our needs. In those times, dreaming was accepted as an important part of daily life and, today, is still deserving of that respect. Dreaming can be a powerful way for our spirits to materialize what is good for us. Day Dreams and Night Dreams, though essentially different, can be equally powerful. In Day Dreams, we are consciously focusing on an idea and putting energy into it. When enough energy is collected, we are moved into actions that are intended to materialize or make real the original idea. A powerful sequence! With Night Dreams, our conscious mind is put to the side and our subconscious takes over. The theater of the dream time is full of fantastic symbols and images that relate to the consciousness of the daytime! If we are attentive, we can learn and become motivated by our dream time messages.

But why all this talk of dreams? In these changing times we must become increasingly flexible in the ways we earn money. To be able to work, some of us may have to learn completely new skills. We must be more self-sufficient and able to rely on our own ingenuity and creativity. If we hold on to our dreams of what we want for ourselves as individuals as well as a Tribe of people, our dreams will guide us through the uncertain times and will take us to where we need to be. People who follow their dreams are usually happy, passionate, enthusiastic and focused. They will often go to any lengths to achieve their dreams. No sacrifice is too great!



The Karuk Tribe receives limited Adult Vocational Training funds for our Tribal members and offers grants of up to \$1000 that are paid to a school of your choice, once eligibility is determined. These funds are dedicated to vocational training courses that will certify you in a new skill that will immediately qualify you for work. A few examples are: Truck Driving School, Heavy Equipment Operator School, and Beauty School. Since the Tribal Vocational Grant usually falls far short of the total cost of the desired vocational course, the Tribal member, in order to be considered eligible, must demonstrate an ability to cover the full tuition. For application information or any questions regarding the Karuk Tribe Adult Vocational Training program contact Dion Wood at 800 505-2785 extension 2030.

Karuk Tribe Child Care Program Update

Dion Wood, Childcare Coordinator

The Tribe's Child Care program has been funded for another year with Federal Child Care and Development Funds (CCDF). Both States and Tribes are eligible to receive CCDF funds for child care. We are granted funds based upon the number of potential eligible federally recognized Indian children that reside within our service area. Our service area is both Siskiyou and northeast Humboldt Counties in California.



Last year the Tribe received approximately \$99,000 in CCDF funding, and 89% of those funds were paid out in direct subsidies for care for children whose parents are either working, in training or in school. The Tribe, throughout the past year, served over 25 low-income families.

In addition to paying subsidies for child care services, the Karuk Child Care Program is active in state and national organizations as a voice for Tribes in the early childhood arena. It is unfortunate but true that federal and state government agencies must constantly be reminded of their trust obligation to Tribes. It is an ongoing, daily battle.

The Child Care program is continually seeking ways to expand services and raise the quality of care that the program provides. There are many State resources available for child care, and the Tribe is working with Karuk Head Start and the Siskiyou County Child Care Council to maximize them. Currently we are collaborating on opening a Toy Lending Library in Happy Camp that will be similar to the one Siskiyou County maintains at their main office in Weed, CA. The Toy Lending Library will be located at the Head



Start offices in Happy Camp. Families will be able to check out different resources for activities and games and for just plain ol' playin' with! We are excited to have the expertise of the county to assist us in this project. Thanks to Siskiyou County Child Care we will have a nice inventory tracking system and the general layout of the library designed for us. It will be a great new resource for Happy Camp that will be available to the entire community and surrounding communities. We hope to be able to do the same for our members in Yreka in the near future. The planned opening date for the Toy Lending Library is June 1st.



At the March, April and May Tribal Council meetings, (one in each community) the Child Care Program Director, as part of his report, will hold a public hearing on how the Tribe administers our child care program. This will be the perfect time to make recommendations or suggestions on how to improve or change the program. Of course we must work within existing regulations, but child care and development funds are flexible for Tribes and can be used in a variety of ways to address child care needs. Some Tribes operate child care centers; others operate subsidy programs; some do both. Some Tribes "braid" funding with Head Start to be able to extend services to a full day or for before and after school programs. The Child Care Program wants to hear your vision for child care and wants to know how it can serve you better. If you cannot attend the public hearings at the upcoming Council meetings feel free to contact Dion Wood at extension 2030 at the Tribal office in Happy Camp.



CORRECTION from last newsletter: Donation was previously stated as being from Northern California Indian Development Council. That was incorrect.

Donation Received from Inter Tribal Pow-Wow

Submitted by Raná Bussard



Left to Right: Joyce Jones, Rosie Kerr, Carissa Bussard, and Philip Albers Sr.

Karuk Tribal Descendent, Carissa Bussard and her family would like to express their extreme appreciation and thanks to the Karuk Tribe and the Inter Tribal Pow-Wow committee for their donation. Carissa is the daughter of Steve and Raná Bussard; granddaughter of Ken and Shirley Hockaday and Betty Bussard; and great-granddaughter of Minnie Hockaday. She is enrolled with the study abroad program through the University of California at Berkeley. When faced with the cost of rising airfare, Carissa approached the Inter Tribal Pow-Wow committee office for help. Joyce, Rosie, and Philip graciously gave Carissa a donation that more than covered her airfare

expense. We wish Carissa the best of luck with her studies at the University of Durham in Durham, England. Thank you so much for your generosity in making this experience attainable!

Department of Natural Resources Environmental Education Program

by Jeanette Quinn, Environmental Education Coordinator



(l-r) Alan Curtis, Shelby Rhodes, Jessica Conrad, Justin Markin prepare to survey Indian Creek.

Fall Salmon Spawning & Carcass Surveys: Students from Denise Bearding's Life Science class at Happy Camp High School surveyed a short reach of Indian Creek on October 17, 2008. These students also surveyed a short reach of Elk Creek on November 14, 2008.



HCHS Life Science Class with Denise Bearding and Cedar Atwood (AmeriCorps) surveying Indian Creek.

Happy Camp Elementary School 7th/8th grade and Community Day



Eric cooling off after surveying Camp Creek

School students surveyed a short reach of Clear Creek on October 24 and 31, 2008. 6th/7th grade students surveyed a short reach of Indian Creek on November 21, 2008.



(l-r) Alex Eadie, Sean Hein, John Rhodes, Brenda Aubrey, Abbie Long surveying Indian Creek

Orleans Elementary School 6th-8th grade students surveyed a 2.5 mile reach of

Camp Creek on October 22 and 29, November 19, and December 3, 2008. On November 19 students counted 127 returning Chinook spawners in Camp Creek, a record number of live fish seen during a student survey of Camp Creek.



Natessa Donahue checking the water temperature before surveying Camp Creek



(l-r) Jillienne Bishop, MKWC Education Coordinator; Hannah Mapatis, Monique Gurulé surveying Camp Creek.

I collaborated with US Forest Service Fisheries personnel, Cedar Atwood and Shauna Oster, AmeriCorps volunteers, and Jillienne Bishop, Mid Klamath Watershed Council Education Coordinator, to take students on the salmon survey field trips. Cedar Atwood led the high school and elementary students

from Happy Camp in dissecting Chinook carcasses (one per class) that they found while surveying.

Native Plants & Noxious Weeds Studies: On November 17, 2008 I assisted Matt Cavin,



John Rhodes with a female Chinook carcass found during an Indian Creek survey

On November 17, 2008 I assisted Matt Cavin, AmeriCorps for Mid Klamath Watershed Council, with a field trip for Shelly Slusser's 3rd-5th grade class at Orleans Elementary School. Students visited the Native Plant Demonstration Garden in Orleans to pull English ivy (a noxious weed), participate in a plant treasure hunt, and play a noxious weed game.

Climate Studies & Global Warming: On February 5, 2009 I visited the 5th/6th, 7th grade, 8th grade, Special Day, and Community Day School classes to teach the students about climate change, greenhouse gases and ways to reduce greenhouse gas emissions. Students



Ashley Allgier collecting a scale sample from a Chinook carcass found on Camp Creek; Jillienne Bishop, MKWC Education Coordinator, assisting

Students



Marina Cosce and Yaamitch Erickson at the Native Plant Garden

learned about the greenhouse effect, natural resources that emit greenhouse gases when utilized, and how these gases contribute to weather and climate change. Students made a Global Warming Wheel Card, which they used to



Galen Treesong-Cullum cutting overgrown pepperwood shoots in the Native Plant Garden

determine carbon dioxide emissions for an average American family. They also learned ways to reduce those



Geena Talley, Tehva Kastel-Riggan, and Sarah Kirste surveying Camp Creek

emissions, such as by walking or riding a bike whenever possible instead of using a car to reach a destination.

On February 6, 2009 I visited the 3rd grade and Primary Community Day School classes at Happy Camp Elementary School. Students learned the same concepts as the 5th-8th graders, but played a game, "The Greenhouse Effect and

Global Warming," instead of making a wheel card to learn about the greenhouse effect and global warming. Two students representing the Sun and the Earth stood about 30 feet apart. Other students representing heat traveled from the Sun to the Earth to demonstrate how the Sun warms the Earth. Students representing greenhouse gases then trapped

some of the "heat" as it reflected off the Earth into the atmosphere. Students realized that the greenhouse effect is necessary to warm the Earth at this point. Next, additional greenhouse gases trapped more heat around the Earth. Students then understood that too much heat being trapped in the Earth's atmosphere leads to increased global temperatures and extremes in weather events.

On February 9, 10 and 12, 2009 I visited the 3rd-5th grade, 6th-8th grade and K-2nd grade classes (respectively) at Orleans Elementary and taught the same lessons as above, "The Greenhouse Effect and Global Warming" game with K-5th graders and the Global Warming Wheel Card with 6th-8th graders.

For more information about the Environmental Education Program, e-mail Jeanette Quinn at jquinn@karuk.us, or call 530-627-3446.



Kayla Wilson removing the top of a Chinook's skull to retrieve the otoliths ("ear stones" used for balance, orientation and hearing)



A jack (immature male) Chinook salmon returning to spawn in Camp Creek



HCES students playing "The Greenhouse Effect and Global Warming" game



HCES Community Day School students making Global Warming Wheel Cards



Ryan Mollier and Andrea McLane doing the plant treasure hunt in the Native Plant Garden



Jacob Gonzales cutting out a Global Warming Wheel while learning about Climate Change



All photos by Jeanette Quinn



Karuk Tribal Head Start News

Patty Brown, Director



Patty Brown, Karuk Tribal Head Start Director

It is an honor to serve the children, families and communities of Happy Camp and Yreka as the new Karuk Tribal Head Start Director. Prior to accepting this position I served as the Early Childhood Education Coordinator for Siskiyou County Office of Education as well as the position of Director of the Yreka State Preschool, while providing oversight and technical assistance for Big Springs State Preschool, Hornbrook State Preschool, and Discovery Child Development Center at College of the Siskiyous. I have been involved in the Early Childhood field for the past 16 years as an assistant, teacher, site supervisor, director, workshop presenter, and advocate for quality in Early Childhood Education.

Karuk Tribal Head Start began the transitional phase with the retirement of former director, Toni McLane, Program Services Coordinator Sylvia Parry, and teacher, Linda Davis. I would like to recognize these wonderful ladies for their dedication and the many years of service they provided to the children and families of Karuk Head Start. The staff sends wishes for a well deserved retirement.

Donna Goodwin-Sanchez is to be commended for the tremendous responsibility and support of the program through this transitional phase. She continues to play a vital role in the program. Her new well earned job title is Deputy Director.

Tia Tiraterra is the new teacher at the Happy Camp site. She brings her Montessori experience to the classroom. Returning Happy Camp staff includes Nell Sakota/Cook, Denise West/bus driver, and Elke Head/Assistant Teacher. We welcome the addition of Americorp worker Sarah Macabier, a parent who is working as a bus and classroom aide this year. The returning Yreka staff includes Marlene Rodriguez, Site Supervisor/Teacher, Nichole Finch/Teacher, Tamara Alexander/Assistant Teacher, Josie Jerry/Assistant Teacher, Rana Bussard/Bus Driver, Betty Robinson/Cook, and Barbara Brunette/Bus aide, and Cook's aide. We also welcome Jeanne Super as the Americorp worker for Yreka as a bus and classroom aide.



All teachers and assistants are currently enrolled in Early Childhood Education College Courses to enhance their teaching skills and strategies to further imbed high quality in and out of the classroom environment. In addition to college classes, the staff attend ECE workshops and trainings provided free of charge through the Local Planning Council Training calendar, in collaboration with the CARES program and Siskiyou Child Care Council. These trainings provide valuable research based information from UC Davis, CPIN (California Preschool Instructional Network) as



well as meaningful and applicable trainings with local professionals.

Marlene Rodriguez and I attended input sessions for Region 2 to preview and evaluate the second edition of the Preschool Learning Foundations in Visual and Performing Arts, Health and Physical Fitness. This was a unique opportunity to be involved as a Tribal representative for input in regard to cultural sensitivity.



Tamara Alexander from the Yreka center is currently working with the Language Restoration project. We are looking forward to her support in early language acquisition in the Head Start Program.

Collaboration with Dion Wood and the CCDF Grantee program has produced exciting new opportunities for our children and families. We are currently working on a kindergarten transition program in Happy Camp and in Yreka as well. More information to come.

Karuk Head Start, CCDF and Siskiyou Child Care Council are collaborating on a new Resource Library in Happy Camp. For more information see Dion Wood's article on page 13.

Karuk Head Start News, continued next page...

Higher Education Grant Award Application Due Date For the 2009-2010 School Year:

Monday, August 3, 2009 at 5:00 p.m.

Education Program Coordinator: Jennifer C. Goodwin



Application information can be obtained by visiting the Karuk website or by calling the Education Office at 1-800-50-KARUK or (530) 493-1600 Ext. 2034.

We'd like to hear about your educational journey through college and print it in the next newsletter. Please send your submissions to:

Karuk Tribe, Education Dept.
P.O. Box 1016
Happy Camp, CA 96039
Or you can submit by e-mail to jgoodwin@karuk.us.

Pictures are also welcomed and appreciated. YOOTVA!

Please feel free to contact the Education Office at any time. We are here to assist you to the best of our ability.

Wishing you Much Success in all of your Educational Endeavors!



Karuk Head Start News, continued from previous page...



We are moving forward with the renovation for the Yreka Head Start Program.

We are working with other partners in the county as well and I serve as a representative at Ya Pav aanay, the Dental Task Force, Local Planning Council, SECT (Siskiyou Early Childhood Team), College of the Siskiyou Early Childhood Advisory Group, and CARES program.



I am proud of the Head Start staff for their fine example of teamwork, support, commitment and dedication to the children and their families. To quote one of the teachers "we are raising our future leaders".

We are currently enrolling for the fall of 2009, so if you know anyone that has young children and would like a wonderful preschool experience, please contact Karuk Tribal Head Start at 493-2226 or 842-9225.



Karuk Paths to Prosperity

Education is the key! Take classes without leaving Tribal Territory!



Left: Excel for Business class in Happy Camp

- Videoconferenced Courses
- Online Courses
- Face to Face Courses



Right: COS Medical Terminology college course videoconferenced in Happy Camp

UPDATE!

- Our local high school students can now enroll at College of the Siskiyous (COS) FREE! (\$7 health fee not included)
- Our children enrolled in high school can now take college courses and receive high school AND college credits toward their degrees for the same class.
- Adults... Take a college course in your spare time. We can help you navigate college enrollment, assessment and counseling requirements.

Call the Happy Camp Community Computer Center for more information!

(530) 493-5213

- Counseling assistance with/COS & one-on-one
- Videoconferenced, online or on-site course assistance
- COMPASS college assessment tests
- Class and college searches
- College enrollment & paperwork
- Scholarship assistance
- Learn to take online courses with our FREE Successful Online Learning class. One-on-one help is available. Successful Online Learning courses are offered three times per year.



Above: Early Childhood Education videoconferenced course in session in Happy Camp



Left: Beginning Computer Classes at the Happy Camp Community Computer Center



Right: COS Conversational German class taught face-to-face in Happy Camp

Happy Camp - (530) 493-5213 • Orleans - (530) 627-3081 • Yreka - (530) 842-1644 Ext. 7004

~ **Funded by the Administration for Native Americans** ~



Quarterly Staffing Update

Sara Spence, Human Resources Manager

This update covers October through February. We currently have 152 employees on staff.

Kayla Bridwell resigned from her position as Dental Assistant in the Yreka Clinic on 9/9; her position was filled by Cindy Culp on 10/16.

Deborah (Donita) Hill was hired as the Registered Dental Assistant for the Yreka Clinic on 11/3; this is a new position to that Clinic.

Toby Reusze was hired as the Substance Abuse Counselor for the Yreka Area on 11/3; this too is a new position. Toby will also be facilitating DUI Classes for the Tribe, so contact her in Yreka for more information. We will bring these classes to Happy Camp so individuals do not have to travel to meet their court required schooling!

Martha Schrock resigned from her position as Executive Director of Health and Human Services on 12/3; her position was filled by longtime employee, Lessie Aubrey on 12/4. Lessie's position as Director of Quality Management, Compliance, and HIPAA was filled by Karen Daniels on 1/5; Karen was previously the part time GPRC Coordinator for the Tribe.

On 12/1 the Karuk Tribe finally started up their own Temporary Aid to Needy Families program (KTTP) resulting in many staffing changes as follows:

Daniel Pratt started as the KTTP Executive Director of the program on 12/1 and Alphonso Colegrove started as the KTTP Development Manager on 12/8.

Elsa Goodwin started as the KTTP Administrative Assistant on 12/1; her position as Clerical Assistant at KTHA was filled by Dorcas Harrison.

Cecilia Arwood started as the KTTP Fiscal Technician on 12/8; her position as Finance Assistant was filled by Linda Zink.

Lisa Aubrey started as the KTTP Family Services Specialist for Happy Camp on 12/8; her position as Low Income Assistance Program (LIAP) Administrator was filled by Robert Attebery who was previously the Community Health

Representative for the Happy Camp Community.

Pamela Risling started as the KTTP Site Supervisor/IT Coordinator in Orleans on 12/8; her position as Social Worker was filled by Kimberlee Dodge on 11/17.

Clarence Hostler started as the KTTP Family Services Specialist for Orleans on 12/8.

Anthony Ballard started as the KTTP Family Services Specialist for Yreka on 12/8; his position as Substance Abuse Counselor for Orleans was filled by Mace DeLorme on 12/1.

Maria Miranda started as the KTTP Family Services Assistant for Yreka on 12/8; her position as Patient Eligibility Worker at the Yreka Clinic was filled by Kasey O'Brien; Kasey's position as Dental Receptionist for the Yreka Clinic was filled by Keri Kerr, Keri previously worked in the Tribe's Amkuuf Smoke Shop in Yreka which is managed by Hermanett Albers and staffed by Lloyd Bridenstine.

Janelle Jackson-Reed started as the KTTP Receptionist in Yreka on 12/8.

Sharon Denz was re-appointed to her position as Patient Assistance Worker on 1/20 due to the overwhelming need for that program to continue serving Tribal and community members.

Robert N. Goodwin was hired as the Tishawnik Project Clerk on 2/2 to work with contractor Dave Wroblewski on that project.

Robert A. Goodwin was hired as the Self Governance Coordinator on 2/16; many of you already know Robert Goodwin, a Tribal Member who has been involved with the governance of the Tribe for the past seven years as a Member at Large on the Tribal Council. He is excited to take on this new role for the Tribe while at the same time saddened to step down from his role on the Council as it has been a very fulfilling commitment for him.

The Karuk Tribe continues to recruit for employees on our website at www.karuk.us/jobs/ Check it out and tell a friend!

**For continually updated job openings go to:
www.karuk.us/jobs**

Newsmagazine Article Submissions

If you have news, articles or events you would like placed in this newsmagazine, please submit your information to Sara Spence, News Articles, PO Box 1016, Happy Camp, CA 96039. Or you may email articles and/or photos to sspence@karuk.us or to Rosie Bley at rbley@karuk.us.

All submissions must include your name and address. No anonymous articles will be accepted, however you may request that your name not be published or appear in the newsmagazine.

Article deadlines for 2009 are: **May 15** for the spring issue, August 15 for the summer issue, and November 15 for the fall issue.

Karuk Community Christmas Party

Carrie Aubrey-Davis



The Karuk Community Christmas Party was held on December 13, 2008. Tamara Barnett and I have been doing this party for the last 7 years and this year we had the biggest turn out so far. There were over 400 people in attendance and approximately 180 children received a gift from Santa. It was fun for all who attended, but very busy. People came all the way from Montague, Yreka, Siead Valley, Hoopa, Some Bar, Orleans, Ti-Bar and Happy Camp.



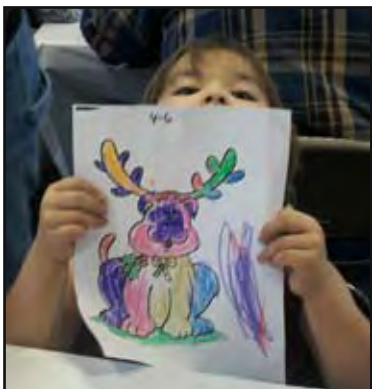
I would like to take time to give a thank you to all the volunteer help: Tamara Barnett, Blanche Moore, Cheyenne Moore, Reo Lloyd, Jena Weeks, Barbara Snider, Donna Zook, Lessie Aubrey, Virginia Moehring, Laura Mayton, Danny Titus, John Barnett, Brittany Barnett, Madeline Davis, Michael Thom, Shelby Rhodes, Keith Aubrey, Sandra Aubrey, Troy Hockaday, Corey Barnett, Erin Hillman, Sara Spence, Pihneftuuf Elston, Ryan Wilson, Alex Eddie, Norlyn Peters.



I would also like to give a big thank you to all the organizations that provided the financial help: Karuk Tribe, San Manuel Tribe, Happy Camp Disposal, Parry's Market, Costco, Siskiyou Distributing, Barona Band of Mission Indians and Scott Valley Bank.



It takes a lot of work to get this party organized, decorated, purchase gifts, and all the cooking. I am sorry if I missed anyone. Everyone worked hard and did a great job; just look at all the photos!



In Loving Memory

Karuk Tribal Member

Steven Lee Fields

Born: October 10, 1968
Grants Pass, OR

Passed away on:
January 17, 2009
Grants Pass, OR



Steven is survived by his mother Kathleen Kennedy Fields, of Cave Junction; his brother Edward Fields, of Cartagena, Spain; and many aunts, uncles and cousins.



Nakima Frye

1988 - 2008



To a friend, a brother, and a homie who we call our Cuddie Frye.

May he be in our hearts forever and fly as an eagle in the sky.

Fly my cuddie fly, fly as we continue to cry.

We cry because your gone, but you're in our hearts just as you've been all along.

All your family and your cuddies are trying to be strong, but no matter how hard we try this pain will never be gone.

Fly my cuddie fly, fly as an eagle in the sky.

Your Indian pride, your love, and your soul will always be remembered and stored in our hearts and will NEVER be torn apart.

We will miss your warm embrace, and the way you loved your Indian race.

Fly cuddie fly, fly as we remember you by Cuddie Nakima Frye.

Written by: Misti Jade Titus



Karuk Senior Center Program

Babbie Peterson, Senior Center Supervisor



In December we had many community celebrations for Christmas – what a festive time. We not only had a white Christmas but were

able to celebrate in all of our communities with community gatherings where we shared meals and were blessed with gifts of friendship. At the senior centers we had community support from the Tribal Council, community volunteers, the Happy Camp Family Resource Center, and Tribal staff. Thanks to all who made this a truly fun time for everyone!

We brought in the new year with other positive community partnerships – including the National Day of Service on Martin Luther King, Jr. Day – we had two AmeriCorps volunteers in Happy Camp that came into the senior center through the coordination of our TERO director Dion Wood and the AmeriCorps Program in Eureka.

THANK YOU Crystal and Danielle! They cleaned our range and hood system, while I cleaned the dish washer and mopped floors. They are new to Happy Camp and are doing



their 1700 hours of service with the U.S. Forest Service. We asked them to attend other activities during their stay and hope to introduce them to many in our community.

Florence Conrad, Tribal Council Member at Large and I attended a meeting in Sacramento on February 4, 2009 that addressed new policies and standards for senior centers in California.

We are happy to be sharing the Headway building with the Karuk TANF program – and look forward to working with them. We have talked about workers being placed with our program – as always we WELCOME volunteers!

Don't think volunteers just wash dishes and sweep floors!

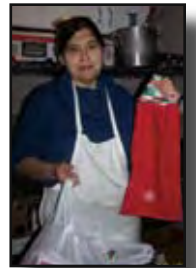
- if we had volunteers we could have people that greet people as they come into the centers
- we could have people that keep the library open in Orleans
- we could have a volunteer activity coordinator

- the possibilities are endless ~ If you have a great idea and want to volunteer to lead a program ~ let us know

Currently we have

- quilters,
- basket weavers,
- acupuncture/detox gatherings with a pot luck,
- AA meetings,
- culture classes

I hope I haven't left anyone's activities out – but there are a lot of things going on in our Tribal Communities – both paid and volunteer programs that share space in our buildings we welcome people to attend all activities.

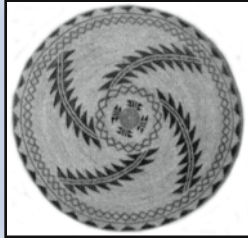


Yreka Christmas Party

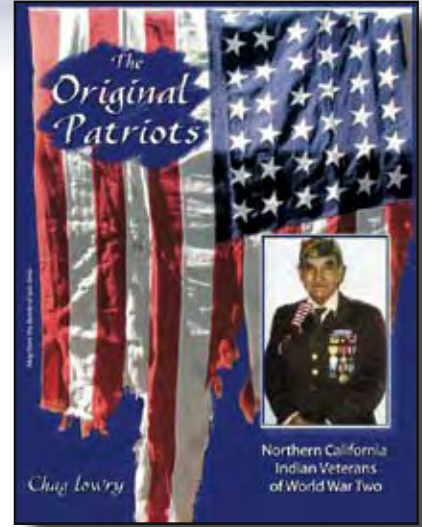


Attention Native American Veterans of the Korean War!

Chag Lowrey, author of the book “The Original Patriots, Northern California Indian Veterans of World War Two” is looking for information on Northern California Indian Veterans of the Korean War. If you would like to talk to Chag about the Korean War or get a copy of his book, please contact him at 707-407-8932 or at the address below.



Chag Lowry
Director, Original Voices
411 12th Street
Eureka, CA 95501
www.originalpatriots.com



Senior Center Valentine’s Day Dinner

Babbie Peterson, Senior Center Supervisor

On February 14, 2009 the Karuk Senior Center Program in collaboration with the Happy Camp Family Resource Center, Siskiyou County Mental Health, and numerous community volunteers, had a senior Valentine’s Dinner at our Happy Camp meal site. We served over 70 seniors and guests for a festive evening with music by Todd Gilbert. It was a wonderful time to visit with friends and share a meal.

We are looking at doing this once every three months depending on funding. The funding for this event is from the Siskiyou County Mental Health Service Act that is brought to the community of Happy Camp through the Family Resource Center. For more information about that program you can contact the Family Resource Center at 530-493-5117.

The Karuk Tribal Senior Center funded the meal.

Our program receives funding from the Older American’s Act Title VI for both sites and Title III –PSA-2 Area Agency on Aging (Siskiyou County-Happy Camp site), the Modoc-Siskiyou Community Action Agency (for Siskiyou County – Happy Camp site) and The Union Health Labor Foundation (for Humboldt County- Orleans site), the Karuk Tribal Council, and community donations.

We depend on the support of our communities to make our program work for the elders.

We THANK EVERYONE involved for making our program a success to the level of being recognized at the State and National level as an exemplary program. It is only by the support of community members and hard work by a lot of programs and organizations that we are able to collaborate with that has brought us to that level. We hope that people will be taking a more active role in starting activities that are of interest to seniors and run by seniors in our building or at the Family Resource Center. Working together for a better future in the Mid-Klamath Region.



Ashlyn Grace Goodwin “Gracie”



Born: Sept. 26, 2009
Weight: 9 lbs 5 ounces

Parents: Daniel “Coon” Goodwin & Ashlee King of Happy Camp

Big Sister: Autumn Raye Goodwin 2 yrs. of Happy Camp

Paternal Grandfather: Robert N. Goodwin of Yreka

Paternal Grandmother: Barbara Goodwin of Redding, CA

Maternal Grandmother: Karen King of Happy Camp, CA

Great-Grandparents: Jimmie Goodwin, Happy Camp, CA; Kathi Jones, Grants Pass, OR; Norman Goodwin, Somes Bar, CA

Robert Bryan Berry



Born: August 6, 2008 at 1:30 a.m.

Weight: 5 lbs. 6 oz.

Length: 17 inches

Parents: Jim and Maria Berry, Yreka, CA

Grandmother: Alberta Southard-Berry

Christina “Attie” Michelle Attebery Weds David Kennelly

Ben and Helen Attebery are pleased to announce the marriage of their granddaughter, Christina “Attie” Michelle Attebery to Christopher David Kennelly on Sunday, July 27, 2008. The couple was married at the Ormond Ocean House in Ormond Beach, Florida.

Tori, Leonard, Attie, Helen & Bob Attebery



David & Attie Kennelly

Attie is a Karuk Tribal Descendent. She is the daughter of Leonard Attebery and Sandy Ryan.

Robert “Basketball Bob” Attebery, Attie, and her father, Leonard Attebery



Yootva!!! To Hoopa Tribal CCC Crew & Karuk Tribal Watershed Crew

Paula McCarthy

The Karuk Basketweavers would like to publicly thank and acknowledge the work done by the Hoopa Tribal CCC Crew and the Karuk Tribal Watershed Crew at the Ishkayish Ranch in Happy Camp. The crew members worked very hard to cut and burn the willows so that we may gather sticks at the Ranch for basketweaving.

The crew members included Crew Boss: Tim Bussell, and Crew Members: Brailyn Frye, Allyssa Hathaway, Eileen Miranda, Rico Caddo, Dennis Paxson, and Duane Billy among others. The Watershed Crew Members included: Gabriel (Cogie) McCovey, Ben Saxon, and Kevin Wilder.



Thank you to all who helped for your hard work and thanks to Earl Crosby for allowing us to utilize the crew during your off time.



Cutting the Costs of College

Laura Olivas, Finance Department

In today's economy a lot of parents are concerned about how they are going to pay for their everyday living, but there are a fair share of parents/guardians who are also concerned about how they are going to afford sending their children to college. This is a concern for parents also those who are considering returning to school due to the downturn in the economy. Here are a few ideas to consider to reduce the high cost of getting a higher education.

1. Miscellaneous expenses:

- a. Take advantage of local transit, which can in some cases be purchased at a discounted rate or even include as part of the tuition fees.
- b. Ride share
- c. Dust off that bike and take it with you to college



2. Books

- a. Share texts with other students
- b. Sell your used books
- c. Buy used books online
 - i. Craigslist.org
 - ii. Half.com
 - iii. CampusBookSwap.com

3. Free Campus events to help you unwind, yet won't hurt the pocket book.

4. If you excel in a subject or maybe a person in the class is having difficulty maybe offer to help them for a nominal fee or maybe they can help you.

These are just a few ideas to help with "hidden" cost of attending college. There are lots of places to look for help with tuition and ways of reducing the cost of school.

Dental Disease: Conception & Beyond

By Donita Hill RDH & John Bardonner DMD

There are three key factors that influence a person's susceptibility to dental disease such as Cavities, Gingivitis and Periodontitis.

1. The tooth's own resistance to disease. Resistance starts with healthy development of the tooth structure for strong, thick enamel and the salivary glands for saliva production.

Our teeth and salivary glands start developing between the 4th and 5th week after conception.

By the 19th week after conception, the enamel is already forming on all baby teeth and will continue to develop throughout the entire first year of life. Enamel formation of permanent teeth begins at birth and is usually complete by age 16 years. For healthy, disease resistant enamel and proper function of the salivary glands, adequate amounts of the following nutrients are essential throughout our life span.

- ✓ **CALCIUM:** Dairy, Kale, Turnip, Mustard & Collard Greens.
- ✓ **PHOSPHORUS:** Meats, Milk, Whole Grains, Nuts & Legumes.
- ✓ **MAGNESIUM:** Dark Green Leafy Vegetables, Legumes & Whole Grain Cereals.
- ✓ **PROTEIN:** Cooked Eggs, Meat, Soy Products & Legumes.
- ✓ **FLUORIDE:** Fresh Fruits & Vegetables, Meat, Eggs & Cereals.
- ✓ **VITAMIN A:** Milk Fat, Liver, Egg Yolk, Dark Green Leafy Vegetables, Yellow, Orange & Red Vegetables & Dark Yellow & Orange Fruits.

Saliva plays a key role in disease prevention due, in part, to its antibacterial properties which helps to reduce plaque formation and buffering action on plaque acids and remineralization of the enamel with Calcium, Phosphorus and Fluoride ions.

2. Food choices we make and our eating habits. Since some foods appear to be more cavity causing than others, it is important to make good food choices.

Eating foods that have an increase in plaque formation between meals has been scientifically linked to an increase in dental disease.

3. The amount and type of bacteria present on the tooth surface. Streptococcus Mutans and Lactobacilli species are the primary bacteria responsible for dental disease in humans.

HOW TO PREVENT DENTAL DISEASE

1. NUTRITIONAL COUNSELING:

Not eating sticky, sweet snacks or sugar sweetened drinks with meals and limiting between meal snacks to healthy food

such as fruits, nuts, xylitol sweetened gum and dairy products can significantly reduce dental disease.

2. ORAL HYGIENE INSTRUCTIONS:

Oral hygiene care should start at birth and continue throughout life. It is important for parents to begin cleaning their infant's gums and teeth shortly after birth by gently massaging with a soft tooth wipe, preferably containing xylitol, or infant tooth brush. Never give a baby anything but water in a bottle when the child uses it to go to sleep and never put any sweetener on a pacifier. Parents should continue to assist with their child's oral hygiene care until approximately age 6 when the fine motor skills required for brushing have developed.

Teens and adults also require instruction in sulcular brushing for prevention of gum disease and flossing in order to clean the 40% of the tooth surface that is missed with brushing alone.



3. DENTAL SEALANTS:

Dental sealants are necessary because the surface of the teeth have deep pits and fissures that harbor bacteria. Sealants are acrylic-like material that helps to shield the chewing surfaces of the back teeth from decay-causing bacteria. By age of six, children should have sealants applied to their permanent molars. Also, molars and premolars of teens should be sealed as they appear.

4. FLUORIDE:

Fluoride is a mineral that is vital to healthy tooth structure. Fluoride can be given systemically in the form of infant drops or tablet supplements in combination with vitamins or separately to aid in healthy development of teeth at a molecular level prior to the tooth's eruption into the oral cavity. It may also be applied to the surface of the teeth once eruption has occurred and, in this manner, aids in the remineralization of the tooth's surface. Topical fluoride applications may be used at home as rinses, gels or lozenges if prescribed by the Dentist. Professionally applied foams or gels can be applied every six months immediately following cleaning at the Dentists. Professionally applied Fluoride Varnish can also be applied every 3 months at the Dental office and this procedure has been shown to reduce new carious lesions by up to 70%.

5. XYLITOL:

Xylitol is a naturally occurring sugar substitute with anticariogenic properties. It is a sugar alcohol derived mainly from birch and other hardwood trees. Numerous bacteria inhabit the oral cavity and these bacteria are the cause of most Dental Disease. Sugar is one of the major energy sources for these bacteria to metabolize and proliferate thus causing a highly

Contract Health Services (CHS)

(530) 493-1600 Ext. 2156, 2151, 2155

IHS Contract Health Services (CHS) is Not an Entitlement Program, and Not Everyone is Eligible!

Know Your Status Before Obtaining Services.

CHS Eligibility Requirements:

1. Must be an Indian or descendant of an Indian from a Federally-Recognized Tribe of California or descendant of an Indian of California.
2. Must be a permanent resident of Karuk Tribe's Contract Health Service Delivery Area (CHSDA).

Even if you are eligible, IHS/CHS coverage is not automatic. Should you have an emergency situation requiring you to obtain care at a non-IHS facility, you must notify Contract Health Services within 72 hours. If you do not do this, you will be responsible for the bill.

IHS/CHS coverage is for emergent, life-threatening situations only! Sore throats, ear aches, rash, follow-up care, medicine bills, etc... are not considered emergent or life-threatening and you may be responsible.

Emergency visits will not be covered if you go to the emergency room when the Karuk Clinic is open. If there is an IHS facility in the area and you choose not to use the facility, then you will be denied by CHS and held responsible for the bill.

Referral:

Medical care that is not available in a Karuk Clinic will be referred by one of our doctors. **A REFERRAL DOES NOT IMPLY THAT IHS/CHS WILL PAY FOR CARE.** A patient must meet eligibility criteria, medical priorities, and use of alternate resources. The referrals are reviewed and based on availability of funds; the referral is then approved, denied or deferred. If a referral is denied, the patient may obtain medical care at their own expense.

IHS/CHS Authorization:

In most cases, an approved referral is limited to one medical treatment and or one appointment. Please call Contract Health Services prior to any follow-up appointments, or additional referrals to another specialist/facility for approval to make sure your coverage is still in effect.

Alternate Resource:

CHS is a payer of last resort. When a patient has Medicare, Medicaid, Private Insurance, Veteran's Assistance, CHAMPUS/TRICARE, Worker's Compensation, or is covered by any other resource, that resource is the primary payor. When received by the patients, all Explanations of Benefits (EOB) and payment checks from the primary payor(s) must be brought or mailed to the CHS office immediately. Many times the non-IHS provider will turn the patient's bill over to collections because they are unable to get the EOB from the patient. The non-IHS provider cannot collect payment from IHS until they filed the bill with the EOB. Therefore, it is crucial for the patient to provide the EOB either to the non-IHS provider or to the Contract Health Office in order to complete the payment process.

Pregnant/Prenatal Care:

According to Federal Register IHS Regulations, it is mandatory that all other resources be utilized before CHS funds can be obligated. All pregnant women will be interviewed, advised and/or assisted by an IHS Patient Benefits Coordinator in applying for OB Medi-Cal. If you are denied, you will need to take the letter to the CHS office to be filed with your OB referral form. Failure to cooperate with CHS will result in denial to authorize payment for any charges you may incur.

Dental Disease: Continued from previous page.....

acidic environment in the oral cavity that weakens enamel and makes it vulnerable to attack by bacteria, thus leading to decay. An acidic environment also contributes to gum disease.

Xylitol, although it looks and taste the same as sugar, has exactly the opposite effect on oral health. Xylitol is not metabolized by the mouth bacteria and as a result no acids are produced in the oral cavity to cause dental disease, such as decay and gum disease. So, xylitol helps keep an alkaline environment in the oral cavity that is inhospitable to the mouth bacteria that cause dental disease and leads to a major reduction in their numbers. The use of xylitol has been shown to reduce carious lesions by up to 80% when 8 grams are consumed per day. Most of the products that contain xylitol also will cause an increase in saliva which also plays a key role in Dental Disease prevention.

Xylitol can be purchased in many products, such as tooth wipes for infants (Spiffies Tooth Wipes), tooth gels for

infants (Spry Tooth Gel and Spry Pacifier with Infant Tooth Gel), toothpaste (Epic Fluoride & Xylitol Toothpaste & Spry Fluoride & Xylitol Toothpaste), mints (Spry & Epic) and gums (Icebreakers Ice Cubes [1.15 gm per cube], Epic [1.06 gm per piece] & Spry [0.72 gm per piece]).

An interesting note is that children do not have Streptococcus Mutans in their oral cavity (causes tooth decay) when they are born. It is passed on by others as a result or transference of food and objects from another mouth to the infant. If the mother begins to take products with xylitol in the correct amount 3 months prior to delivery, a study shows that the infant will not acquire the bacteria as quickly, thus resulting in a prolonged period of time before decay begins, even if the child's parents do not pursue any dental preventive measures.

Please contact the Yreka Dental Clinic or the Happy Camp Dental Clinic if you would like help in achieving a cavity free child and a better oral environment for prevention of Dental Disease in your own mouth.



Karuk Tribal Council

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Vacant,
Member at Large

Mission Statement

The mission of the Karuk Tribal Council is to promote the general welfare of all Karuk People, to establish equality and justice for our Tribe, to restore and preserve Tribal traditions, customs, language and ancestral rights, and to secure to ourselves and our descendants the power to exercise the inherent rights of self-governance.



Karuk Tribe

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If you are not sure whether your correct address and phone number are on file with the Tribe, please write us or call (800) 505-2785 Ext. 2028 and let us know your current address and phone number for future reference.